



RECREATION DEPARTMENT MONTHLY REPORT JULY 2013

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Ben Hull, Recreation Supervisor (athletics)
Holly Norton, Community Specialist
Miklos “Nick” Bako, Parks & Grounds Supervisor
Will McElheny, Recreation Supervisor (special events)
Shelia Redmon, Parks & Facilities Specialist

ATHLETICS

Ben Hull

Adult Spring 3-on-3 Basketball

Twelve (12) teams competed in the 2013 spring season. Games were played on Tuesday evenings and began Tuesday, April 2nd. Royal Avenue went undefeated to win the regular season. A single elimination tournament started on Tuesday, June 25th, and Chem South won the tournament which ended on Tuesday, July 16.

Adult Fall Softball

Registration for Fall Softball is being held July 29th – August 23rd. The registration fee is \$425 per team and the league is limited to twelve (12) teams. The captain's meeting will be held on Tuesday, August 27th at 6:15 p.m. Games will be played on Monday and/or Wednesday evenings.

Adult Fall 3-on-3 Basketball

Registration for the 3-on-3 Basketball league is being held July 29th – August 23rd; the registration fee is \$60 per team. The league is limited to twelve (12) teams. The captain's meeting will be held on Tuesday, August 27th at 5:45 p.m. Games will be played on Tuesday or Thursday evenings.

Adult Fall 6 vs 6 Soccer

Registration for the 6 vs 6 Soccer league is being held July 29th – August 23rd; the registration fee is \$250 per team. The league is limited to eight (8) teams. The captain's meeting will be held on Tuesday, August 27th at 6:30 p.m. Games will be played on Tuesday evenings at 7:00 p.m. to 9:00 p.m.

Adult Fall Table Tennis Singles Morning League

Registration for the Singles Table Tennis League is being held July 29th – August 23rd; the registration fee is \$5 a player. The league can take an infinite number of registrants, ages 18 and up. The captain's meeting will be held on Tuesday, August 27th at 10:00 a.m., and games will be scheduled Tuesdays from 10:00 a.m. – 1:00 p.m.

15th Annual Half Rubber Tournament

The 15th Annual Half Rubber Tournament is scheduled for Saturday, August 17th and Sunday, August 18th, if needed. The captains' meeting/check-in will begin at 7:30a.m., and games will begin at 8:00 a.m. The registration fee is \$25 per person, and teams may consist of 3 or 4 players. Sponsors for the tournament have been finalized for 1st and 2nd place winners. Information concerning the tournament can be found on the City's website.

Youth Sports

Youth 7v7 Boys Lacrosse (11-15 years old)

Forty-two (42) boys are enrolled in this league. Games are played on Wednesday nights with practices held during the course of the week. Gilles Michaud, Reid Michaud and Henry Haggerty are the league referees.

Lacrosse Registration

11-15yr old Lacrosse Total: 42 Isle of Palms: 15 Non-residents: 27

Fast Start Soccer

Registration will be held July 29th – August 23rd for Isle of Palms' residents, and open registration will run August 5th – August 23rd. The registration fee is \$20 for Isle of Palms residents and \$25 for non-residents. The Parent/Player Meeting for Fast Start will be held Thursday, August 29th at 5:15 p.m. Game/activity days will be held on Saturdays.

5/6yr old Soccer

Registration will be held July 29th – August 23rd for Isle of Palms' residents, and open registration will run August 5th – August 23rd. The registration fee is \$30 for residents and \$35 for non-residents. The coach's meeting will be held on Tuesday, August 27th at 6:20 p.m. The Parent/Player Meeting will be held Thursday, August 29th at 6:00 p.m. Practice begins in September and will be determined by coaches.

7/8 yr old Soccer

Registration will be held July 29th – August 23rd for Isle of Palms' residents; open registration will run August 5th – August 23rd. The registration fee is \$30 for residents and \$35 for non-residents. The coach's meeting will be held on Tuesday, August 27th at 6:40 p.m. The Parent/Player Meeting will be held Thursday, August 29th at 6:00 p.m. Practice begins in September and will be determined by coaches.

9-12 yr old Soccer

Registration will be held July 29th – August 23rd for Isle of Palms' residents, and open registration will run August 5th – August 23rd. The registration fee is \$30 for residents and \$35 for non-residents. The skill evaluation/coach's meeting will be held on Monday, August 26th at 5:00 p.m. The Parent/Player Meeting will be held Thursday, August 29th at 6:00 p.m. Practice begins in September and will be determined by coaches.

10-12yr old Girls Volleyball

Registration will be held August 5th – August 16th. The registration fee is \$30 for residents and \$35 for non-residents. The skill evaluation/coach's meeting will be held on Monday, August 19th at 5:00 p.m. The Parent/Player Meeting will be held Thursday, August 29th at 6:00 p.m. Games will be held Thursday evenings and/or Saturday and Sunday afternoons. Practices will be held August 26th - September 8th. Knee pads are required and ankle braces are recommended.

13-14 yr old Girls Volleyball

Registration will be held August 5th – August 16th for Isle of Palms’ residents and non-residents’ the registration fee is \$30 for residents and \$35 for non-residents. The skill evaluation/coach’s meeting will be held on Monday, August 19th at 6:15 p.m. The Parent/Player Meeting will be held Thursday, August 29th at 6:00 p.m. Games will be held Thursday evenings and/or Saturday and Sunday afternoons. Practices will be held August 26th- September 8th. Knee pads are required and ankle braces are recommended.

15-16yr old Girls Volleyball

Registration will be held August 5th – August 16th for Isle of Palm’ residents and non-residents; rhe registration fee is \$30 for residents and \$35 for non-residents. The skill evaluation/coach’s meeting will be held on Monday, August 19th at 7:15 p.m. The Parent/Player Meeting will be held Tuesday, August 20th at 5:30 p.m. Games will be held Thursday evenings and/or Saturday and Sunday afternoons. Practices will be held August 26th- September 8th. Knee pads are required and ankle braces are recommended.

Tots Lacrosse (3-5 years old)

Tots Lacrosse is designed to teach children, aged 3-5years old, and their parents the mechanics of lacrosse, i.e. cradling, passing, catching, shooting and scooping ground balls. One parent from each family must attend each session, and children need to bring a lacrosse stick and goggles. Sessions are held once a month from 9:00 a.m. – 10:00 a.m.; the next session will be held on August 10th, and the cost is \$10 for island residents and \$15 for non-residents. Henry Haggerty, Instructor.

May 18 th	Session Total: 5	Isle of Palms: 4	Non-residents: 1
June 15 th	Session Total: 5	Isle of Palms: 4	Non-residents: 1
July 20 th	Session Total: 5	Isle of Palms: 4	Non-residents: 1

Mechanics of Lacrosse (6-12 years old)

Basic beginner skills of cradling, passing, catching, shooting and scooping ground balls will be taught. Sessions are held one Saturday a month from 10:15 a.m. – 12:00 p.m. The cost is \$15 for IOP residents and \$20 for non-residents. Children need to bring a lacrosse stick and helmet. Henry Haggerty, Instructor.

Spike Nights

Spike Nights are an opportunity for youths, ages 5–16 years, to participate in a volleyball clinic. On Thursday nights, Laura Togami will instruct and play from 5:00 p.m. – 7:00 p.m. Registrants sign up for 4 sessions at a time, and the fee is \$40 for residents and \$45 for non-residents. The next sessions will be held August 8th – August 29th.

June 13 th – June 27 th (ages 5-9)	Session total: 4	Isle of Palms: 1	Non-residents: 3
June 13 th – June 27 th (ages 10-16)	Session total: 1	Isle of Palms: 0	Non-residents: 1
July 11 th – August 1 st (ages 5-9)	Session total: 4	Isle of Palms: 2	Non-residents: 2
July 11 th – August 1 st (ages 10-16)	Session total: 6	Isle of Palms: 0	Non-residents: 6

Individual Volleyball Lessons

A volleyball net is set up for adult volleyball on Tuesdays and Thursdays; individual and group lessons are instructed by Kraig and Laura Togami.

Athletic Camps

Girls' Volleyball Clinic (10-15 year olds)

The Isle of Palms Volleyball Clinic was instructed by Wando High School Volleyball Coach Alexis Glover. The clinic was held July 8th - 12th from 9:00 a.m. - 12:00 p.m., and twenty-seven (27) girls participated in camp. Campers received a camp shirt.

Boys' Lacrosse Camp (7-18 year olds)

The Isle of Palms Lacrosse Camp was instructed by Lowcountry Lacrosse. The boys' lacrosse camp was held July 15th - 19th from 9:00 a.m. - 12:00 p.m.; the camp was open to boys aged 7-18 years old. Forty-two (46) children participated in camp.

Suarez Soccer Camp (5-13 year olds)

The Isle of Palms Soccer Camp is instructed by Suarez Soccer School. The camp is scheduled for August 5th - August 9th; the registration fee for a half-day of camp is \$125. The registration fee for the full-day of camp is \$180 for residents; non-residents will add \$5. Currently, eighteen (18) children are registered for a full-day of camp and eight (8) for a half-day.

Get Your Spike On (10-16 year olds)

The Get Your Spike On Camp is instructed by Laura Togami. The four day clinic is scheduled for August 12th - 15th. The registration fee is \$80, and the camp is open to children ages 10-16 years old. Currently, twenty (20) children are enrolled in camp; the camp is limited to thirty (30) participants.

PROGRAMS AND CLASSES

Karrie Ferrell

Babysitting Course

The next Babysitting class is scheduled Saturday, September 14th from 9:00 a.m. - 4:00 p.m. The class is instructed by the American Red Cross.

Boater Education

The next class is scheduled for Saturday, September 7th from 10:00 a.m. - 4:00 p.m. The class is instructed by Department of Natural Resources.

BOSU Training/Core & More

July Session: Wednesday/Friday 10:30 a.m. – 11:30 a.m. Three (3) people have been participating, two (2) paid for the session; the others are paying by the class.

Monday/Wednesday: 5:30 p.m. – 6:30 p.m. Twelve (12) people have been participating; five (5) paid for the session, and all others are paying by the class.

Saturdays: 9:30 a.m. – 10:30 a.m. Three (3) people have been participating in the class, one (1) paid for the session; others are paying by the class. Class fees are \$64 for Isle of Palms' residents and \$69 non-residents, or a \$10 walk-in fee; Isle of Palms' employees can take the class for free as a part of the Employee Wellness Program. Jeremy Miller, Instructor.

Public Safety Department Fitness Training

Fire and Police Department personnel have been receiving personal training for the past several months. During the month of July thirty (31) employees participated with an average of seven (7) employees per class in the Monday – Friday sessions. Training is offered at the Public Safety Building on Mondays at 3:00 p.m., Tuesdays – Fridays 9:15 a.m. and Tuesday and Thursdays at 4:00 p.m. Jeremy Miller, Trainer.

Gather Knit & Stitch

July: Five (5) women have been attending the Gather Knit & Stitch program that is held on Mondays from 10:00 a.m. - 11:30 a.m. in the Lobby.

Kid's Night Out

The next activity is scheduled for Friday, August 9th from 6:00 p.m. 8:30 p.m. Currently three (3) people are pre-registered; activities are supervised by Recreation staff.

Mah Jongg

Five (5) people participated in Mah Jongg during the month of July. The activity is held on Mondays at noon in the Magnolia Room.

Semi-Personal Training

July: All sessions of Semi-Personal Training are full with six (6) participants. Classes are held on Tuesdays and Thursdays at 9:30 a.m., 10:30 a.m. and 5:30 p.m. and are held in the Cardio Room and High Tide/Low Tide Rooms. Geri D'Italia, Instructor.

Senior Aerobics – Over 50 Fitness

July: Five (5) seniors attended aerobics; one (1) participants paid for the session, and all other participants paid by the class. Classes are open to all levels of exercise and are offered at the nominal fee of \$5 per class or \$30 for the month. Classes are held on Tuesdays and Thursdays from 3:00 p.m. – 4:00 p.m. Judy Fischer, Instructor.

Tae Kwon Do

Youth Participation: July: Six (6) participants have signed up for classes that are held on Saturdays in the gym at 9:00 a.m. New participants can join the youth class in January, June and September.

Adult Participation: July: Twenty-five (25) adults are participating in classes offered Saturdays in the gym from 11:00 a.m. to 12:00 noon, Wednesdays in the gym from 7:00 p.m. to 9:45 p.m., and Mondays in the Magnolia Room from 6:30 p.m. to 7:30p.m. Adults can join classes at any time.

Tennis

Tiny Tennis July: Seven (7) 3-4 year olds are participating in the tennis program; classes are held on Mondays and Wednesdays from 4:00 p.m. – 4:30 p.m. The next session will start Monday, August 8th.

Youth Tennis - Beginner Class: Seven (7) 5-8 year olds are participating in the youth beginner tennis class; classes are held on Mondays and Wednesdays from 4:30 p.m. – 5:30 p.m. The next session will start Monday, August 8th.

Youth Tennis - Intermediate Class: Four (4) 8 -10 year olds are participating in the more advanced tennis class; classes are held on Mondays and Wednesdays from 5:30 p.m. – 6:30 p.m. The next session will start Monday, August 8th. Corinne Enright, Instructor.

Tai Chi/Qigong

Four (4) people have been participating in the Tai Chi class held on Tuesdays at 11:00 a.m. in the Palmetto Room. The class has a \$10 walk-in fee. Connie Cossetti, Instructor.

Total Body Challenge (TBC)

July: Sixteen (16) people participated in morning aerobics classes held Monday – Friday at 8:00 a.m. to 9:00 a.m. in the High Tide/Low Tide Rooms. Pat Boyd and Angela Reinhardt, Instructors.

Yoga - Afternoon

July: Three (3) people participated in the class, and all participants are paying by the class. Classes are held on Tuesdays and Thursdays in the High Tide/Low Tide Rooms from 12:30 p.m. – 2:00 p.m. Pat Boyd, Instructor.

Yoga - Evening

July: Seven (7) people participated in the evening yoga classes. Three (3) people paid by the session; all others are paying by the class. Classes are held on Mondays and Wednesdays at 5:30 p.m. – 6:30 p.m. Jen Schoolfield, Instructor.

Yoga – Morning

July: Ten (10) people participated, and all are paying by the class. Classes are held on Mondays and Wednesdays at 9:15 a.m. in the High Tide/Low Tide Room. Pat Boyd, Instructor.

Yoga – Saturday

July: Eight (8) people participated in the class held on Saturday mornings from 10:00 a.m. - 11:15 a.m. in the Palmetto Room. Jen Schoolfield, Instructor.

Zumba

July: Forty (40) people participated; fourteen (14) paid for the month, and all others paid by the class. Participants can attend four (4) classes for \$25 or eight (8) classes for \$50; participants also have the option of paying \$8 per class. Classes are held Mondays and Wednesdays at 6:45 p.m. in the High Tide/Low Tide Room. Dale Ellison, Instructor.

Miscellaneous Work:

- Created employee schedules.
- Processed time cards for employees and instructors.
- Met with staff and part-time employees.
- Conducted daily employee shift change meetings.
- Made weekly deposits for Recreation Department.
- Sent *The Island Eye News* Recreation pictures and information, when requested.
- Set up classrooms for programs and special events.
- Revised room schedules and calendars to accommodate classes.
- Updated Recreation portion of website.
- Assisted with fireworks display on Thursday, July 4th.
- Substitute taught Total Body Challenge on July 26th.
- Substitute taught afternoon Yoga on July 25th.
- Working on Fall Activity Guide September – December 2013.

SPECIAL EVENTS

Will McElheny

Camp Summershine

Camp Summershine and Wee Camp are coming to an end. The campers had a lot going on in July, with *Hawaiian Heaven*, *Dodge This*, *Sweet Treat*, *Adventure Under the Big Top* and *Island Idol*. Campers enjoyed field trips to *Birds of Prey*, *Hot Wheels*, *Splash Zone* and visits from *Charleston Jump Castles* and *Kona Ice*. Some of the activities in July included water dodge-ball, messy day and a pudding slip-n-slide. *Island Idol* is the last week of camp. What a great way to end the summer with an Island Idol performance which will be held on August 3rd at 2:00 p.m.! Parents encouraged to attend.

Camp Participation:

Wee Camp	Resident 89	Non-resident 6	Total 95
Summershine Camp 5-7	Resident 198	Non-resident 9	Total 207
Camp 8-12	Resident 153	Non-resident 23	Total 176

Employee Wellness Program

In cooperation with existing instructors, a group of exercise classes are offered to City employees at no charge. The classes are also available to the general public with a nominal walk-in fee; these classes are held at the Recreation Department. Classes offered include BOSU, Semi-Personal Training, Total Body Challenge, Pilates, Yoga and Zumba. Employees are encouraged, through the wellness newsletter and reminder emails, to continue their fitness mile record-keeping, their exercise programs in the Cardio Room and to attend the instructional classes available to them.

- An Employee Wellness Wacky Golf outing is scheduled for Wednesday, August 21st at Wild Dunes.
- The Annual Community Wellness Fair is scheduled for Thursday, September 26th. Six(6) health/wellness vendors have confirmed to participated in the 2013. Continue to work with past participants, as well as new ideas and opportunities.

Additional Work Completed

- Completed registration and cancellations for Camp Summershine.
- Assisted in preparations for Activity Guide (fall/winter programs).
- Attended weekly staff meetings.
- Worked with Employees Wellness Program.
- Developed Wellness Newsletter and mileage updates.
- Worked the July 4th fireworks show.
- Assisted with the 2013 Beach Run event.
- Participated in City's Wellness Program
- Assisted with updating information boards at Connector and Breach Inlet.

COMMUNITY SPECIALIST

By Holly Norton

Daily Responsibilities

- Completed opening procedures and reported damages to supervisor.
- Readied classrooms for next program when supervisors unavailable.
- Updated Department's media center as needed.
- Registered class participants, answered phones and welcomed visitors.
- Updated daily front desk information folders.
- Monitored security cameras.
- Managed the sign-in sheets for gymnasium and Cardio Room.
- Answered questions regarding current and upcoming programs/events.
- Assisted the Director and other staff members on a regular basis.
- Prepared purchase orders for staff.
- Participated in daily/weekly staff meetings.
- Continued to post and update events and activities onto community calendars and media outlets event sites/contacts.

- Worked in Microsoft Publisher to complete following month's main and room calendars that display daily programs and activities being held.
- Showed first time visitors around Recreation Center and introduced them to all of our accommodations and programs that are available.
- Monitored coffee station for refills and clean up as needed.

Other Duties

- Located and entered special events/newspaper articles into binder.
- Maintained lost-and-found folder and bins.
- Completed and sent out weekly PSA's.
- Provided Resort Quest/Wild Dunes/Dunes Properties with upcoming activities and programs for distribution to their clients/renters.
- Contacted vending machine operators to report problems or refill request.
- Completed housekeeping duties when supervisor was unavailable.
- Updated Gymnasium/Cardio Room bulletin boards with upcoming classes/event flyers.
- Help with registration for Girls Volleyball camp, Boys Lacrosse camp, Fast Start Soccer, and Youth Soccer.
- Assisted with the July 4th fireworks show.
- Assisted in the training of part-time front desk employee.

Most Frequently Asked Questions

"What kind of programs do you offer?"

"Do you have a pool?"

"Do you have a weight room?"

Most Frequent Unsolicited Comments

"This is the cleanest Recreation Center I have ever seen."

"This is a wonderful facility"

PARKS & FACILITIES

Shelia Redmon

Housekeeping

- Performed routine housekeeping duties.
- Completed monthly safety inspections.
- Cleaned and serviced maintenance equipment.
- Replaced and refilled air fresheners and other sanitary devices.
- Sanitized ice machines.
- Supervised monthly pest control service.

Facility Preparations

- Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

Interior Maintenance

- Serviced, lubricated and cleaned Cardio Room equipment.
- Unclogged toilets and drains as needed.
- Supervised All About Windows during replacement of the cracked window in the Palmetto Room.
- Contacted Berkeley Heating & Air regarding repairs pending for HVAC unit number eight (8) and the scheduling for a bi-annual preventive maintenance service.
- Replaced light bulbs and ballasts as needed.
- Replaced water-stained ceiling tiles in High Tide room caused from condensation.
- Repaired men's room shower rod.
- Machine scrubbed Magnolia and Palmetto room floors.
- Installed additional equipment hooks into exercise room storage closet.
- Replaced lock on piano keyboard cover and repaired top panel.
- Contacted Beasley Mechanical Contractor, Inc. regarding service for the Gym ice machine.

Exterior Maintenance

- Inspected playground equipment, collected lost & found items and removed debris.
- Removed trash and debris from around the building.
- Washed expansion porch and rocking chairs.
- Follow-up contact with Cook & Broadman, Inc. regarding replacement of the exterior door handle.

Miscellaneous

- Attended staff meetings.
- Placed phone calls to and met with supply sales representatives.
- Ordered and received maintenance supplies.
- Updated the maintenance records.
- Assisted with updating the City information boards.
- Attended training session on sexual harassment in the work place.
- Contacted Captain R.H. Maibach regarding AED.

PARKS & GROUNDS MAINTENANCE

Nick Bako

Recreation Building and Activities

- Attended staff meetings.
- Completed monthly reports and inspections.
- Assisted with setup for volleyball and lacrosse camps.
- Worked crowd control for the July 4th fireworks.
- Gearing up for upcoming soccer and half rubber activities..
- Repaired basketball rim in Gym.
- Repaired Cardio Room door.
- Cleaned gutters of debris.

Recreation Grounds

- Cleaned trash receptacle tops at front entrance.
- Trimmed shrubs around the building.
- Trimmed all oaks at the backside of the Gym.
- Trimmed all trees along 29th Avenue, as needed.
- Replaced two light fixtures in the picnic shelter.
- Replaced damaged electrical box at front of building.
- Cleaned cul-de-sac as needed.
- Trimmed crepe myrtles.
- Filled tire ruts on 29th Avenue.

Playground

- Hammered spikes into border/perimeter of playground.
- Sprayed for dollar weed and grass, as needed.
- Sprayed for fire ants, as needed.
- Leveled and raked mulch in play area.

Basketball and Tennis Courts

- Installed new tennis net assembly.
- Replaced trash receptacle.
- Trimmed shrubs around the tennis courts.
- Edged the basketball courts.
- Replaced Rol-dri roller assembly.
- Removed small branches and applied weed killer around the court perimeter.
- Replaced two basketball nets.

Baseball (Scalise) Field

- Groomed both dugouts inside and outside.
- Applied weed killer in both dugouts.

Softball (Clarkin) Field

- Applied Ambush for fire ant control, as needed.
- Relined lacrosse field for upcoming games.

Soccer Field

- Fertilized field with 18-0-8 with Allectus insecticide.
- Replaced one sprinkler head # 2001.
- Checked sprinkler heads and cleared for proper watering.
- Filled holes in field as needed with topsoil and sand mixture.
- Applied Ambush for fire ants on field and around the picnic shelter.

Bark Park

- Filled holes as needed and replenished doggie scoops.
- Filled in holes as needed.

- Trimmed live oaks inside the park.
- Moved bench seating in small Bark Park to a more shaded area.
- Replaced small doggie water dish.

Multi-purpose Field

- Picked up debris and maintained as needed.
- Lined for volley ball and lacrosse camps.
- Sprayed for fire ants.

Equipment

- Washed truck and golf cart.
- Maintained all equipment on a regular basis.

Miscellaneous

- Lined Palm Boulevard from 21st to 36th Avenue.
- Mowed rights-of-way on Palm Boulevard every Wednesday.
- Groomed around signs, trash cans and beach paths.
- Marked 15' area around fire hydrants on Palm Boulevard.

OPERATIONS

Overtime:

July 3 hours of overtime

Building was available in July for 349 hours

Dodgeball Pick-up Game

Wednesday, July 17th Sixteen (16) children participated