



2017 Youth Basketball League Rules

Games are played using the 2016 – 2017 National Federation of High School rule-book, with the exceptions noted below.

9 - 10 Year Boys and Girls

Games are played at the Isle of Palms Recreation Center on Thursdays at 5:30pm or 6:30pm and/or Saturdays at 1:00pm and 2:00pm. There is a single elimination tournament that follows the season.

1. Games are played on a full court using the 10 foot baskets and a size 28.5 compact ball. Games will be played 5 on 5. **Game time = forfeit time, no exceptions will be made.**
2. Timing: Four (4), eight (8) minute quarters of regulation time. Half time is 3 minutes. Each team is allowed 2 time outs per half. They do not carry over from 1st half to 2nd half. Time outs are 60 seconds.
3. Backcourt guarding is allowed during the last 1 minute and 30 seconds of each quarter and overtime. If a team has a 10 point lead over another team, they will not be allowed to backcourt guard.
4. **Playing Requirements:** Each player must play a minimum of 16 minutes (2 quarters); the 16 minute time span can be spread over the entire duration of the game. **Players cannot play an entire game.** *Teams must have five players to start a game, but can finish with less.*
5. A coach may hold a player out of the game for the following reasons: injury, sickness, or disciplinary actions. The coach must notify the Recreation Department, the individual's parents, and the scorekeeper prior to the start of the game.
6. The clock will only stop when a free throw is taking place and at each dead ball.
7. Two point shots and three point shots are recorded.
8. Any coach or player ejected from a game by the referee must leave the gymnasium immediately or the game will be forfeited. Any player or coach that is ejected will automatically be suspended for a minimum of one game. The Recreation Department will determine if further action is necessary.
9. Overtime is 3 minutes. If the game is still tied after 3 minutes, the game will be recorded as a tie. Each team is given one time out to be used in overtime.
10. Fouls are kept. Players foul out of the game with five (5) fouls. 1 and 1 bonus on the teams 7th foul; 2 shot bonus on the teams 10th foul

11. Conduct:

- a) Players must remain on the bench during the game except when substituting or timeouts.
- b) Coaches must remain within the designated coaches box located in front of their team bench. The first violation will result as a technical foul. The second violation will result in the ejection of the coach.
- c) A coach or player(s) may not argue a call with an official before, during, or after a game.
- d) Profanity, alcohol, and tobacco products are not permitted on the Recreation property at any time

12. Awards:

- a. Regular season: Champions will receive individual medals.
- b. Single Elimination Tournament: Champions will receive individual medals.

13. Shorts with pockets and/or zippers are not allowed. Jewelry, such as but not limited to, rings, earrings, bracelets, etc., is not allowed during practices or games. No Exceptions!!

14. To determine playoff seedings:

- a. First tiebreaker will be head to head victories
- b. Second tiebreaker will be total points scored in the season
- c. Third tiebreaker will be lowest amount of points scored against the team in a season

**** The Recreation Department reserves the right to interpret all rules as they see fit for each particular situation. The Recreation Director will have the final decision.**