

**RECREATION COMMITTEE**  
5:00 p.m., Monday, April 1, 2019  
City Hall Conference Room  
1207 Palm Boulevard, Isle of Palms, South Carolina

**AGENDA**

1. **Call to order and acknowledgement that the press and public were duly notified of the meeting in accordance with the Freedom of Information Act.**
2. **Approval of Previous Meeting's Minutes**  
Regular meeting of March 4, 2019
3. **Citizens' Comments**
4. **Departmental Report – Director Page**
5. **Old Business**
  - A. Update on franchise agreement for surfing lessons on the beach in Wild Dunes
  - B. Discussion of 2019 Farmers Market
  - C. Discussion of FY20 budget
6. **New Business**
  - A. Discussion of adding a coastal science class or presentation series
  - B. Discussion of recent suggestion from community for new Rec programs
7. **Miscellaneous Business – none**  
  
Next meeting Date: 5:00 p.m., Monday, May 6, 2019 in the Conference Room
8. **Adjournment**

**Recreation Committee**  
5:00 p.m., Monday, March 4, 2019

The regular meeting of the Recreation Committee was held at 5:00 p.m., Monday, March 4, 2019 in the City Hall Conference Room, 1207 Palm Boulevard, Isle of Palms, South Carolina. Attending the meeting were Councilmembers Buckhannon and Smith, Chair Moyer, Interim Administrator Fragoso, Recreation Director Page and Clerk Copeland; a quorum of the Committee was present to conduct business.

1. Chair Moyer called the meeting to order and acknowledged that the press and public were duly notified of the meeting in accordance with the Freedom of Information Act.

**2. Election of Chair and Vice Chair**

Chair Moyer resigned his Chairmanship due to the demands of the Personnel Committee where he is also Chair. He, therefore, called for the election of a new chair.

Chair Moyer nominated Councilmember Smith as Chair; Councilmember Buckhannon seconded. Councilmember Smith was unanimously elected Chair of the Recreation Committee.

Councilmember Moyer nominated Councilmember Buckhannon as Vice Chair; Chair Smith seconded, and Councilmember Buckhannon was unanimously elected Vice Chair.

**3. Approval of Previous Meeting's Minutes**

**MOTION: Councilmember Buckhannon moved to approve the minutes of the regular meeting of January 8, 2019 and February 7, 2019 as submitted; Councilmember Moyer seconded and the motion PASSED UNANIMOUSLY.**

**4. Citizens' Comments**

Jim Raih, 3904 Cameron Boulevard, was pleased to see that the Committee was seeking ways to better engage with the community; he thought that the Rec Center should have a limited staff on holidays to keep the Rec Center open and should provide activities for the days the island's youth were out of school. Mr. Raih recalled that he had served on the first *ad hoc* committee for an island farmers' market. He said that the name "Farmers' Market" did not fit the market that the City was sponsoring; with only one (1) farmer participating, he thought it should be called a food truck rodeo or a fair or whatever the City chooses, but not a farmers' market. He suggested encouraging residents to stop on their way home from work to get dinner from one (1) of several food trucks participating. He concluded by suggesting that, since the Rec Center was the benchmark for the City's overall appearance, Director Page should be more involved with the Real Property Committee to guide them in improving the appearance of the municipal parking lots, for example; he said that he has frequently heard residents refer to the lots as "an eye sore." He stated that it was time for the City to take ownership and to make the necessary improvements to the lots. He thought that the marina tenants should chip in to have the parking lots graded; he recalled a time when the City would partner with the marina manager to improve the lot, i.e. the City would buy the materials and the marina manager would provide the labor to grade the lot.

**5. Departmental Reports**

Director Page stated that the report was longer than usual to answer some of the questions she has been asked in recent meetings.

The Director commented that the "Acting Performance Workshop" was a well-received program; the instructor Jean Schubert has a special means of relating to the youngsters in the class. At the end of the program, they will put on a performance for their parents, family and friends, and it is always well done.

Among the social groups that take advantage of the Rec Center to get together are "Gather, Knit and Stitch", mah jongg and woodcarving; they sit around with their projects, talking and just enjoying the companionship.

A class that was suggested by the instructor was the 'Spanish: Travel and Leisure'; the class has been very popular.

Director Page reported that Doggie Day at the Rec was a huge success, and many dogs were adopted. The Front Beach Fest will be on Saturday, March 9<sup>th</sup> from noon until 4 p.m., and the weather forecast calls for a perfect day for the event. The bands that will be performing are the bands from the Holiday Street Festival when it rained and activities had to be moved inside. The annual Yard Sale will be held on Saturday, March 30<sup>th</sup>, the Easter Egg Hunt on Saturday, April 20<sup>th</sup> and Music in the Park on May 4<sup>th</sup>.

The Director noted that the Rec staff always has activities planned for the days when the island's youth are out of school; for instance, it could be dodgeball and a movie when the kids have pizza, watch a movie and play.

Registration for island residents for summer camps will be on Saturday, May 4<sup>th</sup> from 1:00 p.m. to 3:00 p.m.; non-residents can register the following week.

The adult athletic programs will begin a new session this week, and the youth have just finished basketball and are beginning baseball. The numbers for baseball registration are in the report showing how many youths from IOP and how many from off island.

Councilmember Moye asked how the 2019 registration compared to previous years, and the Director thought that they would be very similar. Although the Rec Department teams suffer due to the traveling teams, the total needed to form a league was usually met.

Noting that summer camp registration was later than usual, Chair Smith was interested to see if it has any impact since Mount Pleasant registration begins at the end of this month. Since staff will be on duty anyway for Music in the Park, registration for summer camp the same afternoon seemed to be a good fit.

Chair Smith asked if notification of the Saturday camp registration was being advertised to residents, and Director Page was certain that the word was being spread among interested island residents.

## **6. Old Business**

**A. Consideration of rental alternatives for the Recreation Center, fields and courts and associated costs**

Director Page stated that she “was not crazy about the idea of renting the facility” because if it was rented to one (1) group it must be rented to all. She thought the biggest demand would be for renting the athletic fields based on the number of traveling teams in the area. She reported that the area Recreation Directors meet every month, and the biggest challenge to all was field usage by outside groups, then allowing the fields to rest before the Rec Departments’ athletic activities begin. She also noted that it would be difficult to police; she also foresaw a problem when a traveling team has rented a field and a large family who are residents of the island want to use it –who wins the conflict? The team that rented the field or the residents of the island. If Council were to decide to rent the fields, the policy would need a campaign to educate the residents. The same issue could come up with the picnic shelter; many island residents show up to hold birthday parties, graduation parties, etc., and only seldom do they call in advance. If they were to be asked to leave because it has been reserved by whoever, their response would be that they did not see the sign or that, as island residents, they should get preference. But the Director said that they could do it; it would take time and resources to do it.

Councilmember Moye stated that the question that should be asked when change was proposed was “what is the benefit to be provided versus the cost to do it?” On the subject of field rest, he said that he would look to the Director and her staff to tell him how much rest time the fields would need so that neither Rec activities nor a group wanting to rent a field would be allowed to use them. For him, the first part was to preserve the City’s asset and he would look to the Rec Department’s staff to insure that was done; he then saw the cost to be the added burden to the Rec staff. He stated that island residents who belong to travel or other teams would benefit from using the fields, and he has heard from a number of them that they want to use the Rec Department’s fields. He said that, if Council decided to rent the facilities, it would be because more people would benefit. He added that he did not have a recommendation at this time because he was still digesting the information.

Councilmember Buckhannon opined that the best approach to the issue would be to make those concessions when the fields were available based on the Rec Department’s schedule. He stated that the field rental would be considered on a case-by-case situation since the Rec Schedule changes month to month and maybe week to week; any long-term scheduling would be difficult.

Interim Administrator Fragoso said that these actions would require a change in the Rec policy that currently discourages organized groups from using the fields and basketball courts. This might be an opportunity to address why that policy was in place, and she said that this could be a way to accommodate residents without establishing a formal rental program.

Director Page cautioned the Committee that, if the City establishes this program, the Rec Department will receive requests from travel teams from Mount Pleasant because they were constantly looking for fields.

Councilmember Moye opined that being inconsistent with the times when the fields would be available on a monthly basis would not suit their needs because they practice on specific days and times.

The Rec teams also have to practice, but their practice days can vary week to week to accommodate date the coaches’ schedules.

A problem that the Director anticipated was who or how they would keep up with these schedules since the full Rec staff was not at the Rec all of the time. She suggested that the City might have to invest in a program to maintain the schedule of field usage.

Councilmember Moye was ready to depend on Director Page's knowledge and expertise to devise a plan "to test the water" possibly by allowing one (1) field to be rented or reserved. He wanted a way that the residents would know that Council was listening to them and trying to meet their needs.

Chair Smith thought that they should distinguish between school teams and traveling teams; she was under the impression that traveling teams were accustomed to renting fields.

Councilmember Buckhannon noted that most school teams have a place to practice.

Interim Administrator Fragoso opined that paying to rent the field might add a layer of accountability that was important; it would discourage teams from calling to reserve a field and then not showing up.

Director Page voiced total agreement, but asked the Committee how it could be policed; for example, she was convinced that someone was teaching tennis lessons on the Rec Department's courts, but, if they were approached, the response was that she was an aunt helping her nieces.

For Councilmember Moye, allowing island residents to reserve a field or the picnic shelter was not about raising revenue but about accommodating them. He stated that he wanted to know if it was a feasible system that that was helping to educate the community and helping Council make better decisions. Between now and the next meeting, he wanted the Rec staff to devise a way to determine if it was a feasible way to accommodate residents.

Interim Administrator Fragoso wanted to clarify the Committee's charge to the Rec Department, and she stated that the Committee wanted the Rec staff to determine what times the Rec athletics and activities would be using the fields, how much time needed to be built in for the fields to rest, how much time to be left open for first come/first served and finally identify the times that could be made available for the field to be rented.

Director Page explained that the organized teams that might come to use the City's fields have coaches that are unknown to the Rec staff and who have not had a background check by the City. Their backgrounds would be a blank; if someone wanted to coach a Rec team but did not pass the background check, he/she would not be allowed to coach.

After lengthy discussions, the decision was made that teams that have fifty percent (50%) island residents on the team would be allowed to reserve a field. Director Page remarked that this would be much easier to do and did not require any calculation of available times.

Councilmember Moye was impressed by the criteria the Director had for coaches and indicated that he would support background checks for coaches who are unknown to her.

**B. Consideration of policy changes to encourage more residents to use the Rec Center**

Councilmember Moye said that this subject came up from the meeting Mrs. Rosenthal attended when she also wanted a better way to pay for classes.

Director Page said that she was comparing the IOP Rec Center with the Mount Pleasant Senior Center which, for a variety of reasons, was not an equal comparison. According to Director Page, the Senior Center has a cafeteria, free coffee and pastries every day, daily newspapers, etc. Their pay system is one (1) where a resident pays the annual fee, and they pay five dollars (\$5) per class. Additionally, their instructors are paid a salary where the Isle of Palms pays its instructors a percentage of the class enrollment/attendance fees.

On a bit of a tangent, Councilmember Moye asked what the process was if a person offered to teach a new class or a resident suggested a new program or class to get that class added to the schedule. According to the Director, that is how ninety percent (90%) of the classes happen – an instructor or a resident presents a new idea to her; no petitions were needed. The idea or concept was put into the Activity Guide and either enough people registered for the class or they didn't; if the number of registrants was reasonable, the classes moved forward as listed in the Guide.

Interim Administrator Fragoso said that she was charged with looking into ways the City could partner with the Exchange Club since they have a large facility. Although she has not had a lot of time to think about it, she thought that, as the Committee pursues way to create a sense of Community, opportunities might arise that would lend itself to partnering.

Councilmember Moye suggested that resident education was needed more than policy changes; residents want to know how to get something done or make something happen.

Director Page suggested that, when Councilmembers were approached about new classes or programs, to get their name and phone number for her to call them as opposed to telling the person to call Norma Jean. Director Page's reaching out to him/her has a way of making him/her feel more important, and the call shows that the City does care about him/her.

### **C. Discussion of fee structure for classes and programs**

Chair Smith stated that she had some specific suggestions relative to exercise classes; she was interested in finding a way that residents could buy a month's classes that were not tied to one (1) class. She wanted residents to be able to attend a variety of exercise classes in a month for an established price.

Director Page thought that the instructors would allow someone to attend a class at no charge to determine if she thought it was right for her.

Director Page saw challenges for her in that the classes have different fees and in figuring the month's class attendance to compute the instructor's pay since it was a percentage of the revenue generated by the classes they teach.

The first step would be for Director Page to compute the per class fee when using a sampler rate, and then to ask the instructors to agree to a third rate, a sampler rate, being charged for their classes. When someone checks in at the desk using a sampler card, she would be coded as a sampler rate holder attending the exercise class of her choice; from there, Councilmember Moye thought the computations for determining the instructors pay would be relatively simple.

Director Page stated that, when a class fee is paid, it must be applied to the appropriate class, and with this sampler category, the participant will likely not know in advance what classes she would attend in the coming month. She thought that she and the Treasurer could determine a way to make it work, but it would not be through the existing RecTrac software. On the other

hand, she would prefer to let the resident attend the classes she wants to attend in a month and to settle up financially at the end of the month.

Director Page asked for the name of the person to whom Chair Smith spoke to call to ask her to come into the office to hear exactly what it was that she wanted and to figure out a way to accomplish it.

#### **D. Update on franchise agreement**

Interim Administrator Fragoso reminded the Committee members that City Council voted in their February meeting to proceed generating an RFP for an exclusive beachfront franchise agreement within Wild Dunes. She has the final draft that reflects Council's decision to allow surfing lessons on the beach, and she has a meeting scheduled with Frank Fredericks from Wild Dunes on Wednesday in an effort to speed up the process by getting his approval of the terms in the agreement. The franchise agreement has been drafted and will be part of the RFP so that anyone submitting a proposal would know the terms of the agreement would be required to meet. She distributed a proposed timeline that if everything went according to plan, would have the franchise operational for the 2019 beach season. The public notice of the bid will be in newspaper on March 6<sup>th</sup>, and the deadline for proposals will be March 19<sup>th</sup>. The timeline provides ten (10) days for the evaluation of the proposals and interviews with the individuals, if necessary; a recommendation for an award of a contract will be presented to the Recreation Committee on April 1<sup>st</sup> and then go to Ways and Means and to City Council for First Reading on April 23<sup>rd</sup>.

#### **7. New Business**

##### **Discussion of 2019 Farmers Market**

Interim Administrator Fragoso reported that she met with the two (2) managers of the IOP Farmers Market recently, and they asked that the City consider moving the Farmers Market to the Rec Center. The County Park was chosen because of the availability of parking and the proximity to Front Beach; the hope then was that market-goers would go to a Front Beach restaurant after shopping. After two (2) years, that has not happened, and, last year, the market added beer and wine sales but the managers were unable to draw any vendors.

The Interim Administrator agreed that holding the market at the Rec Center was a good fit despite the fact that it would have to be scaled back a bit. She noted that the City has received many comments that the market had too many craft vendors and only one or two (1 – 2) farmers.

Staff is working on the logistics necessary to have the farmers market at the Rec Center that could possibly see a change in the day of the week when it is held.

#### **8. Miscellaneous Business**

Next meeting date: 5:00 p.m., Monday, April 1, 2019 in the Conference Room

#### **9. Adjournment**

**MOTION: Councilmember Buckhannon moved to adjourn the meeting at 6:32 p.m.; Councilmember Moye seconded and the motion PASSED UNANIMOUSLY.**

Respectfully submitted: Marie Copeland, City Clerk



# **RECREATION DEPARTMENT**

## **MONTHLY REPORT**

### **March 2019**

**STAFF:** Norma Jean Page, Recreation Director  
Karrie Ferrell, Assistant Director (programs)  
Aaron Sweet, Recreation Supervisor (athletics)  
Robert Asero, Parks & Grounds Supervisor  
Weston Smith, Recreation Supervisor (special events)  
Holly Norton, Community Specialist  
Joshua Key, Parks & Facilities Specialist

## PROGRAMS AND CLASSES

### **Acting Performance Workshop**

The next acting workshop will be held August 5<sup>th</sup> – August 9<sup>th</sup>. Participants will build on acting fundamentals with theater games and improvisation. Camp participants will perform Shakespeare's *Midsummer Night's Dream* on Friday, August 9<sup>th</sup>. Camp registration is currently open for acting camp, and two (2) people are registered. Jean Schubert, Instructor.

### **Ballet**

One (1) person is pre-registered for Ballet. The session is scheduled to start April 15<sup>th</sup> at 12:30 p.m. Kim Chesley-Breland, Instructor.

### **Barre & More**

Eleven (11) people have been participating in the Barre class. Classes are held on Mondays and Wednesdays at 9:30 a.m. in the gymnasium. Angela Reinhardt, Instructor.

### **Boot Camp**

Three (3) people have been participating in the Boot Camp class held on Monday/Wednesday/Friday mornings at 7:00 a.m. Classes are held in the High Tide/Low Tide Room. Pat Boyd, Instructor.

### **Core & More**

Eight (8) people have been participating in the Core & More class scheduled on Monday/Wednesday and Friday mornings at 10:30 a.m. Classes are held in the High Tide/Low Tide Room. Jeromy Miller, Instructor.

### **Dog Obedience**

Kinderpuppy – Large Breed: Class started Monday, March 4<sup>th</sup> at 6:30pm. Class is currently full with ten (10) participants. The next session of Kinderpuppy is scheduled of Monday, April 15<sup>th</sup>. The April session is full with ten (10) participants. Dog Obedience is held in the Gymnasium.  
Kinderpuppy – Toy Breed: Class started on Monday, March 4<sup>th</sup> at 7:30pm. Currently class has eight (8) dogs enrolled. The next session of Toy Breed class is schedule for Monday, April 15<sup>th</sup>, currently two (2) participants have enrolled.

Therapy Train and Prep - Class is full with nine (9) participants. Class started on Tuesday, March 4<sup>th</sup> at 7:30 p .m. Susan Marett and Jane Hirsch, Instructors.

### **FitBody in 50**

Fourteen (14) people have been participating in the FitBody class offered Tuesdays and Thursdays. Currently ten (10) people have been participating in the 9:30 a.m. class and four (4) people in the 5:30 p.m. class. Classes are held in Low Tide/High Tide rooms Geri D'Italia, Instructor.

### **Gather Knit & Stitch**

Eight (8) ladies have been meeting in the lobby to socialize and knit. The group is free and self-led. Participants are more than happy to assist in technique and share patterns and knowledge. Gather Knit & Stich is held on Monday mornings from 10:00 a.m. – 12:00 p.m. in the Recreation Lobby.

### **Giggling Artist**

Giggling Artist started February 20<sup>th</sup>, currently five (5) people are enrolled in class. The next session is scheduled to start Wednesday, April 10<sup>th</sup>. Currently two (2) people are pre-registered for the April session. Class is held in the Magnolia Room on Wednesdays from 4:00 p.m. – 5:00 p.m. Diana Connors, Instructor.

### **Giggling Artist Pre-K**

Class is geared to children ages 3 – 5 years and all projects are age appropriately themed exposing children to elements of line, shape, color and texture. Participants will get to bring home a project daily. Class started Thursday, March 7<sup>th</sup> 12:00 p.m. – 12:40 p.m. Five (5) children are enrolled in the class. Class is held in the Tadpole Room. Diana Connors, Instructor

### **Gymnastics**

Sixteen (16) little gymnasts are currently enrolled and participating in the gymnastics program. The session started Tuesday, February 19<sup>th</sup> from 3:30 p.m. – 4:15 p.m. The next session is scheduled to start April 9<sup>th</sup>, and currently thirteen (13) participants are enrolled. Class is held in the Palmetto Room. Tricha Tapio, Instructor.

### **IOP Kids: 3-year old Pre-K Program**

The IOP Kids program is full with ten (10) participants enrolled Monday/Wednesday/Friday and eleven (11) enrolled on Tuesday/Thursday. IOP Kids is a structured play group that gives children the opportunity to socialize and cooperate with peers in a classroom setting. Class follows the Charleston County School Calendar and the City of Isle of Palms holiday schedule. Registration for the 2019-2020 school year started Monday, January 28<sup>th</sup>, currently seven (7) children are enrolled in Monday/Wednesday/Friday and four (4) are enrolled on Tuesday/Thursday. Cathy Adams, Instructor.

### **Little Lotus Yoga**

Three (3) participants are enrolled in the Little Lotus Yoga program. Class is designed to allow children to grow into their own practice of yoga. Participants take part in interactive storytelling, games, music and age appropriate journaling. Class is held on Thursdays at 8:15 a.m. in the Tadpole Room. The next session of Little Lotus is scheduled to start April 4<sup>th</sup>. Jennifer Rogers, Instructor

### **Line Dancing**

Nine (9) men and woman have been participating in the Line Dancing class. Class is held on Thursdays from 9:30 a.m. – 10:30 a.m. in the Magnolia/Palmetto Room. Tricha Leonard, Instructor.

### **Mah Jongg**

Twelve (12) ladies have been participating in the mah jongg social group. The ladies are happy to give tutorials and help beginners learn the game. Group meets in the Tadpole Room on Mondays from 12:00 p.m. – 3:00 p.m.

**Mini Minnows**

Six (6) participants are enrolled in the Mini Minnows program. Participants play and learn in a classroom setting, the program coincides with the Charleston County School District Calendar and City of Isle of Palms holiday calendar. Mini Minnows is held Mondays, Wednesdays and Fridays from 12:00 p.m. - 3:00 p.m. in the Minnow Room. Cathy Adams, Instructor.

**Mommy /Daddy & Me**

Parent/Tot play group meet and socialize on Friday mornings from 9:30 a.m. – 11:00 a.m.

Fourteen (14) parents and tots have dropped in during the month of March.

The Mommy & Me play group has been extended to Saturday mornings from 9:30 a.m. – 11:00 a.m. The program is free and meets in the Tadpole Room.

**Movie & Dodgeball**

Nineteen (19) participants have registered for Movie & Dodgeball activity scheduled for Wednesday, March 27<sup>th</sup>. Activities will include lunch, movie and dodgeball. Supervised by Recreation Staff.

**Over 50 Fitness**

Seventeen (17) seniors have been participating in the senior fitness class held on Tuesdays and Thursdays at 3:00 p.m. Class was developed to give a more advance alternative to the Monday/Wednesday enhance fitness class. Judy Fischer, Instructor

**Science with Sam**

Seven (7) participants are enrolled in the Science with SAM class. Science class started Tuesday, March 5<sup>th</sup> at 12:00 p.m. – 1:00 p.m. and is held in the Tadpole Room. The next session is scheduled to start Tuesday, April 2<sup>nd</sup>. Samantha Barrineau, Instructor

**Senior Exercise: Enhance Fitness**

Enhance Fitness is a county-wide grant program administered through Roper Saint Francis Hospital. Currently fifty-eight people (58) are enrolled in the class approximately forty (40) attend class on a regular basis. Class is held on Mondays and Wednesdays at 3:00 p.m. in the High Tide/Low Tide Room. Class currently has a waiting list. Judy Fischer, Instructor

**Spanish: Travel & Leisure**

New to the programming list, Conversational Spanish class started Wednesday, January 23<sup>rd</sup> at 7:00 p.m. Fourteen (14) people participated in the class. At participants request, an Intermediate Spanish class was offered. Class is scheduled to start Wednesday, April 3<sup>rd</sup> at 7:00 p.m. An additional Beginner level class will be offered April 3<sup>rd</sup> at 6:00 p.m. Seth Mason, Instructor

**Youth Tae Kwon Do**

Four (4) children have been participating in the Youth Tae Kwon Do class. Class is held on Saturday mornings at 9:00 a.m. Jack Emmel, Instructor

### **Adult Tae Kwon Do**

Fifteen (15) adults have been participating in the Tae Kwon Do class. Class is held Monday evenings, Wednesday evenings and Saturday mornings. Class is held in the gymnasium. Jack Emmel, Instructor

### **Tae Kwon Do Tournament**

The Tae Kwon Do Tournament was held Saturday, March 23<sup>rd</sup> at 10:00 a.m. Forty-Eight (48) participants took part in the annual tournament. Participants traveled from Georgia, California, North Carolina and surrounding areas in South Carolina. The tournament included eliminations in forms and sparring for all ages and Black Belt Testing. Jack Emmel, Seminar Director/Instructor

### **Tai Chi/Qigong**

Seven (7) people have been participating in the Tai Chi class held on Tuesdays at 10:45 a.m. in the High Tide/Low Tide Room. Connie Cossetti, Instructor

### **Adult Tennis**

Twelve (12) participants have been meeting for beginner and intermediate tennis lessons. Intermediate Tennis meets at 8:30 a.m. and the beginner group meets at 9:30 a.m. Corinne Enright, Instructor

**Tiny Tennis:** Tennis classes for ages 3 – 7 year olds. Participants use smaller court size, smaller net and low bounce tennis ball. All Tiny Tennis classes are full with six (6) participants. Classes are held on Tuesdays and Thursdays from 3:30 pm – 5:00 pm.

**Beginner Tennis:** Class is for ages 7 and older. The Tuesday class has seven (7) people enrolled and the Thursday classes has six (6) people participating. The next session of youth tennis is scheduled to start April 4<sup>th</sup>.

**Intermediate Tennis:** Three (3) participants are enrolled in the Tuesday and Thursday intermediate tennis clinic. Class is held on Tuesdays and Thursdays from 6:00 p.m. – 7:00 p.m. The next session of tennis will start Tuesday, April 4<sup>th</sup>. Corinne Enright, Instructor

### **Total Body Challenge**

Thirty-nine (39) people have been participating in the morning fitness class. Class is scheduled Monday – Friday at 8:00 a.m. – 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd teaches Monday/Wednesday/Fridays, and Angela Reinhardt teaches Tuesdays/Thursdays.

### **Volleyball League Play**

The Youth Volleyball League Play is scheduled to begin Thursday, April 11<sup>th</sup> – May 16<sup>th</sup>. Participants will receive instruction from coaches in real game situations. If minimum is not met to form teams, activity will change to a skills based clinic. Volleyball League Play is for children 4<sup>th</sup> – 8<sup>th</sup> grades. Currently thirty-seven (37) people are preregistered for activity. Laura & Kreg Togami, Instructors/Coaches

### **Wood Carving**

Seven (7) gentleman have been meeting on Wednesdays from 10:00 a.m. – 12:00 p.m. to socialize and whittle. Class is free and meets in the Tadpole Room.

### **Writing Your Memoirs**

Writing your Memoirs started on February 12<sup>th</sup>; thirteen (13) people are participating in the class. The group will read and share works at the end of the session. Class is held in the Tadpole Room from 10:00 a.m. – 11:30 a.m. Tonya McGue, Instructor

### **Yoga**

#### **Evening Yoga**

Six (6) people have been participating in the evening yoga class held on Wednesdays at 5:30 p.m. class is held in the Palmetto Room. Jen DeGoyler, Instructor

#### **Morning Yoga**

Twenty –Two (22) people have been participating in the morning yoga class held on Monday/Wednesday/Friday mornings from 9:15 a.m. – 10:15 a.m. Classes are held in the High Tide/Low Tide Room. Pat Boyd, Instructor

#### **Saturday Yoga**

Twenty (20) people have been participating in the Saturday yoga class. Classes are held at 10:00 a.m. in the Palmetto Room. Jen DeGoyler, Instructor

### **Zumba**

Fifteen (15) people have been participating in the Zumba fitness class. Classes are held on Mondays and Wednesdays at 6:15 p.m. – 7:15 p.m. in the High Tide/Low Tide Room. Dale Ellison, Instructor

## **Adult Athletics**

### **Adult Spring Softball**

The registration fee was \$425 per team. Games are played on Thursday evenings; a total of five teams (100 participants) have registered.

### **Adult Spring 3 on 3 Basketball**

The registration fee was \$60 per team. Games are played on Tuesday evenings; a total of five teams (30 participants) have registered.

### **Adult Spring 6 vs. 6 Soccer**

The registration fee was \$250 per team. Games are played on Tuesday evenings, and total of nine teams (108 participants) have registered.

### **Adult Spring Table Tennis Singles League**

The registration fee was \$10 per player. Games are played on Tuesday mornings, and a total of fourteen players have registered.

### **Youth Athletics**

#### **Youth Baseball (Ages 3-12)**

Baseball games will begin the first week of April. Games are played Mondays, Thursdays and Saturdays. Picture Day will be held on April 10<sup>th</sup>.

#### **Youth Baseball Registration**

Fast Start Baseball	Total: 34	IOP Resident: 16	Non-resident: 15	S.I.: 3
5/6 T-Ball	Total: 54	IOP Resident: 31	Non-resident: 22	S.I.: 1
7/8 Machine Pitch	Total: 44	IOP Resident: 24	Non-resident: 15	S.I.: 5
9-12 Youth Baseball	Total: 33	IOP Resident: 18	Non-resident: 11	S.I.: 4

### **SPECIAL EVENTS**

#### **Keenagers**

The Keenager senior social group potluck lunch meeting was held on March 6<sup>th</sup>. Thirty Three (33) people attended the meeting. The next Keenager luncheon will be held April 3<sup>rd</sup>. Fellow Keenager Darby Meyer will speak on his time as a Page boy for the United States Senate.

#### **Front Beach Fest**

Front Beach Fest was held at Front Beach on Saturday, March 9th from 12:00 p.m. – 4:00 p.m. The festival featured musical performances from *The Shem Creek Boogie Band* and *Blackwater Rhythm* and *Blues Band*. Sixty (60) local craft vendors, restaurants, businesses, and organizations were on the street selling and promoting their goods and services. Free entertainment included jump castles, a balloon artist, face painting, pop-up princess salon and *Good Clean Fun*.

#### **Easter Egg Hunt**

The annual Isle of Palms Easter Egg Hunt will be held on Saturday, March 31<sup>st</sup> at 10:00 a.m. The hunt which consists of four (4) age groups searching for Easter Eggs; the age groups are 3 and under, 4-6, 7-9, and 10-12. The day will feature jump castles, a balloon artist, a photo booth, face painting, and ice cream. The Easter Bunny will be in attendance and available for pictures at the photo booth.

### **UPCOMING EVENTS**

#### **Yard Sale**

The annual Isle of Palms Community Yard Sale will be held on Saturday, March 30<sup>th</sup> from 8:00 a.m. to 12:00 p.m. on Hartnett Blvd. between 27<sup>th</sup> and 29<sup>th</sup> Avenues. Fifty (50) spaces are set to be filled for this event. Goodwill Industries will be on site to collect any of the vendors unwanted items.

## **Summer Camp**

Registration for summer camp begins on Saturday, May 4<sup>th</sup> from 1:00 p.m. – 3:00 p.m. for IOP residents only. Non-residents may register beginning Monday, May 13<sup>th</sup> at 7:00 a.m.

### **Camp Summershine Themes for ages 5-7 and 8-12:**

Week 1: June 17-21	<u>Life on the Sea</u>
Week 2: June 24-28	<u>Summershine Safari</u>
Week 3: July 1- 5	<u>Holidaze</u> (NO CAMP JULY 4TH)
Week 4: July 8-12	<u>Get Out of Dodge</u>
Week 5: July 15-19	<u>Space is the Place</u>
Week 6: July 22-26	<u>Wild Waters</u>
Week 7: July 29-Aug 2	<u>Challenge Week</u>

### **Wee Camp Themes ages 3-4:**

Week 1: June 17-21	<u>Under the sea</u>
Week 2: June 24-28	<u>The Mighty Jungle</u>
Week 3: July 1- 5	<u>Holidaze</u> (NO CAMP JULY 4TH)
Week 4: July 8-12	<u>Community Heroes</u>
Week 5: July 15-19	<u>Space is the Place</u>
Week 6: July 22-26	<u>Wild Waters</u>
Week 7: July 29-Aug. 2	<u>Summer Olympics</u>

## **Music in the Park**

On Saturday, May 4<sup>th</sup> from 1:00 p.m.-4:00 p.m., the Recreation Department will host Music in the Park where *Admiral Radio* and *Blue Plantation Band* will play bluegrass and blues music. A few local food/snack vendors will provide refreshments. Those who attend are asked to bring their lawn chairs and/or blankets to sit on the grass under the oak shade trees.

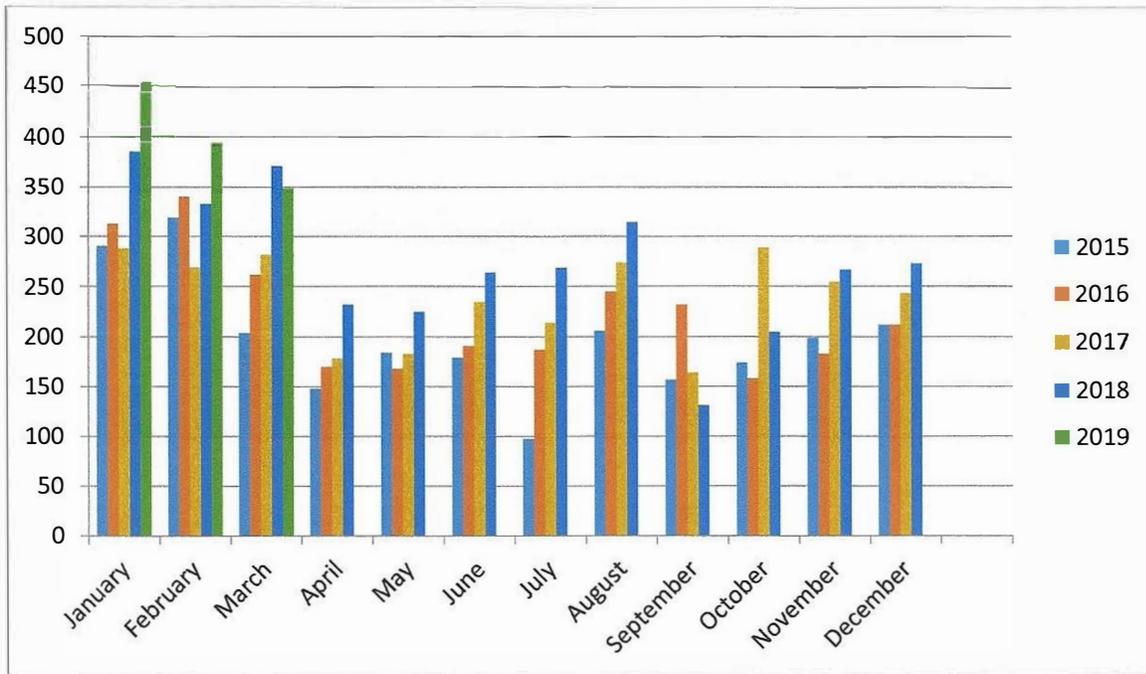
## **Sand Sculpting Competition**

The 30<sup>th</sup> Annual Piccolo Spoleto Sand Sculpting Competition will be held on Saturday, June 1<sup>st</sup> beginning at 9:00 a.m. on Front Beach. Prizes donated from participating sponsors will be awarded to the top three (3) in the categories: Adult (21 and older), Family (at least one adult & one young adult or child), Young Adult (ages 15-20), Children (ages 14 and under), Best Architectural, Most Creative, and Best in Show – Overall.

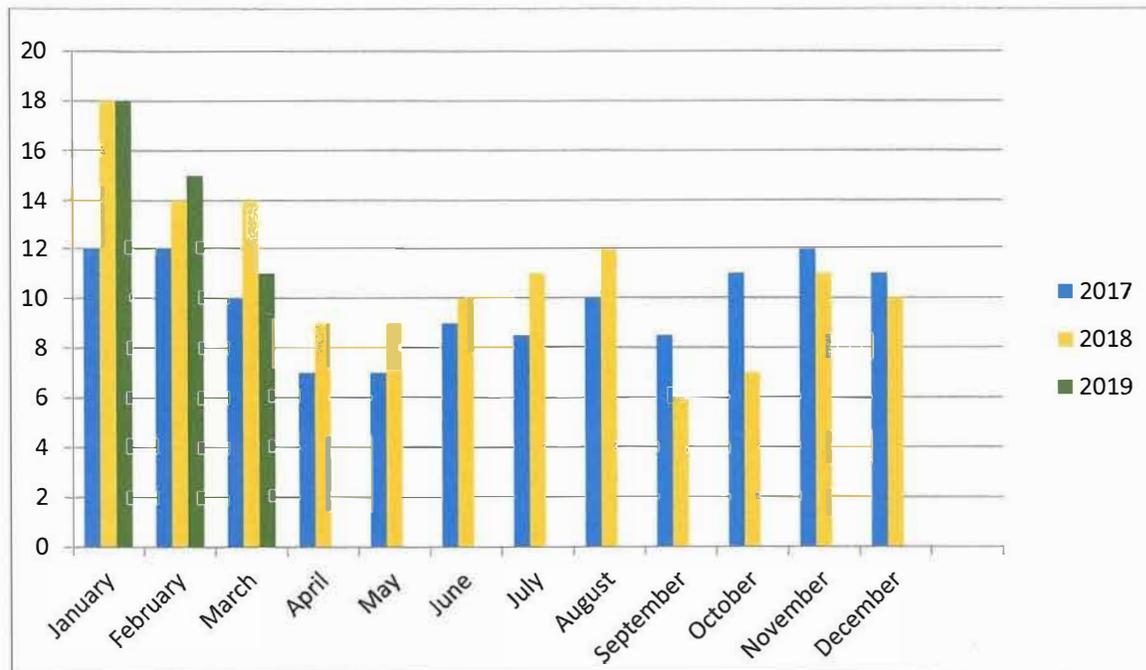
## **IOP Beach Run**

The IOP Beach Run will be held on Saturday, July 27, 2019 at 8:00 a.m.

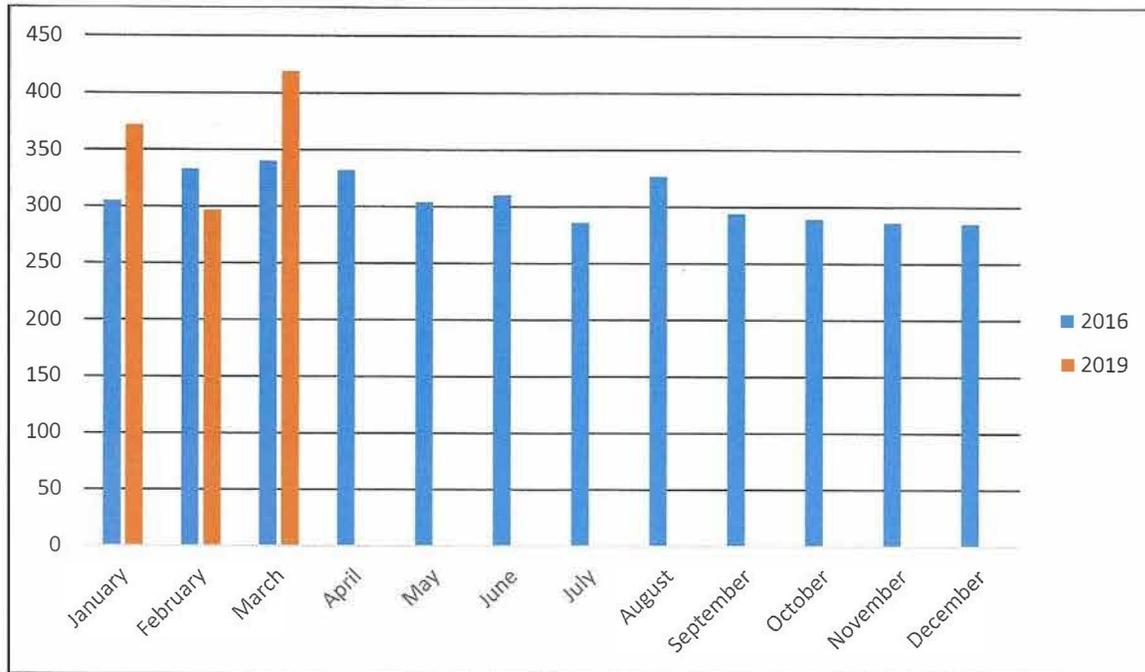
### TOTAL NUMBER OF VISITS IN CARDIO ROOM



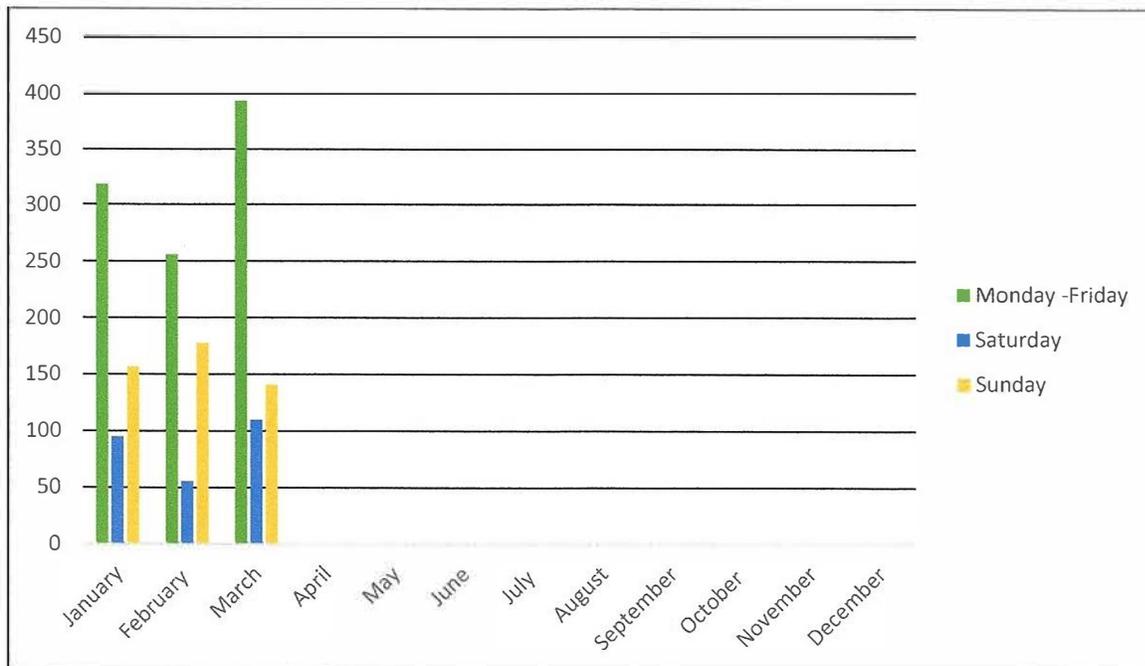
### CARDIO ROOM AVERAGE DAILY ATTENDANCE



## RECREATION BUILDING HOURS - Total hours Supervision is present



## GYM PARTICIPATION



## Monday Room Schedule April 2019

<u>Time</u>	<u>Class</u>	<u>Room</u>	<u>Instructor</u>
7:00am	Boot Camp	High Tide/ Low Tide Room	Pat Boyd
8:00am	TBC	High Tide/ Low Tide Room	Pat Boyd
9:00am	IOP Kids	Minnow Room	Cathy Adams
9:15am	Morning Yoga	High Tide/Low Tide Room	Pat Boyd
9:15am	Barre	Gym	Angela Reinhardt
10:00am	Knit& Stitch	Lobby	Rec Staff
10:30am	Core & More	High Tide/ Low Tide Room	Jeromy Miller
12:00pm	Mah Jongg	Tadpole Room	Rec Staff
12:00pm	Mini Minnows	Minnow Room	Cathy Adams
3:00pm	Senior Exercise	High Tide/ Low Tide Room	Judy Fischer
5:15pm	7/8 & 9/12 Baseball Games	Baseball Fields	Rec Staff
6:15pm	Zumba	High Tide/ Low Tide Room	Dale Ellison
6:30pm	Tae Kwon Do	Magnolia/Palmetto Room	Jack Emmel
6:30pm	Dog Obedience	Gym	Susan Marett

**Notes:**

4/22: No IOP Kids or Mini Minnows.

## Tuesday Room Schedule April 2019

Time	Class	Room	Instructor Name
7:00am	Cardio Room		
8:00am	TBC	High Tide/Low Tide	Angela Reinhardt
8:30am	Adult Tennis Intermediate	Tennis Courts	Corinne Enright
9:30am	Adult Tennis Beginners	Tennis Courts	Corinne Enright
9:00am	IOP Kids	Minnow Room	Cathy Adams
9:30am	Fit Body in 50	High Tide/Low Tide Room	Geri D'Italia
10:00am	Table Tennis	Gym	Rec Staff
10:00am	Writing Class	Tadpole Room	Tonya McGue
10:45am	Tai Chi/Qigong	High Tide/Low Tide Room	Connie Cossetti
12:00pm	Science with Sam	Tadpole Room	Samantha Barrineau
3:00pm	Over 50 Fitness	High Tide/Low Tide Room	Judy Fischer
3:30pm	Gymnastics	Palmetto Room	Tricha Tapio
3:30pm	Tiny Tennis (3-5 yrs)	Tennis Courts	Corinne Enright
4:00pm	Tiny Tennis (5-7 yrs)	Tennis Courts	Corinne Enright
4:00pm	Youth Baseball Practice	Baseball Fields	Rec Staff
5:00pm	Youth Tennis (beginners)	Tennis Courts	Corinne Enright
5:30pm	Fit Body in 50	High Tide Room	Geri D'Italia
6:00pm	Youth Tennis (intermediate)	Tennis Courts	Corinne Enright
6:15pm	6V6 Adult Soccer	Soccer Field	Rec Staff
7:00pm	3 on 3 Adult Basketball	Gym	Rec Staff
7:30pm	Dog Obedience	Mag/Palm Room	Jane Hirsch

**NOTES:**

4/9: Connector Run Meeting in the Tadpole Room at 8am.

## Wednesday Room Schedule April 2019

<u>Time</u>	<u>Class</u>	<u>Room</u>	<u>Instructor</u>
7:00am	Boot Camp	High Tide/ Low Tide Room	Pat Boyd
8:00am	TBC	High Tide/ Low Tide Room	Pat Boyd
9:00am	IOP Kids	Minnow Room	Cathy Adams
9:15am	Morning Yoga	High Tide/Low Tide Room	Pat Boyd
9:15am	Barre & More	Gym	Angela Reinhardt
10:00pm	Wood Carving	Tadpole Room	Rec Staff
12:00pm	Mini Minnows	Minnow Room	Cathy Adams
3:00pm	Senior Exercise	High Tide/ Low Tide Room	Judy Fischer
4:00pm	Giggling Artist	Magnolia Room	Diana Connors
5:15pm	Youth Baseball Practice	Baseball Fields	Rec Staff
5:30pm	Evening Yoga	Palmetto Room	Jenn Schoolfield
6:00pm	Spanish 1	Tadpole Room	Seth Mason
6:15pm	Zumba	High Tide/Low Tide Room	Dale Ellison
7:00pm	Tae Kwon Do	Gym	Jack Emmel
7:00pm	Spanish 2	Tadpole Room	Seth Mason

**Notes:**

4/3: Keenagers Luncheon Mag/Palm Room from noon-2pm.

## Thursday Room Schedule April 2019

Time	Class	Room	Instructor Name
7:00am	Cardio Room opens		
8:00am	TBC	High Tide/Low Tide	Angela Reinhardt
8:15am	Little Lotus Yoga	Tadpole Room	Jennifer Rogers
9:00am	IOP Kids	Minnow Room	Cathy Adams
9:30am	Fit Body in 50	High Tide/Low Tide Room	Geri D'Italia
9:30am	Line Dancing	Palmetto Room	Trisha Leonard
10:30am	Core & More	High Tide/Low Tide	Jeromy Miller
12:00pm	Giggling Artist Pre-K	Tadpole Room	Diana Connors
3:00pm	Over 50 Fitness	High Tide/Low Tide Room	Judy Fischer
3:30pm	Tiny Tennis (3-5 yrs)	Tennis Courts	Corinne Enright
4:00pm	Tiny Tennis (5-7 yrs)	Tennis Courts	Corinne Enright
5:00pm	Youth Tennis (Beginners)	Tennis Courts	Corinne Enright
5:00pm	Volleyball (4 <sup>th</sup> -5 <sup>th</sup> grades)	Gym	Kreg & Laura Togami
5:15pm	9/12 Baseball Games	Baseball Field	Rec Staff
5:30pm	Fit Body in 50	High Tide Room	Geri D'Italia
6:00pm	Youth Tennis (intermediate)	Tennis Courts	Corinne Enright
6:00pm	Volleyball (6 <sup>th</sup> – 8 <sup>th</sup> grades)	Gymnasium	Kreg Togami
7:00pm	Adult Softball	Softball Field	Rec Staff

**NOTES:**

## Friday Room Schedule April 2019

<u>Time</u>	<u>Class</u>	<u>Room</u>	<u>Instructor</u>
7:00am		Cardio Room open	Rec Staff
7:00am	Boot Camp	High Tide/ Low Tide Room	Pat Boyd
8:00am	TBC	High Tide/ Low Tide Room	Pat Boyd
9:00am	IOP Kids	Minnow Room	Cathy Adams
9:30am	Mommy & Me	Tadpole Room	
9:15am	Morning Yoga	High Tide/ Low Tide Room	Pat Boyd
12:00pm	Mini Minnows	Minnow Room	Cathy Adams
3:00pm	Senior's walking	Gymnasium	Rec Staff
4:00pm	Youth Baseball Practice	Baseball Field	Rec Staff
5:00pm	Building Closes		

**NOTES:**

4/19: No IOP Kids or Mini Minnows.

## Saturday Room Schedule April 2019

Time	Class	Room	Instructor
8:00am – 9:45am	Open Gym	Gymnasium	Rec Staff
9:00am	Fast Start Baseball	Outside Fields	Rec Staff
9:00am	5/6 T-Ball Games	Baseball Fields	Rec Staff
9:00am	Youth/Family Tae Kwon Do	High/Low Tide Room	Master Jack
9:30am	Mommy & Me	Tadpole Room	Rec Staff
10:00am	Adult Tae Kwon Do	Gymnasium	Master Jack
10:00am	Saturday Yoga	Palmetto Room	Jenn Schoolfield
12:35 – 5:00	Open Gym	Gymnasium	Rec Staff

### **NOTES:**

March 30<sup>th</sup> Annual Yard Sale (8-12noon)- Vendors will arrive around 6am.

April 20<sup>th</sup> IOP Easter Egg Hunt 10:00am SHARP! - Gymnasium may be closed.

## Sunday Room Schedule- April

Time	Class	Room	Instructor
1pm-3pm	Adult Open Gym	Gym	Rec Staff
3pm-5pm	Family Open Gym	Gym	Rec Staff
1pm-5pm	Cardio Room Open		Rec Staff

### **NOTES:**

- **Open Gym**  
**Adult Play**      1pm-3pm – ADULTS ONLY – Full court play  
**Family Play**     3pm-5pm – ALL AGES – NO Full court play

# Gymnasium & Cardio Schedule

## April 2019

# Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451  
(843) 886-8294 www.iop.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<b>1</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:00pm  <b>Barre</b> 9:15am - 10:15am  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>2</b> <b>Open Gym</b> 7:00am - 9:45am 12:30pm-6:30pm  <b>Table Tennis</b> 10:00am - 12:30pm  <b>3 on 3 Basketball</b> 7:00pm - 9:00pm	<b>3</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:45pm  <b>Barre</b> 9:15am - 10:15am  <b>TKD</b> 7:00pm - 8:30pm	<b>4</b> <b>Open Gym</b> 7:00am - 6:30pm  <b>Table Tennis (1/2court)</b> 10am - 12:30pm	<b>5</b> <b>Open Gym</b> 7:00am - 10:00am 12:00pm - 4:45pm  <b>Closed for Cleaning</b> 10:00am - 12:00pm	<b>6</b> <b>Open Gym</b> 8:00am-9:45am 12:30pm-5:00pm  <b>TKD</b> 10am - 12:30pm  	
	<b>7</b> Adult Play 1pm-3pm  Family Play 3pm-5pm	<b>8</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:00pm  <b>Barre</b> 9:15am - 10:15am  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>9</b> <b>Open Gym</b> 7:00am - 9:45am 12:30pm-6:30pm  <b>Table Tennis</b> 10:00am - 12:30pm  <b>3 on 3 Basketball</b> 7:00pm - 9:00pm	<b>10</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:45pm  <b>Barre</b> 9:15am - 10:15am  <b>TKD</b> 7:00pm - 8:30pm	<b>11</b> <b>Open Gym</b> 7:00am - 4:30pm  <b>Table Tennis (1/2court)</b> 10am - 12:30pm  <b>Volleyball</b> 5:00pm - 8:00pm	<b>12</b> <b>Open Gym</b> 7:00am - 10:00am 12:00pm - 4:45pm  <b>Closed for Cleaning</b> 10:00am - 12:00pm	<b>13</b> <b>Open Gym</b> 8:00am-9:45am 12:30pm-5:00pm  <b>TKD</b> 10am - 12:30pm
<b>14</b> Adult Play 1pm-3pm  Family Play 3pm-5pm	<b>15</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:00pm  <b>Barre</b> 9:15am - 10:15am  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>16</b> <b>Open Gym</b> 7:00am - 9:45am 12:30pm-6:30pm  <b>Table Tennis</b> 10:00am - 12:30pm  <b>3 on 3 Basketball</b> 7:00pm - 9:00pm  	<b>17</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:45pm  <b>Barre</b> 9:15am - 10:15am  <b>TKD</b> 7:00pm - 8:30pm  	<b>18</b> <b>Open Gym</b> 7:00am - 4:30pm  <b>Table Tennis (1/2court)</b> 10am - 12:30pm  <b>Volleyball</b> 5:00pm - 8:00pm	<b>19</b> <b>Open Gym</b> 7:00am - 10:00am 12:00pm - 4:45pm  <b>Closed for Cleaning</b> 10:00am - 12:00pm	<b>20 Easter Egg Hunt</b> <b>Open Gym</b> 8:00am-9:45am 12:30pm-5:00pm  <b>TKD</b> 10am - 12:30pm  - In case of inclement weather Egg Hunt will be moved indoors & gym will be closed.	
	<b>21</b> Adult Play 1pm-3pm  Family Play 3pm-5pm	<b>22</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:00pm  <b>Barre</b> 9:15am - 10:15am  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>23</b> <b>Open Gym</b> 7:00am - 9:45am 12:30pm-6:30pm  <b>Table Tennis</b> 10:00am - 12:30pm  <b>3 on 3 Basketball</b> 7:00pm - 9:00pm	<b>24</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:45pm  <b>Barre</b> 9:15am - 10:15am  <b>TKD</b> 7:00pm - 8:30pm	<b>25</b> <b>Open Gym</b> 7:00am - 4:30pm  <b>Table Tennis (1/2court)</b> 10am - 12:30pm  <b>Volleyball</b> 5:00pm - 8:00pm  	<b>26</b> <b>Open Gym</b> 7:00am - 10:00am 12:00pm - 4:45pm  <b>Closed for Cleaning</b> 10:00am - 12:00pm	<b>27</b> <b>Open Gym</b> 8:00am-9:45am 12:30pm-5:00pm  <b>TKD</b> 10am - 12:30pm
<b>28</b> Adult Play 1pm-3pm  Family Play 3pm-5pm	<b>29</b> <b>Open Gym</b> 7:00am - 9:00am 10:45am-6:00pm  <b>Barre</b> 9:15am - 10:15am  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>30</b> <b>Open Gym</b> 7:00am - 9:45am 12:30pm-6:30pm  <b>Table Tennis</b> 10:00am - 12:30pm  <b>3 on 3 Basketball</b> 7:00pm - 9:00pm	<b>Cardio Room</b> Monday: 7:00am - 6:30pm Tuesday: 7:00am - 6:30pm Wednesday: 7:00am - 7:00pm Thursday: 7:00am - 6:30pm Friday: 7:00am - 5:00pm Saturday: 8:00am - 5:00pm Sunday: 1:00pm - 5:00pm				

\*Recreation activities have first priority, schedule subject to change\*

# Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Programs, Athletics & Special Events

# April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<b>1</b> 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga <b>9:15 Barre</b> 10:00 Knit & Stitch <b>10:30 Core &amp; More</b> 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 5:15 7/8 & 9/12 Baseball Games 6:15 Zumba 6:30 TKD 6:30 Dog Obedience	<b>2</b> 8:00 TBC 8:30 Adult Tennis 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing Class 10:45 Tai Chi/Qigong 12:00 Science with Sam 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Baseball Practice 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 6:45 Dog Obedience 7:00 3 on 3 Basketball	<b>3</b> 7am Boot Camp 8am TBC 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga <b>9:15 Barre</b> 10:00 Wood Carving <b>12:00 KEENAGERS</b> 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 5:30 Evening Yoga 6:00 Spanish 1 6:15 Zumba 7:00 Spanish 2 7:00 TKD	<b>4</b> 8:00 TBC 8:15 Little Lotus Yoga 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis <b>10:30 Core &amp; More</b> 12:00 Giggling Artist PK 3:00 Over 50 Fitness 3:30 Tiny Tennis 5:00 Youth Tennis 5:15 9/12 Baseball Games 5:30 Fit Body in 50 7:00 Adult Softball	<b>5</b> 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows	<b>6</b> 9am Yth TKD 9am Fast Start Baseball 9am 5/6 T-Ball Games 9:30 Mommy & Me 10am Yoga 10am Adult TKD <b>Open Gym</b> <b>8:00am - 9:45am</b> <b>12:00pm - 5:00pm</b>	
<b>7</b> <b>Open Gym</b> 1pm - 3pm Adult Play  3pm - 5pm Family Play	<b>8</b> 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga <b>9:15 Barre</b> 10:00 Knit & Stitch <b>10:30 Core &amp; More</b> 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 5:15 7/8 & 9/12 Baseball Games 6:15 Zumba 6:30 TKD 6:30 Dog Obedience	<b>9</b> 8:00 TBC 8:30 Adult Tennis 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing Class 10:45 Tai Chi/Qigong 12:00 Science with Sam 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Baseball Practice 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 6:45 Dog Obedience 7:00 3 on 3 Basketball	<b>10</b> 7am Boot Camp 8am TBC 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga <b>9:15 Barre</b> 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 4:00 Giggling Artist 5:30 Evening Yoga 6:00 Spanish 1 6:15 Zumba 7:00 Spanish 2 7:00 TKD	<b>11</b>  8:00 TBC 8:15 Little Lotus Yoga 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis <b>10:30 Core &amp; More</b> 12:00 Giggling Artist PK 3:00 Over 50 Fitness 3:30 Tiny Tennis 5:00 Youth Tennis 5:00 Volleyball 5:15 9/12 Baseball Games 5:30 Fit Body in 50 7:00 Adult Softball	<b>12</b> 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 4:00 Baseball Practice	<b>13</b> 9am Yth TKD 9am Fast Start Baseball 9am 5/6 T-Ball Games 9:30 Mommy & Me 10am Yoga 10am Adult TKD <b>Open Gym</b> <b>8:00am - 9:45am</b> <b>12:00pm - 5:00pm</b>	
<b>14</b> <b>Open Gym</b> 1pm - 3pm Adult Play  3pm - 5pm Family Play	<b>15</b> 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga <b>9:15 Barre</b> 10:00 Knit & Stitch <b>10:30 Core &amp; More</b> 12:00 Mah Jongg 12:00 Mini Minnows 12:30 Ballet 3:00 Sr. Exercise 5:15 7/8 & 9/12 Baseball Games 6:15 Zumba 6:30 TKD	<b>16</b> 8:00 TBC 8:30 Adult Tennis 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing Class 10:45 Tai Chi/Qigong 12:00 Science with Sam 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Baseball Practice 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 6:45 Dog Obedience 7:00 3 on 3 Basketball	<b>17</b> 7am Boot Camp 8am TBC 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga <b>9:15 Barre</b> 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 4:00 Giggling Artist 5:30 Evening Yoga 6:00 Spanish 1 6:15 Zumba 7:00 Spanish 2 7:00 TKD	<b>18</b> 8:00 TBC 8:15 Little Lotus Yoga 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis <b>10:30 Core &amp; More</b> 12:00 Giggling Artist PK 3:00 Over 50 Fitness 5:00 Volleyball 5:15 9/12 Baseball Games 5:30 Fit Body in 50 7:00 Adult Softball	<b>19</b> 7am Boot Camp 8:00 TBC 9:15 Yoga 9:30 Mommy & Me 4:00 Baseball Practice	<b>20</b> 9am Yth TKD 9:30 Mommy & Me 10am Yoga 10am Adult TKD <b>Open Gym</b> <b>8:00am - 9:45am</b> <b>12:00pm - 5:00pm</b>  <b>EASTER EGG HUNT</b> <b>10:00am SHARP!</b> 	
<b>21</b> <b>Open Gym</b> 1pm - 3pm Adult Play  3pm - 5pm Family Play	<b>22</b> 7am Boot Camp 8am TBC 9:15 Yoga <b>9:15 Barre</b> 10:00 Knit & Stitch <b>10:30 Core &amp; More</b> 12:00 Mah Jongg 3:00 Sr. Exercise 5:15 7/8 & 9/12 Baseball Games 6:15 Zumba 6:30 TKD	<b>23</b> 8:00 TBC 8:30 Adult Tennis 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:45 Tai Chi/Qigong 12:00 Science with Sam 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Baseball Practice 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 7:00 3 on 3 Basketball	<b>24</b> 7am Boot Camp 8am TBC 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga <b>9:15 Barre</b> 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 4:00 Giggling Artist 5:30 Evening Yoga 6:00 Spanish 1 6:15 Zumba 7:00 Spanish 2 7:00 TKD	<b>25</b> 8:00 TBC 8:15 Little Lotus Yoga 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis <b>10:30 Core &amp; More</b> 12:00 Giggling Artist PK 3:00 Over 50 Fitness 3:30 Tiny Tennis 5:00 Youth Tennis 5:00 Volleyball 5:15 9/12 Baseball Games 5:30 Fit Body in 50 7:00 Adult Softball	<b>26</b> 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 4:00 Baseball Practice	<b>27</b> 9am Yth TKD 9am 5/6 T-Ball Games 9:30 Mommy & Me 10am Yoga 10am Adult TKD <b>Open Gym</b> <b>8:00am - 9:45am</b> <b>12:00pm - 5:00pm</b>	
<b>28</b> <b>Open Gym</b> 1pm - 3pm Adult Play  3pm - 5pm Family Play	<b>29</b> 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga <b>9:15 Barre</b> 10:00 Knit & Stitch <b>10:30 Core &amp; More</b> 12:00 Mah Jongg 12:00 Mini Minnows 12:30 Ballet 3:00 Sr. Exercise 5:15 7/8 & 9/12 Baseball Games 6:15 Zumba 6:30 TKD	<b>30</b> 8:00 TBC 8:30 Adult Tennis 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:45 Tai Chi/Qigong 12:00 Science with Sam 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Baseball Practice 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 7:00 3 on 3 Basketball	<h2>SUMMER CAMP REGISTRATION</h2> <p><u>Isle of Palms Residents ONLY:</u>                      Saturday, May 4 1:00pm - 3:00pm                      May 6 - May 17</p>  <p><u>Sullivan Island/Non-Residents:</u>                      May 13 - May 17</p> <p>\$25 deposit due at time of Registration. <b>Deposit Non Refundable/Non Transferable</b>                      *See activity guide for dates &amp; Themes*</p>				



**Isle of Palms Recreation Center**  
**#24 28th Avenue**  
**Isle of Palms, SC 29451**  
**(843)886-8294**



## APRIL CLASS SCHEDULE AND SPECIAL EVENTS

### Monday:

- **BOOT CAMP**  
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**  
8:00am-9:00am \$8 per class
- **YOGA**  
9:15am-10:15am \$10 per class
- **BARRE & MORE**  
9:15am-10:15am \$10 per class
- **CORE & MORE**  
10:30am - 11:30am \$12 per Class
- **ZUMBA**  
6:15pm-7:15pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

### Tuesday:

- **TOTAL BODY CHALLENGE**  
8:00am-9:00am \$8 per class
- **FITBODY IN 50**  
5:30pm-6:30pm \$12 per class
- **TAI CHI/QIGONG**  
10:45am-12:00pm \$10 per class
- **OVER 50 FITNESS**  
3:00pm-4:00pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

### Wednesday:

- **BOOT CAMP**  
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**  
8:00am-9:00am \$8 per class
- **YOGA**  
9:15am-10:15am \$10 per class
- **BARRE & MORE**  
9:15am-10:15am \$10 per class
- **YOGA**  
5:30pm-6:30pm \$10 per class
- **ZUMBA**  
6:15pm-7:15pm \$10 per class

\*Cardio Room: 7:00am - 7:00pm

### Thursday:

- **TOTAL BODY CHALLENGE**  
8:00am-9:00am \$8 per class
- **FITBODY IN 50**  
5:30pm-6:30pm \$12 per class
- **CORE & MORE**  
10:30am - 11:30am \$12 per class
- **OVER 50 FITNESS**  
3:00pm-4:00pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

### Friday:

- **BOOT CAMP**  
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**  
8:00am-9:00am \$8 per class
- **YOGA**  
9:15am-10:15am \$10 per class

\* Cardio Room: 7:00am-5:00pm

### Saturdays:

- **YOGA**  
10:00am-11:15am \$12 per class
- **OPEN GYM:**  
8:00am - 9:45am  
12:30pm - 5:00pm

\*Cardio Room: 8:00pm -5:00pm

### Sundays:

- **OPEN GYM 1:00pm - 5:00pm**  
1:00pm - 3:00pm Adult Gym  
3:00pm - 5:00pm Family Gym

\*Cardio Room: 1:00pm - 5:00pm

## **CORE & MORE TRAINING** **April Session - New Schedule**

Mondays & Thursdays  
 10:30am - 11:30am

8 Classes:  
 \$60 residents/\$65 non-residents  
4 Classes:  
 \$32 residents/\$37 non-residents

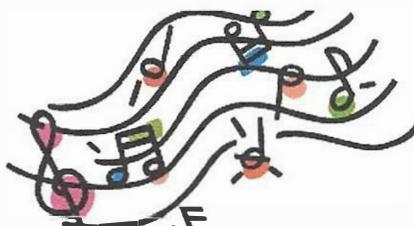
\$12 Walk - in Fee

## **BARRE & MORE** **April Session - New Time**

Mondays & Wednesdays  
 9:15am - 10:15am

## MUSIC IN THE PARK

Saturday, May 4  
 1:00pm - 4:00pm



Bring lawn chairs and come enjoy an afternoon of Music in the Park! Local food trucks will be on-site offering refreshments.