Recreation Committee
5:00 p.m., Monday, October 5, 2020
1207 Palm Boulevard, Isle of Palms, South Carolina

Virtual Meeting Due to COVID-19 Pandemic:
The public may join the virtual meeting by clicking here: https://www.youtube.com/user/cityofisleofpalms

Public Comment:
Citizens may provide public comment here:
https://www.iop.net/public-comment-form

Agenda

1. **Call to order** and acknowledgment that the press and the public have been duly notified of the meeting in accordance with the Freedom of Information Act.

2. **Approval of previous meeting's minutes –** September 14, 2020

3. **Citizens' Comments –** Citizens may submit written comments here: https://www.iop.net/public-comment-form.Comments received prior to the meeting will be entered into the record.

4. **Departmental Report –** Director Page

5. **Old Business**
   a. Discussion of outlook for classes and activities in the fall
   b. Discussion of COVID-19 adaptations

6. **New Business**

7. **Miscellaneous Business**
   Next meeting date: 5:00 p.m., Monday, November 2, 2020

8. **Adjournment**

Recreation Committee Meeting
5:00pm, Monday, September 14, 2020
Virtual Meeting via Zoom call due to COVID-19 Pandemic
broadcasted live on YouTube: https://www.youtube.com/user/cityofisleofpalms

MINUTES

1. **Call to order**

   Present: Council members Moye, Popson, and Smith

   Staff Present: Administrator Fragoso, Director Page

2. **Approval of the previous meeting's minutes – August 10, 2020**

MOTION: Council Member Popson made a motion to approve and Council Member Moye seconded the motion. The motion passed unanimously.

3. **Citizens' Comments** – none

4. **Departmental Reports** – Director Page

Director Page reviewed highlights of the activities report, noting the Recreation Center has been very busy. She shared classes that have had recent start dates, like dog obedience and IOP Kids, and detailed the participation rates in the exercise classes.

She reported that the surf lessons will begin in the spring. Starting in the fall was not possible, but she thanked Council Member Popson for his assistance with the necessary certification classes.

Staff continues to work on identifying the tutoring needs of the island children. IT is working with the Recreation Department to expand the internet bandwidth to support this effort. They are also working on a recess offering for children who are participating in online schooling.

Director Page reviewed upcoming special events such as the Yard Sale (9/19), Ghostly Tide Tales (10/23), Pumpkin Painting (10/16), and the Halloween Carnival (10/31). Registration for the Halloween Carnival begins October 5. The IOP Connector Walk & Run has been cancelled for this year, but monies raised to date will still benefit local charities. The Holiday Street Festival will go on but will offer different activities supporting social distancing.

While there will be no league softball due to insufficient signups, basketball, soccer, and table tennis are in full swing. Overall, she is enthusiastic about participation levels in Recreation Center activities. There have been no COVID-related issues as of late, and the staff continues to take every precaution to prevent its spread.

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She shared that the Recreation Department now has its own Facebook page. Council Member Smith encouraged Committee members to promote the Facebook page.

5. **Old Business -- none**

6. **New Business**

A. **Discussion of Recreation Department support for senior citizens during the COVID-19 crisis**

Director Page shared that 32% of all current Recreation Center participants are seniors (55 years of age and older). They are staying in touch with members of the Keenagers group, which they plan to restart in October. No one signed up for the recent offering of grocery delivery to the elderly.

Council Member Smith asked staff to look into the program Sullivan's Island has pairing an elderly member of the community with a younger family.

B. **Discussion of opportunities to support paddle sports in the community**

Committee members discussed places in the community where paddle sports might best serve the community. Council Member Smith would like to see a kayak storage facility available to residents to support the effort. Council Member Popson and Director Page agreed that the Marina was not the safest place for paddle sports in light of the number of boats and other motorized activities in the area. Asst. Administrator Hanna said staff has begun discussions with the Exchange Club about the possible and future use of their dock for such an endeavor. Council Member Popson said he would bring the issue of a kayak storage facility up to the Real Property Committee.

Council Member Smith would like for the Recreation Committee to "help be a voice" encouraging paddle sports on the island and to investigate the possibility of teaming up with marina business to promote the effort. She also asked for staff to investigate the viability of the marina as a place for paddle sports, what are the pros and cons for the use of that space for paddle sports, and what would need to be done to the dock to make it possible. She would also like to discuss with the marina operator about not charging residents who want to launch from the Marina.

C. **Discussion of landscaping practices and related chemical use at the Recreation Center**

Director Page reviewed outdoor chemical use at the Recreation Center. She said Roundup is used very little and "we use other things for the dollar weed and the broadleaf that does not kill the grass." What is used is listed as "safe to use around children or pets when they are applied properly. So typically, anything we apply to any of our fields, we do it when the sun's out in the mornings when there is no one using the fields. Now, obviously we have to treat the mole crickets and grubs and those type things, so we do have to use some insecticides there, but we always surround the field with "Field Closed" signs. Technically, all the chemicals are watered in so for a child or a dog to have some side effects or be poisoned by this, they would almost

have to literally eat the dirt." The Recreation Center staff is looking into lower-risk and safer chemicals.

7. **Miscellaneous Business**

Council Member Popson thanked Recreation Center staff for their extra effort and "heavy lifting."

The next meeting of the Recreation Committee will be on Monday, October 5, 2020 at 5pm.

8. **Adjournment**

Council Member Moye made a motion to adjourn, and Council Member Popson seconded the motion. The meeting was adjourned at 5:46pm.

Respectfully submitted,

Nicole DeNeane
City Clerk

RECREATION DEPARTMENT
MONTHLY REPORT
September 2020

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Aaron Sweet, Recreation Supervisor (athletics)
Christopher Bako, Parks & Grounds Supervisor
Andrea Harrison, Recreation Supervisor (special events)
Holly Norton, Community Specialist
Joshua Key, Parks & Facilities Specialist

PROGRAMS AND CLASSES

The Recreation Department Activity Guide for the fall is located on the City's webpage.

Cheernastics
Cheer and tumble class is held on Tuesdays at 5:00pm. Class is for children ages 4 – 8 years old. Class is full with eight (8) participants. The next session is scheduled to start Tuesday, October 27th, registration is currently open. Instructor Kaylie Penninger

Dog Obedience
Dog Obedience classes are started Monday, September 14th. Kinderpuppy small breed class will be held at 6:30 p.m. and larger breed will be held at 7:30 p.m. Classes are full with six (6) participants in each class. The next session is scheduled to start October 26. Instructor, Susan Marett

Fitness Classes
Suspension Training: The popularity of the outdoor class has grown and the recreation department was able to accommodate two more participants this month. Class is full with eight (8) participants. Class is held on Mondays, Wednesdays & Fridays at 8:00 a.m. under the picnic shelter. Reservations are required before attending classes. Instructor, Pat Boyd
Core Strength: Seven (7) participants have been attending class inside the facility in the High Tide/Low Tide Room. Six (6) participants have been attending the class through the zoom option. Reservations in advance are required. The zoom link is emailed out to participants 1 hour before class starts. Classes are held Mondays, Tuesdays & Thursdays at 8:30 a.m. Monday class is live only. The Tuesday and Thursday classes have the zoom option for participants. Angela Reinhardt
Barre: Four (4) people have been attending class live in person. Four (4) people have been attending the Zoom class from home. Class is held on Fridays at 8:30 a.m. Barre is a $10 per class, $32 for the month. Instructor, Angela Reinhardt
Cardio and Core: A new evening class started Monday, September 14th at 5:30 p.m. Class will be cardio based with a core finisher. Three (3) people have been attending the evening class. Instructor, Elizabeth Hudson
Full Body Sculpt: A new evening class started Tuesday, September 8th at 5:30 p.m. Class will be weights and strength training focused working on all major muscle groups. Four (4) people have been participating in class. Instructor, Elizabeth Hudson

Gather and Knit
Gather and Knit began on Monday, September 14 at 10:00 a.m. The group will continue to meet in the Magnolia Room.

Gymnastics
The Gymnastics class was split into two age groups, the class size is limited to eight (8) participants. The 3 & 4 year old class is held at 3:30 p.m. with four (4) students enrolled. The 5 & up class is held at 4:15p.m. with seven (7) students enrolled. Class started on Tuesday, September 15. The next session is scheduled for Tuesday, October 27 registration is now open. Instructor Kaylie Penninger

IOP Kids
The IOP Kids program is for children 3 & 4 years old by September 1, 2020. The IOP Kids program is full with eight (8) students enrolled on Mondays/Wednesday/Fridays and Tuesday/Thursdays. Isle of Palms City Departments, Public Works, Fire and Police Department all visited the group this month for community outreach. The class meets Monday – Friday 9am – Noon. Instructor: Cathy Adams.

Line Dancing
Seven (7) people have been attending class. A beginner was added to the schedule on Thursday, September 3 at 8:30 a.m. Three (3) people have been attending the 8:30 a.m. class. Class is $5 per person. Instructor, Trisha Leonard.

Over 50 Fitness
Class is held on Tuesdays & Thursdays from 2:30 p.m. – 3:30 p.m. Class is full with seven (7) participants. Instructor Judy Fischer.

Saturday Yoga
Five (5) people have been attending class, three (3) in studio and two (2) via zoom. The class drop in fee is $12, no packages will be offered at this time. Participants will need to call and reserve their space, class will be limited to 9 people. All participants will need to bring their yoga mat to class. Instructor Jen DeGoyler.

Tae Kwon Do
Classes are held on Saturday mornings from 9:00 a.m. – 10:30 a.m. for both youth and adults. An adult class was added on Wednesdays, September 9 from 6:30 p.m. – 8:00 p.m. Class fee is $20 for Isle of Palms Residents and $25 for non-residents. Instructor, Jack Emmel

Tai Chi
Four (4) ladies have been attending the class. Participants are interested in adding a second class, staff is looking at options of room availability and times. Instructor, Connie Cossetti

Tennis Lessons, Youth
Tennis lessons resumed on Tuesday, September 15. Classes are offered for a variety of age groups and skill levels. Tiny Tennis: Ages 4-5yrs is held at 3:30 p.m. – 4:00 p.m. Red Ball: Ages 6 -7 yrs is held at 4:00 p.m. – 5:00 p.m. Orange Ball: Ages 8-10yrs is held at 5:00 p.m. – 6:00 p.m. and Green Ball: Ages 9 & up is held at 6:00 p.m. – 7:00 p.m. All classes are full with six (6) to eight (8) children enrolled. Corinne Enright.

Tennis Lessons, Adult
Adult lessons were put on hold for two weeks, due to the instructor's family remote learning schedule. Adult classes resumed September 22nd and are held 8:30 a.m. and 9:30 a.m. A group of 6-8 adults have been participating in the lessons. Instructor Corinne Enright

Wood Carvers
The wood carver group resumed on Wednesday, September 9 at 10:00 a.m. The group will meet in the Tadpole Room.

ATHLETICS

Adult Athletics

Adult Softball
The next league will begin spring 2021.

Adult Fall 3 on 3 Basketball
The league started on Tuesday, September 8th. There are a total of 4 teams participating.

Adult Fall 6 vs. 6 Soccer
The league started on Tuesday, September 1st. There are a total of 6 teams participating.

Adult Fall Table Tennis Singles League
The league started on Tuesday, September 8th. A total of 12 players are competing.

Youth Athletics

Fall 2020 Youth Soccer
A total of 141 children playing fall soccer for the IOP Recreation Department with ages ranging from 3-12years old. Games began in September.

Youth Soccer Registration

3-4yr	Fast Start	Total: 21	IOP: 16	SI: 2	Non-resident: 3
5/6	Soccer	Total: 36	IOP: 28	SI: 3	Non-resident: 5
7/8	Soccer	Total: 36	IOP: 29	SI: 2	Non-resident: 5
9-12	Soccer	Total: 48	IOP: 42	SI: 4	Non-resident: 2

Winter 2021 Youth Basketball
Youth basketball registration will begin on October 5th for IOP/SI residents and Non-Residents can register beginning on October 12th. Registration for youth basketball will conclude on November 6th. IOP residents registration fees are $30 per child and non-residents fees are $55 per child.

COMMUNITY SPECIALIST

Communication:

Called Keenagers to check on their needs and relay information regarding October luncheon.
Assisted with notification to coaches and players regarding cancelled games.
Checked the City's website for updates and changes.
Processed reservations and registrations for workout classes
Updated the front lobby information center.
Assisted with signage around the Recreation Department building and grounds.

Programs:

Checked in and received payments from participants for all classes.
Maintained list of participants using the cardio room.
Assisted with setup for Zoom workout classes.
Assisted with setup and cleanup of IOP Wellness Fair.
Assisted with IOP Kids Program.

Building Maintenance:

Cleaned and sanitized the front lobby daily, cardio room and work out equipment after use
Assisted with housekeeping when needed.

SPECIAL EVENTS

Annual Community Yard Sale: The Community Yard Sale was held on September 19th from 8:00 a.m. – 12:00 p.m. Twenty one (21) vendors participated.

Keenagers: Keenagers Social Program will be held October 7 with a catered (boxed) lunch. Thirty-five (35) are expected to attend.

Ghostly Tide Tales: Ghostly Tide Tales is scheduled for Friday, October 23rd from 6:00 p.m. – 7:00 p.m. at Front Beach with public parking available in the Municipal Lot B. Tiki Torches will be used to illuminate the Beach Access beside Sea Cabins. This pathway will lead to an event layout including sixteen (16) fire barrels (an increase of eight) to allow more social distancing. Performers from the Crab Pot Players will entertain attendees with family- friendly ghost stories.

Halloween Carnival: This year, the Recreation Department will host a Halloween Golf Cart "Costume Contest" Parade. Prizes donated by "The Windjammer" and "New York Butcher Shoppe" will be awarded to the top three (3) best decorated carts. This event is scheduled for Saturday, October 31st from 4:00 p.m. – 6:00 p.m. "Just Beach Golf Cart Rentals" and "Isle of Palms Golf Cart Rentals" have agreed to provide carts at a discount to residents if needed. At the end of the parade route, there will be a Drive-Thru Haunted House and Candy Station. Food trucks will be on site so that families can drive up, purchase a hot meal before returning home. This is a free outdoor event. All those wishing to participate must pre-register. Registration begins Monday, October 5. Registration forms are available on the City's website.

Pumpkin Painting: Pumpkin painting registration is almost filled. It will be held Thursday, October 16th at 2:00 p.m. Children ages seven (7) to fourteen (14) are invited to paint pumpkins with the Recreation staff. Cost is $5.00 and participants must be registered by Wednesday, October 9th.

Community Cholesterol Screening & Flu Shots

The Recreation Department has partnered with Sea Island Medical Care and Delta Pharmacy to provide Free Cholesterol Screening and Flu vaccine to the Island Residents and surrounding community on Thursday, October 22 from 7:30 a.m. – 10:30 a.m. Those wishing to participate must register no later than Friday, October 16 before 5:00 p.m.

Holiday Craft Workshop: A Holiday Craft Workshop for children of all ages is scheduled for November 24th at 10:00 a.m. Children will enjoy creating a craft for the Holiday season. This activity is $5.00 and the deadline for registration is Nov. 18th.

Santa's Cookie Workshop. Children (ages 14 & under) - Santa's Cookie Workshop will be held December 10th at 3:30 p.m. There is no fee and participants must register by December 4th.

Holiday Street Festival: A Holiday Festival & Movie will be held Saturday, December 5th on Front Beach. The Festival will run from 3:30 p.m. – 6:00 p.m., with the annual Christmas Tree Lighting scheduled for 5:45 p.m. Arts and craft vendors will be set up along with Island restaurants and limited food trucks The movie will begin promptly at 6:00 p.m. lasting approximately ninety (90) minutes. It will be a free event to the public. Attendees are encourage to bring lawn chairs for the movie.

Movie & Dodgeball: Children (ages 5-12) - December 30th will have the opportunity to play dodgeball, eat pizza and watch a movie. The registration deadline for this activity is December 28th. Fee is $10 IOP resident and $15 Non-resident.

PARKS & FACILITIES

Housekeeping

Performed routine housekeeping duties and monthly inspections.
Disinfected gymnastics equipment, class rooms and children's toys.

Revised Cleaning schedule:
Disinfect whole facility upon opening every morning.
Bathrooms are disinfected at least twice daily (around 10:00 AM and 12:30 PM) and deep cleaned and mopped every afternoon (2:30-3:30 PM).
Classrooms are disinfected first thing in the morning (7:00-7:30 AM) and at least once when not in use throughout the day. The rooms are mopped or auto-scrubbed at least twice a week.
High/Low Tide room is disinfected every day before and after class and the floors are dust mopped after every class and auto-scrubbed or mopped twice weekly.
The playground is disinfected daily around 8:00 AM and/or when not in use.
The cardio room is disinfected at least twice daily, typically after every use. The machines are wiped down, the floor is swept daily and mopped twice a week.
Disposable paper towels and mops are used to clean and wipe surfaces and floors.

Interior Maintenance

Serviced, lubricated and cleaned Cardio room equipment.
Machine-scrubbed the facility halls, class rooms and gym floor.
9/17- Took down yard sale stuff from upstairs storage. Prepared for yard sale.
9/17- Updated HVAC inventory list.
9/18- Replaced 2 lightbulbs in Hi/Low Tide room.
9/18- Repaired leak in hallway outside Maintenance closet.
9/19- Setup for and worked Yard Sale.
9/23- Repaired faucet in breakroom.
9/24- Setup for Employee Wellness Day.

9/24- Replaced shower handle connector in office bathroom.
9/25- Removed tape, deep cleaned and renumbered folding tables.

Exterior Maintenance

Inspected equipment, collected lost & found items and removed debris around the playground.
Removed trash and debris from around the building.
Sanitized the playground equipment daily.
Sprayed for wasps.
9/11- Power-washed exterior of building

Service Projects

9/1- Snapsports- Finished installing gym floor and painted the court lines.
9/14- Berkeley Heating & Air- Performed Preventative Maintenance on all HVAC units.
9/18- East Coast Pest Management- sprayed facility for insects

PARKS & GROUNDS MAINTENANCE

Completed monthly inspections and reports
Attended staff meetings

Recreation Grounds

Adjusted irrigation
Completed monthly inspections on playground equipment.
Mowed and groomed all athletic fields and treated for fire ants
Filled holes in Bark Park and adjusted fence and gate

Soccer Field

Sent soil samples to Clemson for analysis and advice on pest & insect control
Lined and installed goals for soccer season.
Sprayed selective herbicide and over seeded field.
Applied insect control to combat mole crickets, army worms and fire ants.

Equipment

Cleaned Toro Workman and golf cart
Cleaned and performed maintenance on mowers
Replaced blades on all mowers

Miscellaneous

Received quote to repair outdoor basketball court damage
Chris Bako is a member of the Safety Team representing the Recreation Department.
Continue to utilize the Recreation Facebook page for upcoming events and programs.
Participate in regular Zoom meetings with the Regional and State Recreation Directors.
Continue to communicate with MUSC Health regarding operation updates related to COVID 19