



### **Recreation Committee**

8:00 a.m., Monday, April 12, 2021  
1207 Palm Boulevard,  
Isle of Palms, South Carolina

The public may view the meeting virtually by clicking here: <https://www.youtube.com/user/cityofisleofpalms>

### **Public Comment:**

All citizens who wish to speak during the meeting must email their first and last name, address and topic to [rhanna@iop.net](mailto:rhanna@iop.net) no later than **3:00 p.m. the business day before the meeting.**

Citizens may also provide written public comment here:  
<https://www.iop.net/public-comment-form>

### **Agenda**

1. **Call to order** and acknowledgment that the press and the public have been duly notified of the meeting in accordance with the Freedom of Information Act.
2. **Approval of previous meeting's minutes** – March 1, 2021
3. **Citizens' Comments**
4. **Departmental Report** – Director Page
5. **Old Business**
  - a. Discussion of outlook for classes and activities in the Summer
  - b. Discussion of adjustments and impacts related to COVID-19 on recreation programming
6. **New Business**

Discussion of organized outdoor/beach recreation opportunities
7. **Miscellaneous Business**

Next meeting date: 8:00 a.m., Monday, May 3, 2021
8. **Adjournment**



**Recreation Committee Meeting  
8:00am, Monday, March 1, 2021  
Virtual Meeting via Zoom call due to COVID-19 Pandemic  
broadcasted live on YouTube: <https://www.youtube.com/user/cityofisleofpalms>**

**MINUTES**

**1. Call to order**

Present: Council members Buckhannon, Pounds, and Smith

Staff Present: Administrator Fragoso, Asst. Administrator Hanna, Director Page

**2. Approval of the previous meeting's minutes – February 1, 2021**

**MOTION: Council Member Buckhannon made a motion to approve and Council Member Pounds seconded the motion. The motion passed unanimously.**

**3. Citizens' Comments**

One citizen's comment was received regarding summer camp eligibility. It is posted on the City's website alongside the agenda for this meeting.

**4. Departmental Reports – Director Page**

Director Page reviewed some of the new offerings including pickleball classes and the formation of a pickleball league, a league for table tennis beginners, and youth baseball. A soccer camp will be offered during Spring Break.

She spoke to Kitty at the IOP Exchange Club about joint recreational offerings between the Exchange Club and the Recreation Department at the Exchange Club dock. Kitty will share that suggestion with the Board to see if there is any interest in pursuing the matter further.

There has not been success yet in setting up a coastal environmental education class. Director Page is reaching out to a resident with expertise in that area to see if he would be interested in leading such a class.

She reported on the hot water heater malfunction at the Recreation Department. Staff did a wonderful job in helping clear the building of water on an early Saturday morning. Insurance will cover the costs of the new floors needed. The City will replace the 60-year-old water heater.

Recreation grounds are being cleared of old shrubbery, and they are working Assistant Director Asero on new plantings.

Director Page reviewed the COVID-19 protocols for basketball as included in the meeting packet. There are currently no plans for Open Gym until further COVID-19 related restrictions are lifted. The gym is currently being used for overflow classes.

She reported on a meeting she had with MUSC personnel regarding safe COVID-19 related measures for youth baseball.

Upcoming special events include the drive-in movie in the Municipal Parking Lot (3/6), Easter Egg Drop (4/4), Yard Sale (4/17), and Music in the Park (5/1), which will be followed by Movie in the Park. Social distancing will apply to these events as needed.

**5. Old Business**

**A. Discussion of outlook for classes and activities in the Spring**

In addition to what was covered in the Departmental Report, Director Page shared that DNR is offering resident participation in their own classes such as boating safety, shorebirds, and pond management.

**B. Discussion of adjustments and impact related to COVID-19 on recreation programming – covered in the departmental report**

**C. Discussion of potential partnership opportunities for recreation activities such as kayaking and paddle boarding – covered in the departmental report**

**D. Update on implementation of Coastal Environmental Science education class – covered in the departmental report**

**6. New Business**

**A. Discussion of FY22 Operating Budget for the Recreation Department**

Asst. Administrator Hanna noted that the Recreation Department's FY22 budget is the same as before except for the additional IT services (online registration software) and facilities maintenance. Council Member Pounds said that expense levels seem a big jump compared to last year but are in fact at pre-COVID levels.

Administrator Fragoso said the budget assumes a lot of "going back to normal." The two biggest increases are in maintenance and IT services. The new software will create efficiencies for the staff. Improved live-streaming equipment is also being budgeted to allow for expanded meeting and class participation.

A brief discussion was held about the possibility of an event to acknowledge the end of COVID restrictions when the time comes.

Council Member Pounds asked about the increase in salaries in the budget to which Administrator Fragoso said, "That number assumes reinstating the 2020 2.5% merit and FY21 2%. There is nothing in it for FY22, and I think that was a conversation with the rest of Council at the workshop."

**B. Update on implementation of Commercial Surf Instruction ordinance**

Asst. Administrator Hanna briefly reviewed the process by which potential surfing instructors can apply and be approved.

**C. Discussion of Summer Camp registration and preview of programming**

Director Page said the registration process will be the same as last year using the same COVID-19 guidelines. Small groups of children will be kept with the same counselor throughout their time at camp.

Campers are assigned weeks to attend camp by a lottery system handled by the RecTrack software. She shared that grandchildren or nieces and nephews of residents are eligible to register for camp if they live at least 50 miles from the Isle of Palms. She anticipates the camps will be filled with island residents due to the reduced numbers of campers permitted.

**7. Miscellaneous Business**

The next meeting of the Recreation Committee will be on Monday, April 5, 2021 at 8am. Asst. Administrator Hanna said the goal is to offer a hybrid of in-person and Zoom for next month's meeting. Council Member Buckhannon said it is important to offer the same level of service and accessibility to citizens who want to engage with their government. He said he is willing to wait for in-person meetings until the IT infrastructure offers that level of accessibility.

**8. Adjournment**

Council Member Buckhannon made a motion to adjourn, and Council Member Pounds seconded the motion. The meeting was adjourned at 9:03am.

Respectfully submitted,

Nicole DeNeane  
City Clerk



# **RECREATION DEPARTMENT MONTHLY REPORT March 2021**

**STAFF:** Norma Jean Page, Recreation Director  
Karrie Ferrell, Assistant Director (programs)  
Aaron Sweet, Recreation Supervisor (athletics)  
Christopher Bako, Parks & Grounds Supervisor  
Jenea Taylor, Recreation Supervisor (special events)  
Holly Norton, Community Specialist  
Joshua Key, Parks & Facilities Specialist

## **ATHLETICS**

### **Adult Athletics**

#### **Adult Spring Softball**

Games are played Thursday evening. A total of three teams (60 participants) have registered.

#### **Adult Spring 3 on 3 Basketball**

Games are played on Tuesday evening. A total of five teams (30 participants) have registered. COVID-19 guidelines have been developed to ensure we are following best practices for the safety of all participants.

#### **Adult Spring 6 vs. 6 Soccer**

Games are played on Tuesday evening. A total of four teams (48 participants) have registered.

#### **Adult Spring Table Tennis Singles League**

Games are played on Tuesday afternoon. A total of nine players have registered.

#### **Adult Pickleball League Singles**

Registration is open for a beginner's and an intermediate league. Game schedules will be developed by Recreation Staff, posted on the recreation website and distributed to each league player. Once schedule is distributed, players will have one (1) week to play their scheduled match. Time of match must be agreed upon both players. Winning player is responsible for turning scores in to Recreation Staff within 24 hours of scheduled match and may do so by email.

- Register by April 12th, league fees due upon registration, players will designate their level of play upon registering
- Players provide their own equipment
- Tennis court nets are used.
- April 19 - June 7 weekly league schedule
- \$10 per player, per league (can only register for one league)

## **Youth Sports**

### **Youth Baseball (Ages 3-12)**

All baseball leagues have started game play. Baseball participants will receive a medal, jersey and a hat. Youth Baseball Picture Day will be held April 14<sup>th</sup>. COVID-19 guidelines have been developed to ensure we are following best practices for the safety of all participants.

#### **Youth Baseball Registration (as of February 22, 2021)**

Fast Start Baseball	Total: 32	IOP Resident: 14	Non-resident: 15	S.I.: 3
5/6 T-Ball	Total: 36	IOP Resident: 29	Non-resident: 5	S.I.: 2
7/8 Machine Pitch	Total: 39	IOP Resident: 29	Non-resident: 8	S.I.: 2
9-12 Youth Baseball	Total: 30	IOP Resident: 22	Non-resident: 6	S.I.: 2



## **Athletic Events**

### **Spring Break Soccer Camp**

Partnering with Soccer Shots of Charleston the Isle of Palms Recreation Department will be offering a youth soccer camp during Charleston County School Districts spring break for children ages 4 – 12yrs old. Campers must provide their own snacks and water bottle. As of March 29<sup>th</sup> a total of 19 children have registered for the camp.

April 5 – April 9

9 a.m. – Noon

\$150 per child IOP Residents/\$155 per child Non-Residents

Minimum: 6 participants

### **IOP Beach Run**

The IOP Beach Run will be held on Saturday, July 31, 2021 at 8:00 a.m. Staff is currently securing potential sponsors to confirm their support. Online registration will begin shortly.

## **PROGRAMS AND CLASSES**

The Recreation Department Activity Guide for the Winter/Spring is located on the City's webpage. Current classes, athletics and special events can be found in the update guide. Classes, programs, athletics and special events are also posted on the Recreation Department's Facebook page.

### **Cheernastics**

Cheernastics has eight (8) registered participants for the April 13 session. Class is held on Tuesdays at 5:00 p.m. The April session will be the last session for the season. Instructor Kaylie Penninger

### **Chair Fitness: Senior Exercise Class**

Fourteen (14) seniors have been participating in the senior exercise class. Participants meet in the gymnasium for class and utilize chairs, resistance bands and light weights. The participants are able to social distance in the space and have plenty of room for walking cardio fitness. Class was designed for beginners. Class is \$5 per participant or monthly class pass of \$35. Instructor, Marie Keller.

### **Dog Obedience**

Both Kinderpuppy classes are full with six (6) participants, the 6:30 p.m. class is for small breed dogs and the 7:30 p.m. class is for large breed puppies. The next session of Kinderpuppy is scheduled to begin April 19 and both classes are already full. Instructor, Susan Marett

## **Fitness Classes**

**Suspension Training:** Class is full with nine (9) participants. Class is held on Mondays, Wednesdays & Fridays at 8:00 a.m. Participants are required to make reservations before attending classes. Class is held under the picnic shelter but has utilized the gymnasium on cold or rainy days. Instructor, Pat Boyd

**Core Strength:** Nine (9) participants have been attending class in the High Tide/Low Tide Room. Seven (7) participants have been attending the class through the zoom option. All participants are required to reserve their space for classes in advance. The Zoom link is mailed out in a monthly calendar format. Classes are held Mondays, Tuesdays & Thursdays at 8:30 a.m. Monday class is live and in person class only. The Tuesday and Thursday classes have the zoom option for participants. Angela Reinhardt, Instructor.

**Barre:** The class currently has ten (10) participants, five (5) have been attending live classes and five (5) people have been attending through Zoom. Class is held on Fridays at 8:30 a.m. Barre is \$10 per class, \$32 for the month. Instructor, Angela Reinhardt

**Cardio and Core:** Three (3) people have been attending the evening cardio class. Class is held on Mondays at 5:30 p.m. Reservations are required. Instructor, Elizabeth Hudson

**Full Body Sculpt:** Five (5) people have been participating in the weights and strength class. Class is held on Tuesdays at 5:30 p.m. Reservations are required. Instructor, Elizabeth Hudson

### **Gymnastics**

Five (5) participants are enrolled in the 3 & 4 year old class that begins April 13 at 3:30 p.m. The 5 & up class, held at 4:15 p.m. is full with twelve (12) participants. The April 13 session of gymnastics is the last class for the season. Instructor Kaylie Penninger

### **IOP Kids**

The IOP Kids program is full. Eight (8) students are enrolled on Mondays/Wednesday/Fridays and Tuesday/Thursdays.

Registration for the 2021-2022 school year is open. Monday/Wednesday/Friday class is full for next year but there are a few spaces available for Tuesday/Thursdays. Instructor: Cathy Adams.

### **Line Dancing**

Seven (7) people have been participating in the beginner class at 10:30 a.m. The Intermediate class meets at 9:30 a.m. with six (6) participants. Class are held on Thursdays.

### **Over 50 Fitness**

Class is held on Tuesdays & Thursdays from 2:30 p.m. – 3:30 p.m. Class is full with eight (8) participants. Instructor Judy Fischer.

### **Saturday Yoga**

Seven (7) people have been attending class, five (5) in studio and two (2) via zoom. The class drop in fee is \$12, no packages will be offered at this time. Participants are required to sign up in advance to reserve a space. Participants are required to bring their own yoga mat to class. Instructor Jen DeGoyler.

### **Tae Kwon Do**

Tae Kwon Do classes are running smoothly. Youth and family classes meet on Mondays at 6:30 p.m. eight (8) students are enrolled in the Monday youth class. Adult open belt classes meet Wednesday evenings and Saturday mornings, currently fourteen (14) students have been participating. Instructor, Jack Emmel



### **Tai Chi**

Four (4) ladies have been attending the class. Instructor, Connie Cossetti

### **Tennis Lessons, Youth**

The next session of tennis is scheduled for May 4 – June 1, the class will be a 5 week session. Registration for the May session will open Wednesday, April 14. Tiny Tennis, Red Ball, Orange Ball and Green Ball classes will be held during the May session. Tennis Camp registration opened Tuesday, March 23<sup>rd</sup>. Red Ball Tennis Camps, scheduled for June 21 – June 24 and July 12 – July 15 are both full with eight (8) participants. Orange Ball camp is scheduled for June 28 – July 1, camp is full with six (6) participants. The Green Ball tennis camp is scheduled for July 19 – July 22 currently three (3) participants are registered. Instructor, Corinne Enright.

### **Tennis Lessons, Adult**

Adult lessons are held on Tuesdays at 8:30 a.m. and 9:30 a.m. Approximately 10-12 people have been participating. Instructor Corinne Enright

### **Wood Carvers**

The wood carver group meets at 10:00 a.m. on Wednesdays in the Tadpole Room.

## **2021 New Class Update**

### **Little Lotus Yoga**

Yoga for kids is held every Tuesday at 12:00 noon. Participants can pay by the month or take advantage of the walk-in fee of \$10. Currently five (5) participants are enrolled in the class. Participants will grow into their own practice with games, music and age appropriate journaling. Instructor, Jen Rogers.

### **PickleBall Lessons**

Currently seven (7) people are participating in the Pickleball Lessons. Most participants are beginners and interested in learning the game. Pickleball lessons will continue through the spring and summer, session to be announced. Instructor, Geri D'Italia

### **Over 50 Yoga**

Class is held on Mondays and Wednesdays at 12:30 p.m. Participants can either take part by zoom or live in person. Live classes are limited to nine (9) people. Currently three (3) are taking class in person and four (4) are participating by Zoom. Instructor, Judy Fischer.

### **Over 50 Pilates**

Class is held on Tuesdays and Thursdays at 1:30 p.m. Participants can take part live in person or by zoom. Class is limited to 9 spaced for live instruction. Currently four (4) are taking class in person and three (3) are taking part in the zoom sessions. Instructor, Judy Fischer.

### **FitBody in 50**

FitBody class is back, 50 minute workout to help participants reach their optimal level of fitness. Five (5) people are enrolled in the class. Class is held Wednesdays and Fridays at 10:30 a.m., class space is limited and advanced reservations are required. Instructor, Geri D'Italia

## **Special Interest Classes**

### **Boater Safety workshop**

The first Boater Safety workshop will be held in person, on Saturday, April 3 at 9:00 a.m. Fifteen (15) participants are registered for the Boater Safety Class. Class is instructed by SCDNR.

### **Environmental Series**

Staff is working with Julie Cliff, retired Marine Science teacher from Wando High School to put together an environmental series to be conducted through the Recreation Department. Mrs. Cliff and the staff are working on the curriculum and hopefully will begin in May. Depending on topics, classes will be held inside and outside. Staff is exploring walking access to a marsh location and of course the beach for hands on experience. Topics will dictate the locations.

## **Community Specialist**

### **Daily**

Provide training for new part time staff on Front Desk operations.  
Review the City's website for updates and changes.  
Register participants for programs, athletics and activities.  
Receive incoming calls regarding Recreation operations.  
Update check in sheet for Cardio Room participation.  
Check in and record payments for class participation.  
Email invoices to class participants.  
Notified participants when classes have been postponed or cancelled.  
Called Keenagers (seniors) often to see if they needed anything and to remind them of the monthly meeting.  
Update media/information center as needed.  
Posted necessary signage regarding classes, COVID and closures.  
Assisted with check in for Adult basketball.

### **Other**

Take minutes at weekly staff meetings  
Assisted with Keenagers Luncheon setup and clean up.  
Assisted with set up and cleanup of Adult basketball.  
Set-up Zoom workout classes, as needed.

### **Building Maintenance**

Cleaned and sanitized the front lobby daily.  
Sanitized Cardio room after every use.  
Assisted with sanitizing workout equipment after classes.  
Assisted with removing flooring and removing water after a failed water heater



## **Parks & Grounds Maintenance**

### **Recreation Grounds**

Completed monthly inspections on playground equipment  
Mowed and groomed grounds and athletic fields  
Treated for fire ants, as needed  
Filled holes in Bark Park and filled scooper boxes  
Trimmed trees and bushes around baseball and softball fields  
Cleaned spectator bleachers at baseball field  
Sod was installed around dry pond area  
Raked mulch on playground in most active areas  
Mowed and removed weeds around playground and picnic areas  
Repaired swell on Northeast corner of soccer field for proper drainage

### **Recreation Building**

Check and cleaned gutters as needed  
Poured concrete support for washed out sidewalk section  
Worked with Parks & Facilities Specialist on replacement of Hot Water Heater  
Assisted with supervision of floor replacement

### **Athletic Fields**

Weeded baseball and softball infields  
Groomed infields for scheduled baseball and softball games and practices  
Applied appropriate products for post emergent weeds and insects  
Installed extra benches at baseball dugouts to encourage social distancing throughout season  
Fresh paint was applied to baseball field dugouts

### **Miscellaneous**

Securing pricing for installation of platform and hook up for generator  
Working on designs and pricing for Engraved Brick Paver walkway  
Coordinating with Robert Asero on new plantings around the facility  
Assisted with Keenager Luncheon  
Directed cars at the Drive in Movie that was held at the Municipal lot

## **SPECIAL EVENTS**

### **Keenagers**

The Keenagers senior social group potluck lunch was held on March 3<sup>rd</sup>. Twenty-nine (29) were in attendance. For this event due to the number of attendees, this event was moved into the gymnasium to comply with COVID-19 standards. The program included Bingo led by the IOP PD and prizes were given to the winners. The next luncheon will be held April 7<sup>th</sup>.

### **Drive-in Movie**

The Drive-In Movie was held on March 6<sup>th</sup> at 6:30p.m. Over 40 cars attended this event. The Police Department worked closely with Recreation staff to organize this event. The Police Staff also assisted with traffic control.,

## UPCOMING EVENTS

### **Easter Egg Drop**

Due to COVID – 19 the annual Isle of Palms Easter Egg Hunt has been changed to “Easter Egg Drop.” The recreation staff teamed up with the Police and Fire Departments to provide transportation for the Easter Bunny to visit homes of children living on Isle of Palms and drop off a bag of surprises. Both McGruff and Sparky will ride along with the Easter Bunny to help deliver the goody bags. The Easter Egg Drop will begin promptly at 9:00 a.m. on Saturday, April 3.

### **Yard Sale**

The annual Yard Sale will be held on Saturday, April 17 from 8:00 a.m.-12:00 p.m. on Hartnett Boulevard between 27<sup>th</sup> and 29<sup>th</sup> Avenues. Vendor spaces are 10’x10’ and limit two (2) per person. Only used or “like new” items can be sold. Vendor spaces are limited this year due to social distancing recommendations. All spaces are full and staff will investigate the possibility of a second yard sale sometime in the near future for those on a waiting list.

### **Day in the park**

In efforts to provide activities for all age groups while continuing to deal with Covid-19 and social distancing recommendations, the Recreation Staff developed a somewhat new event called “*Day In The Park*”. This was formally known as “*Music in the Park*”. Day in the Park will begin at 3:00 p.m. with *Yee-haw Junction* performing until 5:00 p.m. and followed by *The Blue Plantation Band* from 5:00 p.m. – 7:00 p.m. These performances will be held around the Picnic shelter area with food trucks available for refreshments. Then at 8:00 p.m. the movie “*The Croods*” will be presented on the multipurpose field and end around 10:00 p.m. Golf carts and coolers will not be allowed on the multi-purpose field, only blankets and chairs. Food vendors/trucks will be on site from 2:00 p.m. - 10:00 p.m.

### **Camp Summershine**

Summershine and Wee Summer Camp registration officially opened Monday, March 29 at 8:00 a.m. for Isle of Palms Residents only. The lottery will take place on Monday, April 12 and those selected will be notified and invoiced requiring full payment on or before Friday, April 23. If spaces are available registration for non-residents will open on Monday, April 26 at 8:00 a.m. As of Tuesday, March 30 over 30 families have registered.

### **Sand Sculpting Competition**

The Annual Sand Sculpting Competition will be held on Saturday, June 5 from 9:00 a.m.-until on Front Beach, IOP. Prizes donated from participating sponsors will be awarded to the top three (3) in the categories of: Adult (21 and older), Family (at least one adult & one young adult or child), Young Adult (ages 15-20), Children’s (ages 14 and under), Best Architectural, Most Creative, and Best in Show – Overall. Sponsor prizes are being secured, awards are being ordered and picked up, shirts designs are being finalized and registration will begin shortly.



## **Parks & Facilities**

### **Housekeeping**

Performed routine housekeeping duties.  
Completed monthly safety inspections.  
Cleaned and serviced housekeeping maintenance equipment.  
Replaced and refilled air fresheners and other sanitary devices.  
Flush floor drains as needed.  
Disinfected gymnastics equipment.  
Cleaned the toys.  
Disinfected exercise equipment and rooms.

### Revised Cleaning schedule:

Disinfect whole facility upon opening every morning.  
Bathrooms are disinfected at least twice daily (around 7:20 AM and 10:45 AM) and deep cleaned and mopped every afternoon (2:30-3:30 PM).  
Classrooms are disinfected first thing in the morning (7:00-7:30 AM) and at least once when not in use throughout the day. The rooms are mopped or auto-scrubbed at least twice a week.  
High/Low Tide room is disinfected every day before and after class and the floors are dust mopped after every class and auto-scrubbed or mopped twice weekly.  
The playground is disinfected daily around 8:00 AM and/or when not in use.  
The cardio room is disinfected at least twice daily, typically after every use. The machines are wiped down, the floor is swept daily and mopped twice a week.  
Disposable paper towels are used to clean and wipe surfaces down, and disposable mops are used to clean the floors.

### **Facility Preparations**

Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

3/3- Setup and teardown of Keenagers in the gym.  
3/6- Worked Drive in Movie  
3/8- Moved gymnastics equipment and tables and chairs back into storage closets in Mag/Pal.  
3/9- Stored leftover flooring in the gym housekeeping closet.  
3/12- Moved bookshelves, books, and piano back into Magnolia room.  
3/25- Setup for Budget meeting in Mag/Pal room.  
3/26- Put away books, reorganized bookshelves in library.

### **Interior Maintenance**

Serviced, lubricated and cleaned Cardio room equipment.  
Unclogged toilets and drains as needed.  
Replaced light bulbs and ballasts as needed.  
Machine-scrubbed the facility halls, class rooms and gym floor.  
Dusted book shelves in Magnolia room.  
Scrubbed tile and grout lines in the bathrooms and kitchen.  
3/3- Replaced scrubber plug.  
3/5- Caulked around screw-hole that was source of leak in Low Tide room.  
3/5- Replaced ballast and 4 lightbulbs in Low Tide room (far left corner).  
3/12- Replaced vacuum breaker and flush handle in women's left stall in the gym bathroom.  
3/15- Reset clocks for daylight savings time.

- 3/15- Replaced 3 lightbulbs and ballast in Tadpole room.
- 3/16- Replaced 3 lightbulbs and ballast in Minnows room.
- 3/16- Replaced ceiling tile in hallway outside Housekeeping closet and taped ductwork.
- 3/19- Set 6 ultrasonic rat controls throughout the building and 3 Plugins in classrooms.
- 3/22- Replaced 3 lightbulbs in women's bathroom in the gym.
- 3/22- Replaced ballast in hallway across from Hi/Low Tide room.
- 3/23- Installed carpet on balance beam to help it slide easier on the new floor in the Mag/Pal room.
- 3/26- Replaced 3 lightbulbs in Magnolia room.
- 3/29- Touched up all red paint throughout the building.

### **Exterior Maintenance**

- Inspected equipment, collected lost & found items and removed debris around the playground.
- Removed trash and debris from around the building.
- Sanitized the playground equipment daily.
- Sprayed for wasps.
- 3/5- Applied caulk to seams on roof bark park side.
- 3/5- Drilled out weep-holes in the exterior block on the west side.
- 3/10- Cleaned out gutters, power washed front of building and rocking chairs.
- 3/31 – Cleaned playground equipment in preparations for painting

### **Service Projects**

- 3/2- **J Stephens Plumbing LLC**- replaced hot water tank in Sprinkler room. Accidentally damaged side door (dog park side) while bringing in the new water heater. We will get it fixed and they will reimburse us.
- 3/3-3/5 **Contract Flooring & Design**- Came back to finish installing Tarkett's OmniSports Reference Multiuse 6.2mm floor. The ripples that were in the hallway went away and the ripples in the Mag/Pal room were still there but improved slightly after letting the floor sit for 5+ days. They installed the floor with the multi epoxy adhesive and applied weights on the seams to help it hold so that there wouldn't be any bubbles. 3/4- When they went to roll back the floor in the hallway there was water underneath as it had seeped through the bottom of the floor from heavy rains. We applied concrete sealant all along the edge of the wall and will continue with the floor installation. We also asked the architect to come look at the wall.
- 3/12- **Larry Cantely from Carolina Professional Builders** inspected doors that are need of replacement or needed repair.
- 3/12- **Falcon Fire Systems**- performed annual inspection of fire alarm system. No issues
- 3/12- **Liberty Fire Protection**- performed annual sprinkler inspection. No issues.
- 3/19- **East Coast Pest Control**- came to spray facility for bugs.
- 3/31- **Liberty Fire Protection**- Performed annual inspection on extinguishers and hood test.



# Fitness Calendar April 2021

Isle of Palms Recreation  
Department

## Reservation Required for all Classes

(843) 886-8294

[www.iop.net](http://www.iop.net)

- Payment Required to hold Reservations
- Zoom Classes Available: \*Z: email [kferrell@iop.net](mailto:kferrell@iop.net) to participate

Yoga M/W/F 9:15am \$10 per class Outdoor Class, weather permitting	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5 8am Suspension Train 9am Core Strength/Bosu 9:15 Yoga 12:30 Over 50 Yoga 2:30 Senior Fitness 5:00pm Cardio & Core	6 8:30 Core Strength *Z 10:45 Tai Chi 1:30 Over 50 Pilates 2:30 Over 50 Fitness 5:00 Full Body Strength	7 8am Suspension Train 9:15 Yoga 10:30 Fit Body in 50 12:30 Over 50 Yoga *Z 2:30 Senior Fitness	8 8:30 Core Strength *Z 9:30 Line Dancing 10:30 Line Dancing 1:30 Over 50 Pilates *Z 2:30 Over 50 Fitness	9 8am Suspension Train 9:15 Yoga 8:30 Barre *Z 10:30 FitBody in 50	10 10:00 Yoga *Z
	12 8am Suspension Train 9am Core Strength/Bosu 9:15 Yoga 12:30 Over 50 Yoga 2:30 Senior Fitness 5:00pm Cardio & Core	13 8:30 Core Strength *Z 10:45 Tai Chi 1:30 Over 50 Pilates 2:30 Over 50 Fitness 5:00 Full Body Strength	14 8am Suspension Train 9:15 Yoga 10:30 Fit Body in 50 12:30 Over 50 Yoga *Z 2:30 Senior Fitness	15 8:30 Core Strength *Z 9:30 Line Dancing 10:30 Line Dancing 1:30 Over 50 Pilates *Z 2:30 Over 50 Fitness	16 8am Suspension Train 8:30 Barre *Z 9:15 Yoga 10:30 FitBody in 50	17 10:00 Yoga *Z
	19 8am Suspension Train 9am Core Strength/Bosu 9:15 Yoga 12:30 Over 50 Yoga 2:30 Senior Fitness 5:00pm Cardio & Core	20 8:30 Core Strength *Z 10:45 Tai Chi 1:30 Over 50 Pilates 2:30 Over 50 Fitness 5:00 Full Body Strength	21 8am Suspension Train 9:15 Yoga 10:30 Fit Body in 50 12:30 Over 50 Yoga *Z 2:30 Senior Fitness	22 8:30 Core Strength *Z 9:30 Line Dancing 10:30 Line Dancing 1:30 Over 50 Pilates *Z 2:30 Over 50 Fitness	23 8am Suspension Train 8:30 Barre *Z 9:15 Yoga 10:30 FitBody in 50	24 10:00 Yoga *Z
	26 8am Suspension Train 9am Core Strength/Bosu 9:15 Yoga 12:30 Over 50 Yoga 2:30 Senior Fitness 5:00pm Cardio & Core	27 8:30 Core Strength *Z 10:45 Tai Chi 1:30 Over 50 Pilates 2:30 Over 50 Fitness 5:00 Full Body Strength	28 8am Suspension Train 9:15 Yoga 10:30 Fit Body in 50 12:30 Over 50 Yoga *Z 2:30 Senior Fitness	29 8:30 Core Strength *Z 9:30 Line Dancing 10:30 Line Dancing 1:30 Over 50 Pilates *Z 2:30 Over 50 Fitness	30 8am Suspension Train 8:30 Barre *Z 9:15 Yoga 10:30 FitBody in 50	



# Isle of Palms Recreation Department




#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Programs, Athletics & Special Events

April

2021

SUN	MON	TUE	WED	THU	FRI	SAT
 <h2>Day in the Park</h2> <h3>Saturday, May 1</h3> <div> <div> <h3>Music</h3> <p>3:00pm - 7:00pm</p> <p>Blue Plantation Group &amp; Yeehaw Junction</p> </div> <div>  <h3>Movie</h3> <p>8:00pm</p> <p>The Croods "New Age"</p> </div> </div> <p><b>Food Trucks on site!</b></p>				<p>1</p> <p>8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 1:30 Over 50 Pilates 2:30 Over 50 Fitness 4:00 Acting workshop 5:15 9-12 Baseball Games 7:00 Adult Softball</p>	<p>2</p> <p>8:00 Suspension Training 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows</p>	<p>3</p> <p>9:00 TKD 10:00 Yoga</p> <h3>EASTER EGG DROP!</h3> 
4	<p>5</p> <p>8:00 Suspension Training 8:30 Core Strength/Bosu 9:00 Soccer Camp 9:15 Yoga 11:00 Pickle Ball 12:30 Over 50 Yoga 2:30 Senior Fitness 5:00 Cardio &amp; Core 6:30 Dog Obedience 6:30 TKD</p>	<p>6</p> <p>8:30 Core Strength 8:30 Adult Tennis 9:00 Soccer Camp 10:00 Table Tennis 10:45 Tai Chi 1:30 Over 50 Pilates 2:30 Over 50 Fitness 5:00 Full Body Sculpt 6:15 Adult Soccer 7:00 Adult Basketball</p>	<p>7</p> <p>8:00 Suspension Training 9:00 Soccer Camp 9:15 Yoga 10:00 Wood Workers 10:30 Fitbody in 50 <b>12:00 Keenagers</b> 12:30 Over 50 Yoga 2:30 Senior Fitness 6:30 TKD</p>	<p>8</p> <p>8:30 Core Strength 8:30 Adult Tennis 9:00 Soccer Camp 9:30 Line Dancing 10:00 Table Tennis 1:30 Over 50 Pilates 2:30 Over 50 Fitness 7:00 Adult Softball</p>	<p>9 <b>Camp Registration Ends</b></p> <p>8:00 Suspension Training 8:30 Barre 9:00 Soccer Camp 9:15 Yoga 10:30 Fitbody in 50</p>	<p>10</p> <p>9:00 Fast Start Baseball 9:00 5-6 T-ball Games 9:00 TKD 10:00 Yoga</p>
11	<p>12</p> <p>8:00 Suspension Training 8:30 Core Strength/Bosu 9:00 IOP Kids 9:15 Yoga 11:00 Pickle Ball 12:00 Mini Minnows 12:30 Over 50 Yoga 2:30 Senior Fitness 5:00 Cardio &amp; Core 5:15 7-8 Baseball Games 5:15 9-12 Baseball Games 6:30 Dog Obedience 6:30 TKD</p>	<p>13</p> <p>8:30 Core Strength 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 10:45 Tai Chi 12:00 Little Lotus Yoga 1:30 Over 50 Pilates 2:30 Over 50 Fitness 3:30 Gymnastics 5:00 Cheernastics 4:00 Baseball Practice 5:00 Full Body Sculpt 6:15 Adult Soccer 7:00 Adult Basketball</p>	<p>14</p> <p>8:00 Suspension Training 9:00 IOP Kids 9:15 Yoga 10:00 Wood Workers 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 2:30 Senior Fitness <b>5:00 Baseball Pictures</b> 6:30 TKD</p>	<p>15</p> <p>8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 1:30 Over 50 Pilates 2:30 Over 50 Fitness 4:00 Acting workshop 5:15 9-12 Baseball Games 7:00 Adult Softball</p>	<p>16</p> <p>8:00 Suspension Training 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows</p>	<p>17</p> <p>9:00 TKD 10:00 Yoga</p> <h3>IOP YARD SALE</h3> <p>8:00am - 12:00pm</p> 
18	<p>19</p> <p>8:00 Suspension Training 8:30 Core Strength/Bosu 9:00 IOP Kids 9:15 Yoga 11:00 Pickle Ball 12:00 Mini Minnows 12:30 Over 50 Yoga 2:30 Senior Fitness 5:00 Cardio &amp; Core 5:15 7-8 Baseball Games 5:15 9-12 Baseball Games 6:30 Dog Obedience 6:30 TKD</p>	<p>20</p> <p>8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 10:45 Tai Chi 12:00 Little Lotus Yoga 1:30 Over 50 Pilates 2:30 Over 50 Fitness 3:30 Gymnastics 5:00 Cheernastics 4:00 Baseball Practice 5:00 Full Body Sculpt 6:15 Adult Soccer 7:00 Adult Basketball</p>	<p>21</p> <p>8:00 Suspension Training 9:00 IOP Kids 9:15 Yoga 10:00 Wood Workers 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 2:30 Senior Fitness 4:00 Baseball Practice 6:30 TKD</p>	<p>22</p> <p>8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 1:30 Over 50 Pilates 2:30 Over 50 Fitness 4:00 Acting workshop 5:15 9-12 Baseball Games 7:00 Adult Softball</p>	<p>23</p> <p>8:00 Suspension Training 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows</p>	<p>24</p> <p>9:00 Fast Start Baseball 9:00 5-6 T-ball Games 9:00 TKD 10:00 Yoga</p>
25	<p>26</p> <p>8:00 Suspension Training 8:30 Core Strength/Bosu 9:00 IOP Kids 9:15 Yoga 11:00 Pickle Ball 12:00 Mini Minnows 12:30 Over 50 Yoga 2:30 Senior Fitness 5:00 Cardio &amp; Core 5:15 7-8 Baseball Games 5:15 9-12 Baseball Games 6:30 Dog Obedience 6:30 TKD</p>	<p>27</p> <p>8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 10:45 Tai Chi 12:00 Little Lotus Yoga 1:30 Over 50 Pilates 2:30 Over 50 Fitness 3:30 Gymnastics 5:00 Cheernastics 4:00 Baseball Practice 5:00 Full Body Sculpt 6:15 Adult Soccer 7:00 Adult Basketball</p>	<p>28</p> <p>8:00 Suspension Training 9:00 IOP Kids 9:15 Yoga 10:00 Wood Workers 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 2:30 Senior Fitness 4:00 Baseball Practice 6:30 TKD</p>	<p>29</p> <p>8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 1:30 Over 50 Pilates 2:30 Over 50 Fitness 4:00 Acting workshop 5:15 9-12 Baseball Games 7:00 Adult Softball</p>	<p>30</p> <p>8:00 Suspension Training 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows</p>	





**Isle of Palms Recreation Center**  
**#24 28th Avenue**  
**Isle of Palms, SC 29451**  
**(843)886-8294**



## **APRIL CLASS SCHEDULE AND SPECIAL EVENTS**

Reservation required for all fitness classes, call to reserve or to access Zoom classes

**Monday:**  
**SUSPENSION TRAINING** 8:00am  
  
**CORE STRENGTH/BOSU** 8:30am  
  
**OVER 50 YOGA** 12:30pm  
\*Zoom Option  
  
**SENIOR FITNESS** 2:30pm  
  
**CARDIO & CORE** 5:00pm  
  
\* Cardio Room: 8:00am - 5:00pm


**Tuesday:**  
**CORE STRENGTH** 8:30am  
\*Zoom Option  
  
**TAI CHI** 10:45am  
  
**OVER 50 PILATES** 1:30pm  
\*Zoom Option  
  
**OVER 50 FITNESS** 2:30pm  
  
**FULL BODY STRENGTH** 5:00pm  
  
\* Cardio Room: 8:00am - 5:00pm

**Wednesday:**  
**SUSPENSION TRAINING** 8:00am  
  
**FITBODY IN 50** 10:30am  
  
**OVER 50 YOGA** 12:30pm  
\*Zoom Option  
  
**SENIOR FITNESS** 2:30pm  
  
\* Cardio Room: 8:00am - 5:00pm

**Thursday:**  
**CORE STRENGTH** 8:30am  
\*Zoom Option  
  
**LINE DANCING** 9:30am  
  
**OVER 50 PILATES** 1:30pm  
\*Zoom Option  
  
**OVER 50 FITNESS** 2:30pm  
  
\* Cardio Room: 8:00am - 5:00pm

**Friday:**  
**SUSPENSION TRAINING** 8:00am  
  
**BARRE** 8:30am  
\*Zoom Option  
  
**FITBODY IN 50** 10:30am  
  
\* Cardio Room: 8:00am - 3:00pm

**Saturdays:**  
**YOGA** 10:00am  
\*Zoom Option

**YOGA**  
Mondays, Wednesdays, Fridays  
9:15am  
\$10 Per Class  
  
Outdoor class weather permitting.

## **SUMMER SOCCER CAMP** **SOCCER SHOTS**

Ages 4 - 12yrs August 9 - 13 9:00am - 12:00pm  
\$150 Residents/\$155 Non-residents



### **LOTTERY REGISTRATION DATES:**

**Monday, March 29 - Friday, April 9, 2021 - Isle of Palms Residents Only**  
Residents can enter the lottery any time from March 29 - April 9. Entering early will not increase your chances of enrollment. Lottery will be run on Monday, April 12. After the lottery has been run, participants will receive an email stating enrollment or waitlist.

Children must be between the ages of 3 - 12 years old by September 1, 2020. Grandparents: Grandchildren need to reside 50 miles away or more in order to be registered. All siblings need to be registered for interested weeks of camp.

Enrolling in Summer Camp: Residents will be notified by email. Full payment is due once selected. Participants can fill forms out online or in person. Deposit for each week of camp is due once selected. Participants will be able to pay online or in person. Remaining balance of camp fees will be due 1 week prior to attending that week of camp



## **ISLE OF PALMS** **SAND SCULPTING** **COMPETITION**

Saturday, June 5  
9:00am  
Front Beach IOP



To Register: Email  
[sandsculptures4fun@yahoo.com](mailto:sandsculptures4fun@yahoo.com)