



**Recreation Committee**  
5:00 p.m., Monday, March 2, 2020  
City Hall Conference Room  
1207 Palm Boulevard  
Isle of Palms, South Carolina

**Agenda**

1. **Call to order** and acknowledgment that the press and the public have been duly notified of the meeting in accordance with the Freedom of Information Act.
2. **Approval of previous meeting's minutes** – February 10, 2020
3. **Citizens' Comments** – Comments shall be limited to 3 minutes
4. **Departmental Report** – Director Page
5. **Old Business**
  - a. Discussion of a community pool at the Recreation Center and discussion of tasks and responsibilities of the Swimming Pool Citizen Advisory Board
  - b. Consideration of applications for the Swimming Pool Citizen Advisory Board
  - c. Discussion of Recreation Department's organizational structure
6. **New Business**

Discussion of Isle of Palms Farmer's Market for 2020
7. **Miscellaneous Business**

Next meeting date: 5:00 p.m., Monday, April 6, 2020
8. **Executive Session** – In accordance with Section 30-4-70 (a) (1) of the Freedom of Information Act related to discussion of appointments of persons to a public body. Upon returning from Executive Session, the committee may take action on matters discussed in Executive Session.
9. **Adjournment**



**RECREATION COMMITTEE**  
**5:00PM, Monday, February 10, 2020**  
**City Hall Conference Room**  
**1207 Palm Boulevard, Isle of Palms, SC**

**MINUTES**

**1. Call to Order**

Present: Council members Smith, Popson, and Moye

Staff Present: Director Page

**2. Approval of the Previous Meeting's Minutes – January 13, 2020**

Council Member Streetman made a motion to approve the minutes of the January 13, 2020 meeting, and Council Member Moye seconded the motion. The motion passed unanimously.

**3. Citizen's Comments**

Susan Stabine, 20 22<sup>nd</sup> Avenue, spoke to the Committee on behalf of the island swim team in favor of a community swimming pool. She reported that the team will be partnering with Oyster Point for swim meets. She said that pool is just short of being official size, so she is not sure how long their membership in the local swim team league will be allowed. The island swim team has approximately 140 members, and she anticipates that number increasing significantly after joining with Oyster Point.

**MOTION: Council Member Moye made a motion to reorder the agenda to allow discussion of the pool following Citizen's Comments. Council Member Smith seconded the motion. The motion passed unanimously.**

**4. Old Business**

**A. Discussion about adding a community swimming pool at the Recreation Center and update on the Citizen Advisory Board**

Director Page reported that five people have applied to be a part of the Citizen Advisory Board. The application process closes on February 28, and the applications will be brought to the Committee for consideration. After the Advisory Board has been selected, they will seek community input about the pool via the survey developed by staff. They will then compile that data and share it with the Recreation Committee.

Council Member Moye shared a conversation he had with Rick Ferencz, the Chairman of the Planning Commission, who said the Planning Commission acts like the "R&D wing" of the City and could help with the efforts surrounding the pool.

**5. Departmental Reports – Director Page**

Director Page gave a broad review of the current activities of the Recreation Department. A brief discussion of the “Family Time” on Sunday afternoon ensued. Director Page said she would speak with Administrator Fragoso and Attorney Copeland about appropriate wording for advertising this time.

Director Page also reported that she has researched the prior pool referendum and has been unable to find anything as of yet. She will continue her research.

**6. New Business**

**B. Review of Recreation Department’s FY21 budget capital expenditures**

Director Page reviewed the Recreation Department’s FY21 budget capital expenditures with Committee members. Regarding the Recreation Department software upgrade, Committee members requested pricing information for 2-3 additional software packages. Director Page noted that RecTrack is used by Mt. Pleasant and City of Charleston recreation departments. She agreed the purchase could be postponed until FY22 so that accurate information could be gathered.

Director Page shared plans about a potential brick path project that would allow citizens to purchase engraved bricks, which would help pay for the project. She has also applied for grant funding to help reduce the expense. Committee members discussed a proposed outdoor bodyweight training area and decided they would need more input from the community about the need for such an area before they could endorse the project.

**7. Miscellaneous Business**

The next meeting of the Recreation Committee will be Monday, March 2, 2020 at 5:00pm.

**8. Adjournment**

Council Member Moyer made a motion to adjourn, and Council Member Popson seconded the motion. The meeting adjourned at 6:19pm.

Respectfully submitted,

Nicole DeNeane  
City Clerk



# **RECREATION DEPARTMENT MONTHLY REPORT February 2020**

**STAFF:** Norma Jean Page, Recreation Director  
Karrie Ferrell, Assistant Director (programs)  
Aaron Sweet, Recreation Supervisor (athletics)  
Christopher Bako, Parks & Grounds Supervisor  
Andrea Harrison, Recreation Supervisor (special events)  
Holly Norton, Community Specialist  
Joshua Key, Parks & Facilities Specialist

## **ATHLETICS**

### **Adult Athletics**

#### **Adult Spring Softball**

The registration fee was \$425 per team. Games are scheduled to begin March 5<sup>th</sup> and will be played Thursday evening. A total of three teams (60 participants) have registered.

#### **Adult Spring 3 on 3 Basketball**

The registration fee was \$60 per team. Games will be played on Tuesday evening and are scheduled to begin March 3<sup>rd</sup>. A total of four teams (24 participants) have registered.

#### **Adult Spring 6 vs. 6 Soccer**

The registration fee was \$250 per team. Games will be played on Tuesday evening and are scheduled to begin March 3<sup>rd</sup>. A total of eight teams (96 participants) have registered.

#### **Adult Spring Table Tennis Singles League**

The registration fee was \$10 per player. Games will be played on Tuesday afternoon and the season will begin March 3<sup>rd</sup>. A total of twelve players have registered.

## **Youth Sports**

#### **Youth Baseball (Ages 3-12)**

Registration for baseball ended on February 14<sup>th</sup>. Fast Start Baseball fees were \$20 for residents and \$45 for non-residents. Youth baseball fees for ages 5-12 were \$30 residents/\$55 for non-residents. All participants will receive a medal, jersey and a hat. The coaches meetings and skill evaluation for 9-12yr old league were held on February 24<sup>th</sup>.

#### **Youth Baseball Registration (as of February 21, 2020)**

Fast Start Baseball	Total: 36	IOP Resident: 22	Non-resident: 12	S.I.: 2
5/6 T-Ball	Total: 42	IOP Resident: 33	Non-resident: 6	S.I.: 3
7/8 Machine Pitch	Total: 36	IOP Resident: 19	Non-resident: 13	S.I.: 4
9-12 Youth Baseball	Total: 31	IOP Resident: 23	Non-resident: 7	S.I.: 1

#### **Misc.**

Aaron Sweet, Recreation Supervisor responsible for athletics has been selected as one of twelve professionals in the state to attend the SCRPA Leadership Development Institute, which is an eight month commitment. This requires overnight travel each month throughout the state to different Recreational Agencies.



## PROGRAMS AND CLASSES

### **Acting Performance Workshop**

*Romeo and Juliet* acting workshop started on Thursday, January 23 at 4:00 p.m. Ten (10) children are participating in the class. Participants will build on the fundamentals of acting with games that use body movement and improvisation. Participants will perform *Romeo and Juliet* for family and friends at the end of the session. The performance is scheduled for Thursday, March 26 at 5:30 p.m. The Summer Acting Camp is scheduled for August 3 – August 7, 2020 registration for camp is open. Jean Schubert, Instructor.

### **American Sign Language**

Five (5) participants are enrolled in the American Sign Language course. The next session will start Wednesday, March 18. Instructor, JJ Aregood

### **Barre & More**

Nine (9) people have been participating in the Barre class. Class is held on Mondays and Wednesdays at 9:00 a.m. in the Palmetto Room. Class is a part of the Fitness Pass Membership. Angela Reinhardt, Instructor.

### **Boot Camp**

Four (4) people have been participating in the Boot Camp class held on Monday/Wednesday/Friday mornings at 7:00 a.m. Class is a part of the Fitness Pass Membership. Class is held in the High Tide/Low Tide Room. Pat Boyd, Instructor.

### **Cardio & Strength**

Six (6) people have been participating in this class that is held on Mondays and Wednesdays at 5:30 p.m. Class is a part of the monthly Fitness Membership. Elizabeth Hudson, Instructor.

### **Cheernastics**

Six (6) girls have been participating in the Cheerleading/tumble class held on Tuesdays at 4:15 p.m. The next session is scheduled to start Tuesday, February 18. Kaylie Penninger, Instructor.

### **Core & More**

Six (6) people have been participating in the Core & More class scheduled on Monday and Thursday mornings at 10:30 a.m. Class is part of the Fitness Membership. Class is held in the High Tide/Low Tide Room. Jeromy Miller and Angela Reinhardt, Instructors.

### **Dog Obedience**

Kinderpuppy started Monday, January 6 at 6:30 p.m. Class is full with eight (8) participants. The next session is scheduled for Monday, March 2, the class is full.

Just the Basics started Monday, January 6 at 7:30 p.m. Class is full with eight (8) participants. The next session is scheduled to start Tuesday, March 3, the class is full.

Canine Good Citizenship started Tuesday, January 7 at 6:30 p.m. There are six (6) participants participating in the class. The next class is scheduled for Tuesday, March 3, is full with six (6) participants.

Canine Acting & Tricks started Tuesday, January 7 at 7:30 p.m. Class is full with seven (7) participants. Susan Marett, Instructor.

### **FitBody in 50**

Ten (10) people have been participating in the FitBody class offered Tuesdays and Thursdays. Currently seven (7) people have been participating in the 9:30 a.m. class and three (3) people in the 5:30 p.m. class. Class is held in the High Tide/Low Tide Room. Geri D'Italia, Instructor.

**Fitness Membership**

Fitness class pass includes 10 classes for \$75 and allows participants to customize their fitness experience at the Recreation center. Classes include Total Body Challenge, Boot Camp, Barre, FitBody in 50, Core & More, Yoga and Cardio & Strength classes. Currently eleven (11) participants are enrolled in the membership program.

**Game Room**

Card games, dominoes, scrabble. A time to sit, socialize and enjoy games with friends.  
Game time moved from Fridays to Tuesdays from 1:00 p.m. – 3:00 p.m. in the Tadpole Room.

**Gather Knit & Stitch**

Six (6) ladies have been meeting in the lobby to socialize and knit. The group is free and self- led. Participants assist each other in techniques and share patterns and knowledge. Gather Knit & Stich is held on Monday mornings from 10:00 a.m. – 12:00 p.m. in the Recreation Lobby.

**Gymnastics**

Ten (10) children are registered for February 18 session of Gymnastics. Tricha Tapio, Instructor.

**IOP Kids: 3-year old Pre-K Program**

The IOP Kids program is full with ten (10) participants enrolled Monday/Wednesday/Friday and nine (9) enrolled on Tuesday/Thursday. IOP Kids is a structured play group that gives children the opportunity to socialize and cooperate with peers in a classroom setting. Class follows the Charleston County School Calendar and the City of Isle of Palms Holiday schedule.  
Cathy Adams, Instructor.

**Line Dancing**

Nine (9) men and woman have been participating in the Line Dancing class. Class is held on Thursdays from 9:30 a.m. – 10:30 a.m. in the Magnolia/Palmetto Room. Tricha Leonard, Instructor.

**Mah Jongg**

Twelve (12) ladies have been participating in the mah jongg social group. The ladies welcome new members. Group meets in the Tadpole Room on Mondays from 12:00 p.m. – 3:00 p.m.

**Mini Minnows**

Ten (10) children are participating in the program. Class is held on Mondays/Wednesdays and Fridays from 12:00 p.m. – 3:00 p.m. Cathy Adams, Instructor.

**Mommy /Daddy & Me**

Parent/Tot play group meet and socialize on Friday mornings from 9:30 a.m. – 11:00 a.m. The program is free and meets in the Tadpole Room.

**Over 50 Fitness**

Twelve (12) seniors have been participating in the senior fitness class held on Tuesdays and Thursdays at 3:00 p.m. Judy Fischer, Instructor.

**Pickle Ball Lessons:**

Six (6) people are registered and have been participating in Pickle Ball. Geri D'Italia, Instructor.



**Senior Exercise: Enhance Fitness**

Enhance Fitness is a county wide grant program administered through Roper Saint Francis Hospital. Currently fifty-eight people (58) are enrolled in the class approximately forty (40) attend class on a regular basis. Class is held on Mondays and Wednesdays at 3:00 p.m. in the High Tide/Low Tide Room. Class currently has a waiting list. Judy Fischer, Instructor.

**Youth Tae Kwon Do**

Four (4) children have been participating in the Youth Tae Kwon Do class. Class is held on Saturday mornings in the Palmetto Room and Gymnasium at 9:00 a.m. Jack Emmel, Instructor.

**Adult Tae Kwon Do**

Fifteen (15) adults have been participating in the Tae Kwon Do class. Class is held Monday evenings, Wednesday evenings and Saturday mornings. The Tae Kwon Do Tournament is scheduled for Saturday, March 21<sup>st</sup> at 10:00 a.m. Participants from Charleston County and beyond will come to compete in this local tournament. Jack Emmel, Instructor.

**Tai Chi/Qigong**

Five (5) people have been participating in the Tai Chi class held on Tuesdays at 10:45 a.m. in the High Tide/Low Tide Room. Connie Cossetti, Instructor.

**Adult Tennis**

Twelve (12) participants have been meeting for Beginner and Intermediate tennis lessons. Intermediate Tennis meets at 8:30 a.m. and the beginner group meets at 9:30 a.m. Corinne Enright, Instructor.

**Tennis Youth Programs**

All sessions continue to fill in the first week of registration. Some changes were made to the program in hopes to create a few more spaces. The Tiny Tennis group is for children ages 4-8 years, the Beginner class is for children 7-11 years and the Intermediate is for 11 years and older. All classes are based on skill level, the instructor will evaluate and place children in the correct class if needed.

Tiny Tennis (4-8yrs): Will play on a 36 foot court with red ball (low compression). The 4 and 5 year old group will play for 30 minutes and the 6-8 year old group will play for 1 hour.

Currently both Tuesday and Thursday classes are full for the next session set to start February 11.

Beginner Tennis: Will play on a 60 foot court with orange ball. Both Tuesday and Thursday classes are full for January. A maximum of 8 children are participating in the class.

Intermediate Tennis: Will play full court. There are currently 5 participants who have been playing consistently. The group meets on Thursdays at 6:00pm.

**Total Body Challenge**

Thirty-nine (39) people have been participating in the morning fitness class. Class is scheduled Monday – Friday at 8:00 a.m. – 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd teaches Monday/Wednesday/Fridays and Angela Reinhardt teaches Tuesdays/Thursdays.

**Volleyball League Play**

The next session of volleyball is scheduled to start Thursday, May 7. League Play is for students in 4 & 5 grades, middle school students and an advance play middle school.

Laura & Kreg Togami, Instructors/Coach

**Wood Carving**

Seven (7) gentleman have been meeting on Wednesdays from 10:00 a.m. – 12:00 p.m. to socialize and whittle. Class is free and meets in the Tadpole Room.



**Evening Yoga**

Nine (9) people have been participating in the evening yoga class held on Wednesdays at 5:30 p.m. class is held in the Palmetto Room. Jen DeGoyler, Instructor

**Morning Yoga**

Twenty –Two (22) people have been participating in the morning yoga class held on Monday/Wednesday/Friday mornings from 9:15 a.m. – 10:15 a.m. Class is held in the High Tide/ Low Tide Room. Pat Boyd, Instructor.

**Saturday Yoga**

Eighteen (18) people have been participating in the Saturday yoga class. Class is held at 10:00 a.m. in the Palmetto Room. Jen DeGoyler, Instructor.

**Capital Kid\$**

Three (3) participants are preregistered for the Capital Kids program for March. Capital Kids is a new class to the recreation department, helping children develop life skills in the area of financial literacy and entrepreneurship. Activities include coloring sheets, number rhymes, storytelling and counting songs. Biz Kids projects include “The Envelope Please” which will introduce the concept of Save, spend and give. The next session is for children ages 6-10 and will be held on Wednesday, March 18 at 4:00 p.m. Instructed by Kensington Enrichment, Dette Elgin.

**Writing Your Memoirs**

Nine (9) participants are currently registered for the next session of writing. The class started Tuesday, February 4 at 10:00 a.m. Instructor, Holly Vories.

**Isle of Palms Farmer’s Market**

The Isle of Palms Recreation Department will be taking over the coordination of the Farmer’s Market. The department is discussing options of Wednesdays 3:00 p.m. – 6:30 p.m. July – August. Information will be available of the iop.net as well as sent directly to farmers/growers who participated last year.

**Special Events****Keenagers Social Group**

Keenagers gathered for a covered dish luncheon in February. After lunch, the group was entertained by the Sweet Tea Quartet. Several drawings were held and Valentines themed door prizes were given out to winners following lunch and entertainment.

**Doggie Day at the Rec**

The 14<sup>th</sup> Annual Doggie Day at the Rec was held on February 8, 2020 from 9:00 a.m. until noon. This event advocated for the health and well-being of dogs in our community. Microchipping was offered at a discounted price, and a total of forty-nine (49) canine vaccinations were administered by a local veterinarian. The Police Department attended and issued Dog Licenses to those who wished to be on the register. Local adoption/rescue agencies brought in several displaced pups seeking homes, and the annual five category dog show contest filled to capacity with 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners chosen for each category. STAR Therapy Dogs offered Canine Good Citizenship testing for event attendees to promote well-adjusted canine companions.

## UPCOMING EVENTS

### Keenagers Social Group

March 4, 2020, Keenagers will enjoy the spring themed Covered Dish Luncheon featuring Cara Newcomb of the "Backporch Storytellers." Attendees will also have the opportunity to sign up for the "MUSC Center on Aging Senior Expo" to be held on March 19, 2020. The Isle of Palms Recreation Department will be providing the transportation for this free field trip.

### Front Beach Festival

March 7, 2020, a portion of Ocean Blvd will be closed to kick off the 2020 beach season with Front Beach Fest from 12:00 p.m. – 4:00 p.m. This festival will feature live music by *The Holiday Band* and back by popular demand, *The Tams*. This family friendly street fair includes street performers and plenty of activity for children. A spring time vendor villager will showcase local art and crafts that will be available for purchase, and the event will feature a rally of local restaurants and food trucks to offer a variety of menu items for sale to hungry festival goers

### Community Yard Sale

The Annual Community Yard Sale is scheduled for Saturday, March 28 from 8:00 a.m. – 12:00 p.m. Registration is open and spaces are filling up quickly. This event will offer residents and visitors the opportunity to purchase items in "excellent," or "like new" condition on Hartnett Boulevard between 27<sup>th</sup> and 29<sup>th</sup> Avenue.

### Easter Egg Hunt

The Annual Isle of Palms Easter Egg Hunt will be held on Saturday, April 11 at 10:00 a.m. sharp. There will be four (4) age groups searching for Easter Eggs to trade in for a bag of candy. The age groups include: 3 and under, 4-6, 7-9, and 10-12. The day will feature jump castles, amusement rides, a balloon artist, a photo booth, a face painter, ice cream and an appearance by the Easter Bunny.

### Music in the Park

Saturday, May 2, 2020, the Recreation Department will host Music in the Park from 1:00 p.m. – 4:00 p.m. Residents are encouraged to bring a lawn chair or blanket to the Recreation Department grounds for an afternoon of live music featuring "The Bluestone Ramblers" and "Riverboy" bluegrass bands. A few food trucks will be there to provide food and/or snack for sale to attendees as well as a vendor offering fresh spring flowers priced by the stem. The recreation playground, fields, and gymnasium will give community children a great environment for exercise and play.

### Sand Sculpting Competition

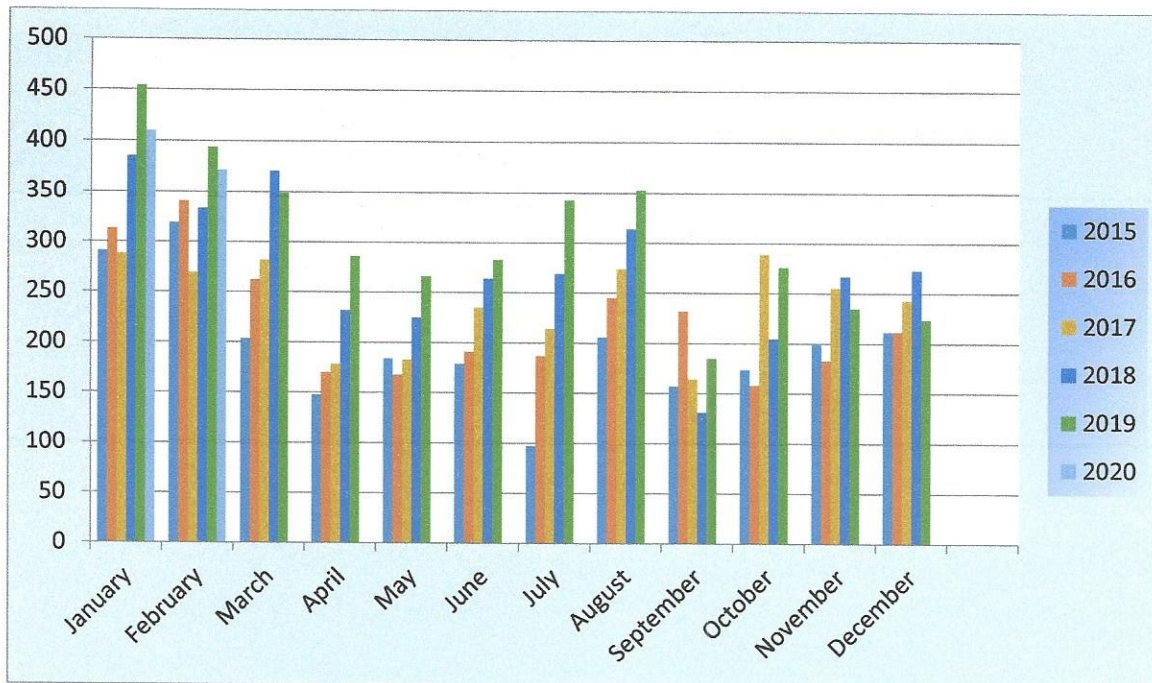
The 32<sup>nd</sup> Annual Piccolo Spoleto Sand Sculpting Competition takes place on Saturday May 30, 2020 at 9:00 a.m. on Front Beach Isle of Palms. The event is free to residents and island visitors who would like to compete or spectate the four division competition. Each age group will be given the opportunity to win 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> prizes donated by sponsors after being judged for the following prize categories: Most Creative, Best Architectural, and Best in Show.

### Summer Camp

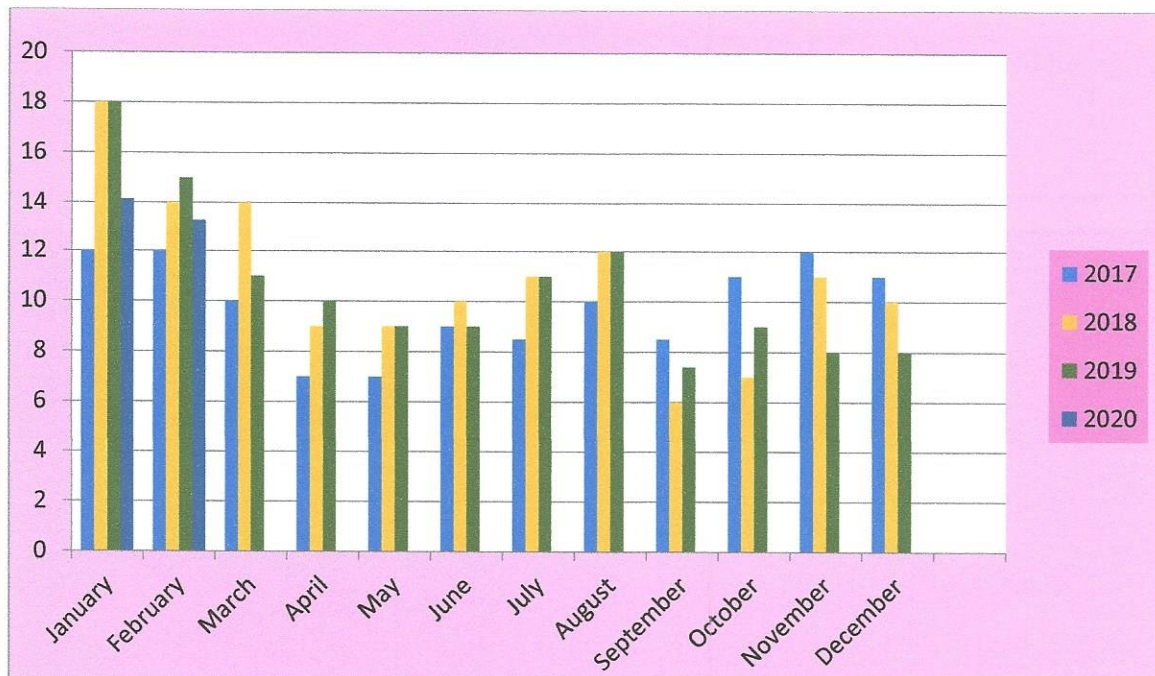
Registration for Summer Camp will open on March 2, 2020. The seven week themed camp program will offer children the opportunity to participate in creative and athletic activities which include field trips designed to promote health and wellness in a fun and friendly way. The first week of Camp Summershine and Wee Camp begins June 15 with the last week beginning on July 27. This program will be in session Monday through Friday from 9:00 a.m. until 3:00 p.m.



## TOTAL NUMBER OF VISITS IN CARDIO ROOM

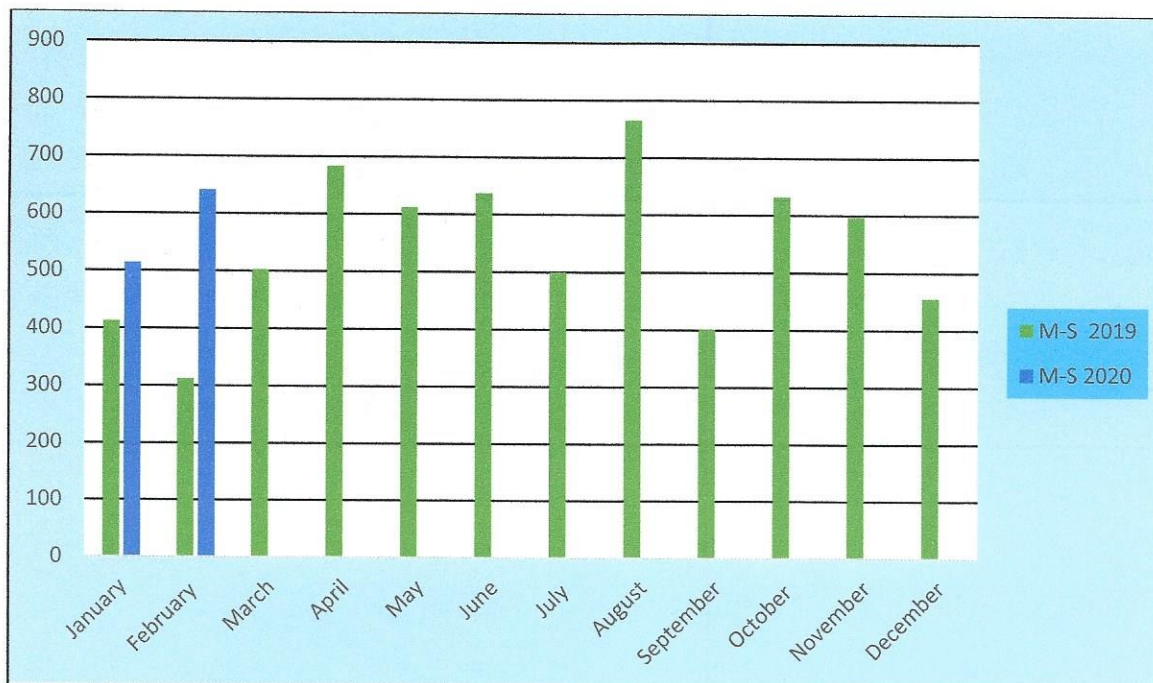


## CARDIO ROOM AVERAGE DAILY ATTENDANCE

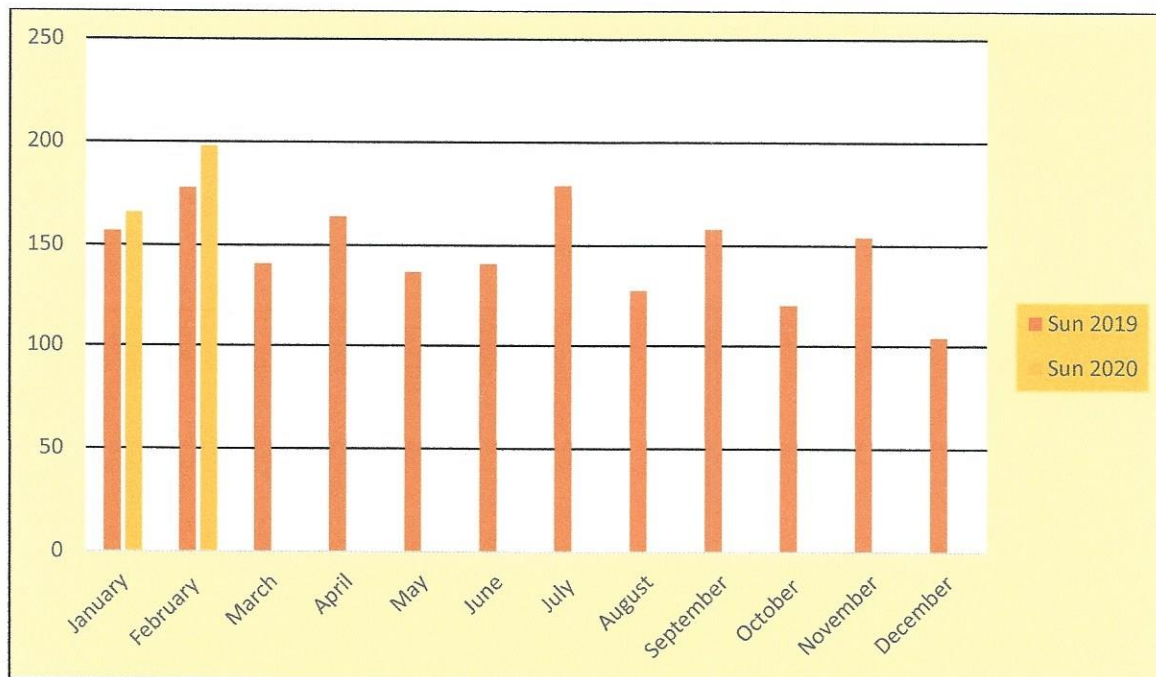




## OPEN GYM PARTICIPATION – MONDAY - SATURDAY



## ADULT AND FAMILY GYM PARTICIPATION - SUNDAYS



# Gymnasium & Cardio Schedule

## March 2020

# Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> Adult Play 1pm-3pm  Open Family Gym 3pm-5pm	<b>2</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>3</b> <b>Open Gym</b> 7:00am - 9:30am 12:30pm - 6:30pm  <b>Table Tennis</b> 10am - 12:30pm <b>Adult 3 on 3</b> 7:00pm - 9:00pm	<b>4</b> <b>Open Gym</b> 7:00am - 6:30pm  <b>TKD</b> 7:00pm - 8:30pm	<b>5</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Table Tennis (1/2court)</b> 10am - 12:30pm	<b>6</b> <b>Open Gym</b> 7:00am - 4:45pm	<b>7</b> <b>Open Gym</b> 8:00am-9:45am  <b>TKD</b> 10am - 12:30pm  <b>Front Beach Festival</b> <b>Building Closes at</b> <b>Noon</b>
<b>8</b> Adult Play 1pm-3pm  Open Family Gym 3pm-5pm	<b>9</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>10</b> <b>Open Gym</b> 7:00am - 9:30am 12:30pm - 6:30pm  <b>Table Tennis</b> 10am - 12:30pm <b>Adult 3 on 3</b> 7:00pm - 9:00pm	<b>11</b> <b>Open Gym</b> 7:00am - 6:30pm  <b>TKD</b> 7:00pm - 8:30pm	<b>12</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Table Tennis (1/2court)</b> 10am - 12:30pm	<b>13</b> <b>Open Gym</b> 7:00am - 12:00pm <b>TKD Prep &amp; Cleaning</b>	<b>14</b> <b>Open Gym</b> 8:00am-9:45am 1:00pm - 5:00pm  <b>TKD</b> 10am - 12:30pm
<b>15</b> Adult Play 1pm-3pm  Open Family Gym 3pm-5pm	<b>16</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>17</b> <b>Open Gym</b> 7:00am - 9:30am 12:30pm - 6:30pm  <b>Table Tennis</b> 10am - 12:30pm <b>Adult 3 on 3</b> 7:00pm - 9:00pm	<b>18</b> <b>Open Gym</b> 7:00am - 6:30pm  <b>TKD</b> 7:00pm - 8:30pm	<b>19</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Table Tennis (1/2court)</b> 10am - 12:30pm	<b>20</b> <b>Open Gym</b> 7:00am - 4:45pm	<b>21</b> <b>Gymnasium Closed</b> <b>TKD Tournament</b> 10:00am
<b>22</b> Adult Play 1pm-3pm  Open Family Gym 3pm-5pm	<b>23</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>24</b> <b>Open Gym</b> 7:00am - 9:30am 12:30pm - 6:30pm  <b>Table Tennis</b> 10am - 12:30pm <b>Adult 3 on 3</b> 7:00pm - 9:00pm	<b>25</b> <b>Open Gym</b> 7:00am - 6:30pm  <b>TKD</b> 7:00pm - 8:30pm	<b>26</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Table Tennis (1/2court)</b> 10am - 12:30pm	<b>27</b> <b>Open Gym</b> 7:00am - 4:45pm	<b>28</b> <b>Open Gym</b> 8:00am-9:45am 1:00pm - 5:00pm  <b>TKD</b> 10am - 12:30pm
<b>29</b> Adult Play 1pm-3pm  Open Gym 3pm-5pm	<b>30</b> <b>Open Gym</b> 7:00am - 6:00pm  <b>Dog Obedience</b> 6:30pm - 8:30pm	<b>31</b> <b>Open Gym</b> 7:00am - 9:30am 12:30pm - 6:30pm  <b>Table Tennis</b> 10am - 12:30pm <b>Adult 3 on 3</b> 7:00pm - 9:00pm	<b>Cardio Room</b> Monday: 7:00am - 6:30pm Tuesday: 7:00am - 6:30pm Wednesday: 7:00am - 7:00pm Thursday: 7:00am - 6:30pm Friday: 7:00am - 5:00pm Saturday: 8:00am - 5:00pm Sunday: 1:00pm - 5:00pm			



\*Recreation activities have first priority, schedule subject to change\*








# Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Programs, Athletics & Special Events

# March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>1</div> <div>Open Gym</div> <div>1pm - 3pm</div> <div>Adult Play</div> <div>3pm - 5pm</div> <div>Open Family Gym</div>	<div>2 IOP Residents Camp Lottery Open</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Knit &amp; Stitch</div> <div>10:30 Core &amp; More</div> <div>12:00 Mah Jongg</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>5:30 Cardio &amp; Strength</div> <div>6:30 TKD</div> <div>6:30 Dog Obedience</div>	<div>3</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>10:00 Table Tennis</div> <div>10:00 Writing</div> <div>10:45 Tai Chi</div> <div>10:45 Pickle Ball</div> <div>1:00 Game Room</div> <div>3:00 Over 50 Fitness</div> <div>3:30 Gymnastics</div> <div>3:30 Tiny Tennis</div> <div>4:00 Baseball Practice</div> <div>4:15 Cheernastics</div> <div>5:00 Beginner Tennis</div> <div>5:30 Fit Body in 50</div> <div>6:00 Inter. Tennis</div> <div>6:30 Dog Obedience</div> <div>7:00 Adult 3 on3 B-ball</div> <div>7:00 Adult 6v6 soccer</div>	<div>4</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>8:15 Little Lotus Yoga</div> <div>8:30 Adult Tennis</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Wood Carving</div> <div>12:00 KEENAGERS</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>5:30 Evening Yoga</div> <div>5:30 Cardio &amp; Strength</div> <div>7:00 TKD</div>	<div>5</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>9:30 Line Dancing</div> <div>10:00 Table Tennis</div> <div>10:30 Core &amp; More</div> <div>10:45 Pickle Ball</div> <div>12:00 Science with SAM</div> <div>3:00 Over 50 Fitness</div> <div>3:30 Tiny Tennis</div> <div>4:00 Romeo &amp; Juliet</div> <div>4:00 Baseball Practice</div> <div>5:00 Beginner Tennis</div> <div>5:30 Fit Body in 50</div> <div>6:00 Inter. Tennis</div> <div>7:00 Adult Softball</div>	<div>6</div> <div>7am Boot Camp</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:15 Yoga</div> <div>9:30 Mommy &amp; Me</div> <div>12:00 Mini Minnows</div> <div>4:00 Baseball Practice</div> <div>7 FRONT BEACH FEST</div> <div>12PM - 4PM</div> <div></div> <div>FRONT BEACH IOP</div> <div>FREE EVENT!</div> <div>Building Closes at Noon</div>	
<div>8</div> <div>Open Gym</div> <div>1pm - 3pm</div> <div>Adult Play</div> <div>3pm - 5pm</div> <div>Open Family Gym</div>	<div>9</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Knit &amp; Stitch</div> <div>10:30 Core &amp; More</div> <div>12:00 Mah Jongg</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>5:30 Cardio &amp; Strength</div> <div>6:30 TKD</div> <div>6:30 Dog Obedience</div>	<div>10</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>10:00 Table Tennis</div> <div>10:00 Writing</div> <div>10:45 Tai Chi</div> <div>10:45 Pickle Ball</div> <div>1:00 Game Room</div> <div>3:00 Over 50 Fitness</div> <div>3:30 Gymnastics</div> <div>3:30 Tiny Tennis</div> <div>4:00 Baseball Practice</div> <div>4:15 Cheernastics</div> <div>5:00 Beginner Tennis</div> <div>5:30 Fit Body in 50</div> <div>6:00 Inter. Tennis</div> <div>6:30 Dog Obedience</div> <div>7:00 Adult 3 on3 B-ball</div> <div>7:00 Adult 6v6 soccer</div>	<div>11</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>8:15 Little Lotus Yoga</div> <div>8:30 Adult Tennis</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Wood Carving</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>5:30 Evening Yoga</div> <div>5:30 Cardio &amp; Strength</div> <div>7:00 TKD</div>	<div>12</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>9:30 Line Dancing</div> <div>10:00 Table Tennis</div> <div>10:30 Core &amp; More</div> <div>10:45 Pickle Ball</div> <div>12:00 Science with SAM</div> <div>3:00 Over 50 Fitness</div> <div>3:30 Tiny Tennis</div> <div>4:00 Budget Workshop</div> <div>4:00 Romeo &amp; Juliet</div> <div>4:00 Baseball Practice</div> <div>5:00 Beginner Tennis</div> <div>5:30 Fit Body in 50</div> <div>6:00 Inter. Tennis</div> <div>7:00 Adult Softball</div>	<div>13 IOP Residents Camp Lottery Closed</div> <div>7am Boot Camp</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:15 Yoga</div> <div>9:30 Mommy &amp; Me</div> <div>12:00 Mini Minnows</div> <div>4:00 Baseball Practice</div> <div>14</div> <div>9am Fast Start Baseball</div> <div>9am TKD Youth</div> <div>10am Yoga</div> <div>10am Adult TKD</div> <div>Open Gym</div> <div>8:00am - 9:45am</div> <div>1:00pm - 5:00pm</div>	
<div>15</div> <div>Open Gym</div> <div>1pm - 3pm</div> <div>Adult Play</div> <div>3pm - 5pm</div> <div>Open Family Gym</div>	<div>16 Camp Lottery Announced</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Knit &amp; Stitch</div> <div>10:30 Core &amp; More</div> <div>12:00 Mah Jongg</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>5:30 Cardio &amp; Strength</div> <div>6:30 TKD</div> <div>6:30 Dog Obedience</div>	<div>17</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>10:00 Table Tennis</div> <div>10:00 Writing</div> <div>10:45 Tai Chi</div> <div>10:45 Pickle Ball</div> <div>1:00 Game Room</div> <div>3:00 Over 50 Fitness</div> <div>3:30 Gymnastics</div> <div>4:00 Baseball Practice</div> <div>4:15 Cheernastics</div> <div>5:30 Fit Body in 50</div> <div>6:30 Dog Obedience</div> <div>7:00 Adult 3 on3 B-ball</div> <div>7:00 Adult 6v6 soccer</div>	<div>18</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>8:15 Little Lotus Yoga</div> <div>8:30 Adult Tennis</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Wood Carving</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>4:00 Capital Kid\$</div> <div>5:30 Evening Yoga</div> <div>5:30 Cardio &amp; Strength</div> <div>6:00 ASL Class</div> <div>7:00 TKD</div>	<div>19</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>9:30 Line Dancing</div> <div>10:00 Table Tennis</div> <div>10:30 Core &amp; More</div> <div>10:45 Pickle Ball</div> <div>12:00 Science with SAM</div> <div>3:00 Over 50 Fitness</div> <div>4:00 Baseball Practice</div> <div>4:00 Romeo &amp; Juliet</div> <div>4:00 Social Media</div> <div>5:30 Fit Body in 50</div> <div>7:00 Adult Softball</div>	<div>20 Gym Closes at Noon</div> <div>7am Boot Camp</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:15 Yoga</div> <div>9:30 Mommy &amp; Me</div> <div>12:00 Mini Minnows</div> <div>4:00 Baseball Practice</div> <div></div>	
<div>22</div> <div>Open Gym</div> <div>1pm - 3pm</div> <div>Adult Play</div> <div>3pm - 5pm</div> <div>Open Family Gym</div>	<div>23</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Knit &amp; Stitch</div> <div>10:30 Core &amp; More</div> <div>12:00 Mah Jongg</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>5:30 Cardio &amp; Strength</div> <div>6:30 TKD</div> <div>6:30 Dog Obedience</div>	<div>24</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>10:00 Table Tennis</div> <div>10:00 Writing</div> <div>10:45 Tai Chi</div> <div>10:45 Pickle Ball</div> <div>1:00 Game Room</div> <div>3:00 Over 50 Fitness</div> <div>3:30 Gymnastics</div> <div>4:00 Baseball Practice</div> <div>4:15 Cheernastics</div> <div>5:30 Fit Body in 50</div> <div>6:30 Dog Obedience</div> <div>7:00 Adult 3 on3 B-ball</div> <div>7:00 Adult 6v6 soccer</div>	<div>25</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>8:15 Little Lotus Yoga</div> <div>8:30 Adult Tennis</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Wood Carving</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>4:00 Capital Kid\$</div> <div>5:30 Evening Yoga</div> <div>5:30 Cardio &amp; Strength</div> <div>6:00 ASL Class</div> <div>7:00 TKD</div>	<div>26</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>9:30 Line Dancing</div> <div>10:00 Table Tennis</div> <div>10:30 Core &amp; More</div> <div>10:45 Pickle Ball</div> <div>12:00 Science with SAM</div> <div>3:00 Over 50 Fitness</div> <div>4:00 Baseball Practice</div> <div>4:00 Romeo &amp; Juliet</div> <div>4:00 Social Media</div> <div>5:30 Fit Body in 50</div> <div>7:00 Adult Softball</div>	<div>27</div> <div>7am Boot Camp</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:15 Yoga</div> <div>9:30 Mommy &amp; Me</div> <div>12:00 Mini Minnows</div> <div>4:00 Baseball Practice</div> <div>28</div> <div>9am TKD Youth</div> <div>10am Yoga</div> <div>10am Adult TKD</div> <div>Open Gym</div> <div>8:00am - 9:45am</div> <div>1:00pm - 5:00pm</div> <div>IOP YARD SALE</div> <div>8AM - NOON</div> <div></div>	
<div>29</div> <div>Open Gym</div> <div>1pm - 3pm</div> <div>Adult Play</div> <div>3pm - 5pm</div> <div>Open Family Gym</div>	<div>30</div> <div>7am Boot Camp</div> <div>8am TBC</div> <div>9:00 IOP Kids</div> <div>9:00 Barre</div> <div>9:15 Yoga</div> <div>10:00 Knit &amp; Stitch</div> <div>10:30 Core &amp; More</div> <div>12:00 Mah Jongg</div> <div>12:00 Mini Minnows</div> <div>3:00 Sr. Exercise</div> <div>4:00 Baseball Practice</div> <div>5:30 Cardio &amp; Strength</div> <div>6:30 TKD</div> <div>6:30 Dog Obedience</div>	<div>31</div> <div>8:00 TBC</div> <div>9:00 IOP Kids</div> <div>9:30 Fit Body in 50</div> <div>10:00 Table Tennis</div> <div>10:00 Writing</div> <div>10:45 Tai Chi</div> <div>10:45 Pickle Ball</div> <div>1:00 Game Room</div> <div>3:00 Over 50 Fitness</div> <div>3:30 Gymnastics</div> <div>4:00 Baseball Practice</div> <div>4:15 Cheernastics</div> <div>5:30 Fit Body in 50</div> <div>6:30 Dog Obedience</div> <div>7:00 Adult 3 on3 B-ball</div> <div>7:00 Adult 6v6 soccer</div>	<div></div> <div>IOP EASTER EGG HUNT</div> <div>Saturday, April 11</div> <div>10am SHARP!</div> <div></div> <div>Egg Hunt, Easter Bunny, Candy, Jump Castles, Face Painter, Balloon Artist &amp; Lots of FUN!</div>			





**Isle of Palms Recreation Center**  
**#24 28th Avenue**  
**Isle of Palms, SC 29451**  
**(843)886-8294**



**MARCH CLASS SCHEDULE AND SPECIAL EVENTS**

**Monday:**

**BOOT CAMP**

7:00am-8:00am \$10 per class

**TOTAL BODY CHALLENGE**

8:00am-9:00am \$8 per class

**BARRE & MORE**

9:00am-10:00am \$10 per class

**YOGA**

9:15am-10:15am \$10 per class

**CORE & MORE**

10:30am - 11:30am \$12 per Class

**CARDIO & STRENGTH**

5:30pm-6:30pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

**Tuesday:**

**TOTAL BODY CHALLENGE**

8:00am-9:00am \$8 per class

**FITBODY IN 50**

5:30pm-6:30pm \$12 per class

**TAI CHI/QIGONG**

10:45am-12:00pm \$10 per class

**OVER 50 FITNESS**

3:00pm-4:00pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

**Wednesday:**

**BOOT CAMP**

7:00am-8:00am \$10 per class

**TOTAL BODY CHALLENGE**

8:00am-9:00am \$8 per class

**BARRE & MORE**

9:00am-10:00am \$10 per class

**YOGA**

9:15am-10:15am \$10 per class

**YOGA**

5:30pm-6:30pm \$10 per class

**CARDIO & STRENGTH**

5:30pm-6:30pm \$10 per class

\*Cardio Room: 7:00am - 7:00pm

**Thursday:**

**TOTAL BODY CHALLENGE**

8:00am-9:00am \$8 per class

**FITBODY IN 50**

5:30pm-6:30pm \$12 per class

**CORE & MORE**

10:30am - 11:30am \$12 per class

**OVER 50 FITNESS**

3:00pm-4:00pm \$10 per class

\* Cardio Room 7:00am - 6:30pm

**Friday:**

**BOOT CAMP**

7:00am-8:00am \$10 per class

**TOTAL BODY CHALLENGE**

8:00am-9:00am \$8 per class

**YOGA**

9:15am-10:15am \$10 per class

\* Cardio Room: 7:00am-5:00pm

**Saturdays:**

**YOGA**

10:00am-11:15am \$12 per class

**OPEN GYM:**

8:00am - 9:45am

1:00pm - 5:00pm

\*Cardio Room: 8:00pm -5:00pm

**Sundays:**

**OPEN GYM 1:00pm - 5:00pm**

1:00pm - 3:00pm Adult Gym

3:00pm - 5:00pm Family Gym

\*Cardio Room: 1:00pm - 5:00pm



**SUMMER CAMP LOTTERY INFORMATION**

Our summer camp program is extremely popular, and in order to make sure that we can accommodate children as fairly as possible, this years registration will be conducted through a lottery.

**LOTTERY REGISTRATION DATES:**

**Monday, March 2 - Friday, March 13, 2020 - Isle of Palms Residents Only**

If spaces remain registration will open to non-residents on Monday, March 30. Residents can enter the lottery any time from March 2 - March 13. Entering early will not increase your chances of enrollment. Lottery will be run on Monday, March 16. After the lottery has been run, participants will receive an email stating enrollment or waitlist.

Children must be between the ages of 3 - 12 years old by September 1, 2019. Grandparents: Grandchildren need to reside 50 miles away or more in order to be registered. All siblings need to be registered for interested weeks of camp.

Enrolling in Summer Camp: Residents will be notified by email. Full payment is due once selected. Participants can fill forms out online or in person. Participants will have one week to pay the balance in order to reserve the spot. After one week, unpaid spots will be offered to individuals on waitlist.

**MUSIC IN THE PARK**

**Saturday, May 2**

**1:00pm - 4:00pm**



Bring lawn chairs and enjoy an afternoon of music in the park! Food Vendors onsite providing refreshments.

**FREE EVENT!**

# City of Isle of Palms Recreation Staff

