



Recreation Committee

8:00 a.m., Monday, September 13, 2021
1207 Palm Boulevard,
Isle of Palms, South Carolina

The public may view the meeting virtually by clicking here: <https://www.youtube.com/user/cityofisleofpalms>

Public Comment:

All citizens who wish to speak remotely via Zoom during the meeting must email their first and last name, address and topic to Nicole DeNeane, City Clerk, at nicoled@iop.net no later than **3:00 p.m. the business day before the meeting**. Citizens may also provide written public comment here: <https://www.iop.net/public-comment-form>

Agenda

1. **Call to order** and acknowledgment that the press and the public have been duly notified of the meeting in accordance with the Freedom of Information Act.
2. **Approval of previous meeting's minutes** – July 12, 2021
3. **Citizens' Comments**
4. **Departmental Report** – Director Page
5. **Old Business**
 - a. Update on COVID-19 related issues, procedures, and adjustments for fall events
 - b. Update on efforts to return Sunday Gym hours
 - c. Update on efforts to offer Yoga classes on the beach
 - d. Update on implementation of online registration program
6. **New Business**
 - a. Review of pilot program to allow surfing lessons on the beach
 - b. Discussion of suggestions for 2022 Recreation Committee
7. **Miscellaneous Business**

Next meeting date: 8:00 a.m., Monday, October 4, 2021
8. **Adjournment**



**Recreation Committee Meeting
8:00am, Monday, July 12, 2021
1207 Palm Boulevard, Isle of Palms, SC
and broadcasted live on YouTube: <https://www.youtube.com/user/cityofisleofpalms>**

MINUTES

1. Call to order

Present: Council members Pounds and Smith

Absent: Council Member Buckhannon

Staff Present: Director Page

2. Approval of the previous meeting's minutes – May 3, 2021

MOTION: Council Member Pounds made a motion to approve, and Council Member Smith seconded the motion. The motion passed unanimously.

3. Citizens' Comments -- none

4. Departmental Reports – Director Page

Director Page reported that all summer camps are going well but with lower attendance due to staffing levels. Registration for fall youth and adult athletics begins this week. She shared that she has been working with the Exchange Club and the Police Department on a new course for the IOP Connector Run.

Other upcoming events include the Half Rubber Tournament on August 21 and the next Farmer's Market on July 15. Staff is also working on the Wellness Fair and numerous fall events.

The environmental series went well and will start back up in the fall along with other programs and classes. The Sand Sculpting Contest went well but did not have as many participants this year.

Director Page reported that maintenance employee Chris Bako has left the employ of the City, and until his replacement is hired, Public Works will help with maintenance work at the Recreation Center. Council Member Pounds suggested asking if the landscape contractor could help in any way. A former PT City employee is also helping out in the interim.

5. Old Business

A. Update on Farmers' Market – covered in the departmental report

Council Member Smith asked that all vendors be reminded of the City's ordinances regarding packaging and Styrofoam. Director Page reported that such an email has already been sent out.

B. Report of 2021 Summer Camp – covered in the departmental report

C. Update on efforts to offer yoga classes on the beach

Director Page said work on this initiative continues. She is still looking for a willing instructor.

D. Discussion of weekend basketball hours

Director Page said she spoke recently with Dr. Emmel, the longtime Tae Kwon Do instructor, about relocating where his students warmup and stretch prior to their Saturday morning classes in an effort to accommodate Open Gym for basketball. It may be possible for Open Gym to be from 7:45-9:30am. Director Page said that Sunday hours for Open Gym are not possible at the moment due to lack of staff. She has asked HR Director Ladd to post a job opening for a PT position on the Recreation Center staff.

6. New Business

A. Discussion of online registration for Rec programs

Director Page said she is working to confirm the purchase cost of this software as the same as what was budgeted. She will reach out to the vendor once the purchase order has been signed and hopes the installation will be complete by the end of the year.

7. Miscellaneous Business

The next meeting of the Recreation Committee will be on Monday, August 2, 2021 at 8am.

8. Adjournment

Council Member Pounds made a motion to adjourn, and Council Member Smith seconded the motion. The meeting was adjourned at 8:34am.

Respectfully submitted,

Nicole DeNeane
City Clerk



RECREATION DEPARTMENT MONTHLY REPORT July - August 2021

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Aaron Sweet, Recreation Supervisor (athletics)
Cody Buckhannon, Parks & Grounds Supervisor
Jenea Taylor, Recreation Supervisor (special events)
Reba McLean, Community Specialist
Joshua Key, Parks & Facilities Specialist

ATHLETICS

Adult Athletics

Spring 3 on 3 Basketball

The league will begin on Tuesday, September 7. There are a total of 6 teams, (36 players total) playing in the upcoming league.

Spring 6 vs. 6 Soccer

League play will begin on Tuesday, September 7. There are a total of 4 teams, (48 players total) playing in the upcoming fall league.

Fall Table Tennis Singles League

Registration fees were \$10 per person. A total of 6 players are playing in the upcoming fall league, which will begin on Tuesday, September 7.

Youth Athletics

Fall 2021 Youth Soccer

Youth soccer registration ended on August 13. A total of 160 children have registered to play fall soccer. Ages rang from 3-12years old. Practices will began August 30. Games will begin late September.

Youth Athletic Camps

Soccer Shots Soccer Camp August 9 – August 13, 2021 (ages 4-12) 9AM-12PM

Enrollment Total = 38

Get Your Spike on Volleyball Camp August 9 – August 12, 2021 (ages 10 – 16) 9AM-11AM

Enrollment Total = 25

Athletics Special Events

Isle of Palms Beach Run

The Isle of Palms Beach Run was held on Saturday, July 31 with over 300 participants. The Beach Run consisted of 5K/10K runs, 5K walk and Youth Fun Runs. The 10K and 5K Run age group winners received medals, and all Youth Fun Run participants received participation ribbons and ice cream vouchers from Ben and Jerry's.

23rd Annual Half Rubber Tournament

The 23rd Annual Half Rubber Tournament was held on Saturday, August 21 with seven (7) registered. Teams consisted of 3 or 4 players. Two (2) teams were from Georgia and five (5) teams from the Charleston area. "Full Throttle" a Goose Creek won the tournament and "Just Having Fun" came in second.

Misc.

Athletics Supervisor attended SCRPA Leadership Development in July in Camden, South Carolina and then North Augusta and Aiken South Carolina in August.

PROGRAMS AND CLASSES

Acting Camp

Eight (8) participants were enrolled in acting camp that was held August 9 – August 13 from 1:00 p.m. – 4:00 p.m. The group performed Shakespeare “The Tempest” at the end of the week for parents, siblings and friends.

“*Shuddersome*” Theater Workshop for children as 13 – 15 years old will perform a vivid and theatrical adaptation of three of Edgar Allen Poe’s best known works. Class is scheduled for Mondays and Wednesdays starting September 29 at 6:00 p.m. The performance will be held on Wednesday, October 27 at 7:00 p.m. Currently seven (7) participants are enrolled.

“*A Christmas Carol*” Theater workshop for children 8 – 13 years old, will perform a delightful rendition of Charles Dickens classic a holiday novel. Class will be held on Thursdays starting September 30. Performance will be held on December 16. Currently, three (3) people are registered. Instructor, Jean Schubert

Suspension Training: Class is held on Mondays, Wednesdays & Fridays at 8:00 a.m. Participants are required to make reservations before attending classes. Class is held under the picnic shelter but has utilized the gymnasium on rainy days. Instructor, Pat Boyd

Core Strength: Classes are held Mondays, Tuesdays & Thursdays at 8:30 a.m. Monday class is live and in person class only. The Tuesday and Thursday classes have the zoom option for participants. Angela Reinhardt, Instructor.

Barre: Class is held on Fridays at 8:30 a.m. Barre is \$10 per class, \$32 for the month. Instructor, Angela Reinhardt

Dog Obedience

Kinderpuppy classes began Monday, August 16 at 6:30 p.m. and 7:30 p.m. Classes are full with six (6) participants. The next session of puppy classes are scheduled for Monday, October 4.

Dog training classes for teenage/older dogs began Tuesday, August 17 at 6:30 p.m. and 7:30 p.m. Classes are full with six (6) participants.

Basic training class for dogs is scheduled for Tuesday, October 5. Instructors, Susan Marett and Jennifer Parks

Gymnastics

Class will resume on Tuesday, September 7.

The 3 & 4 year old class that will be held at 3:30 p.m. currently nine (9) children are enrolled. The 5 year and up class will be held at 4:15 p.m. currently ten (10) are enrolled.

Cheernastics

is for ages 4 years and older, class is held at 5:00 p.m. Currently five (5) participants are enrolled. Instructor, Kaylie Penninger.

Line Dancing

Classes are held on Thursdays. Intermediate class at 9:30 a.m. and beginner class at 10:30 a.m.

Line Dancing Workshop will be held on Saturday, September 18 from 9:30 a.m. – 2:00 p.m. The cost of the workshop is \$25, currently seven (7) people are registered. Instructor, Patricia Leonard.

Little Lotus Yoga

Youth yoga classes are back, allow children to grow into their own practice of yoga. Class starts Tuesday, September 7 at 12:00 p.m. Class is \$40 for the month. Instructor, Jennifer Rogers.

Meditation Group – Free

Free Meditation class is held on Thursdays at 9:00 a.m. Approximately six (6) people have been participating in the class. Class is conducted under the trees on multipurpose field and may utilize the beach in accordance with the tides and also take into consideration class participants that may need handicap accessible beach access paths. Instructor, Stacy Jessen

Over 50 Fitness

Class is held on Tuesdays & Thursdays from 2:30 p.m. – 3:30 p.m. Instructor, Judy Fischer.

Saturday Yoga

Kathy Berry, new Yoga instructor restarted the Saturday yoga class on August 7th at 10:00 a.m. She has had four – five students participate in the classes to date. The class is a slow flow class and participants work on balance, strength and flexibility. The class is 75 minutes and \$12 drop in fee to attend.

Tae Kwon Do

Youth and family classes meet on Mondays at 6:30 p.m.

Adult open belt classes meet Wednesday evenings and Saturday mornings. Ten (10) students are enrolled in the youth and family class and sixteen (16) adults have been participating Wednesdays and Saturdays.

Tae Kwon Do Black Belt Testing will be held on Saturday, October 9 from 8:30 a.m. – 5:00 p.m. The group will have a morning and afternoon workout along with student belt testing. Instructor, Jack Emmel

Tennis Lessons, Youth

Tennis Camp: Orange Ball camp was held on June 28 – July 1, camp was full with eight (8) participants. The Green Ball tennis camp was held on July 19 – July 22 currently six (6) youth participated.

Group tennis lessons will resume Tuesday, September 7. All classes are full and the instructor is reworking rosters so participants are in the correct class level. Instructor, Corinne Enright.

Tennis Lessons, Adult

Adult lessons are held on Tuesdays and Thursdays at 8:30 – 9:30 a.m. Instructor Corinne Enright

Over 50 Yoga

Class is held on Mondays and Wednesdays at 12:30 p.m. Instructor, Judy Fischer.

Over 50 Pilates

Class is held on Tuesdays and Thursdays at 1:30 p.m. The class will be removed from the schedule starting in September. Instructor, Judy Fischer.

FitBody in 50

Class is held Wednesdays and Fridays at 10:30 a.m., class space is limited and advanced reservations are required. Instructor, Geri D'Italia

Gather & Knit

The gather & knit group will resumed on Monday, June 28 at 10:00 a.m.- 12:00 p.m. Three (3) – four (4) ladies have been attending. The group meets in the lobby.

Writing Your Memories

Class is to help with writing exercise to help discover and uncover memories, organize ideas and make your stories interesting. Class is scheduled to start on Tuesday, November 2 at 10:00 a.m. Instructor, Holly Vories

Special Interest Classes**Farmers Market**

The Isle of Palms Farmers Market is held on the 3rd Thursday of the month June – September from 4 p.m. – 7 p.m. The market is being held on the front lawn of the Recreation Department by the picnic shelter and playground area. There are approximately 20-25 vendors at each market. Each market has live music and free face painting for the children. The next market will be held on Thursday, September 16th, live music will be provided by The Blue Planation Band. The Recreation Department has added one more market to the schedule, the last market of the season will be a Fall Market & Outdoor Movie held on Thursday, October 21st. The market will run from 4 p.m. – 7 p.m. and the Halloween Movie “Hocus Pocus” will start at sunset 6:45ish. Market vendors are welcome to stay set up through the movie, food vendors will be on site for refreshments during the movie.

SPECIAL EVENTS

Summer Camp

Another successful season of Camp Summershine and Wee Camp concluded on Friday, August 6th. Supervised campers participated in games, crafts, special activities, and special guests throughout seven (7) weeks of camp.

UPCOMING EVENTS

Isle of Palms Community Wellness Fair

The Isle of Palms Community Wellness Fair will be held on Friday, September 17 from 7:00 a.m. – 11:00 a.m. The City of Isle of Palms will again partner with East Cooper Medical Center to provide cholesterol screening for the residents. Fitness Forum will provide complete bloodwork for the employees. Delta Pharmacy will offer flu, pneumonia, tetanus and shingles vaccine to employees and residents attending the event.

Ghostly Tide Tales

The Ghostly Tide Tales will be on Friday, October 15 from 6:00 p.m. – 7:00 p.m. The 28th Avenue beach access path will be lit with tiki torches and fire barrels will be located on the beach to provide warmth. This event is not theatrical and is not designed to scare children or adults. Stories told are child friendly.

Halloween Parade and Carnival

The Halloween Costume Golf Cart Parade will take place on Saturday, October 30 from 4:00 p.m.-7:00 p.m. at the Recreation Center on 28th Ave. There will be a Drive thru Haunted House, Food Vendors, Inflatables and Trick or Treat Bags for children. Participants must register to participate in the golf parade. Registration opens October 4 and ends on October 27 at 5:00 p.m.

Holiday Street Festival

The Annual Holiday Street Festival will be held Saturday, December 4 from 2:00 p.m. – 7:00 p.m. on Front Beach. Entertainment will include carnival rides, jump castles, balloon artists, live music, Santa Claus, and lighting of the tree. Local businesses and organizations will be on the street selling/advertising their products and services.

Community Specialist

Review the City's website for updates and changes that need to be made.
Register participants for programs, athletics and activities.
Took temperatures of class participants as they enter the facility.
Receive incoming calls regarding Recreation operations.
Update check in sheet for Cardio Room participation.
Check in and record payments for class participation..
Notified participants when classes have been postponed or cancelled.
Called Keenagers to remind them of the monthly meeting.
Update media/information center as needed. .
Assisted visitors with prompt, courteous and excellent service.
Assisted other staff members, as needed.
Assisted with cleaning the restrooms and building while employees were absent.

Parks & Grounds

Cody Buckhannon began working as the Parks & Grounds Maintenance Supervisor on Monday, August 9, 2021. He is feverously trying to catch up with the overgrown bushes and trimming and grooming around the grounds Cody met with representatives from Possum's landscaping. They will help develop a schedule for the proper fertilization of the athletic fields, proper mowing heights and reasonable irrigation schedule to ensure proper growth. Robert Asero has been instrumental in assisting with the orientation of Grounds and Maintenance equipment and discussing issues that may arise throughout the year.
Cody also met Smith Turf representatives and discussed proper use and care of mowers, ballfield groomer and other grounds equipment.

Upcoming projects: Supervision of the Replacement of timers for Tennis/Basketball Courts
Replacement of water pump for irrigation on Softball Field

Parks & Facilities

Housekeeping

Performed routine housekeeping duties.
Completed monthly safety inspections.
Cleaned and serviced housekeeping maintenance equipment.
Replaced and refilled air fresheners and other sanitary devices.
Flush floor drains as needed.
Disinfected equipment and toys after use.
Continue to use revised cleaning and sanitation schedule to prevent the spread of COVID-19

Facility Preparations

Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

7/15- Setup for farmer's market

7/29- Prepared course for Beach Run.

7/31- Worked IOP Beach Run

Interior Maintenance

Serviced, lubricated and cleaned Cardio room equipment.

Unclogged toilets and drains as needed.

Replaced light bulbs and ballasts as needed.

Machine-scrubbed the facility halls, class rooms and gym floor.

Dusted book shelves in Magnolia room.

Scrubbed tile and grout lines in the bathrooms and kitchen.

7/14- Replaced lightbulb in office bathroom.

7/22- Replaced lightbulb in Minnows room.

7/28- Rotated and cleaned equipment in cardio room.

8/19- Fixed automatic hand sanitizers

8/19- Ordered timers for tennis/basketball courts

8/25- Replaced paper towel holder above the sink in the kitchen.

8/27- Repainted gym doors that had window and new panic bars installed.

Exterior Maintenance

Inspected equipment, collected lost & found items and removed debris around the playground.

Removed trash and debris from around the building.

Sanitized the playground equipment daily.

Sprayed for wasps.

7/15- Groomed grounds.

7/18- Met with Joe Hardy for necessary repairs to irrigation system on Softball Field

7/20- Assisted with mowing.

7/20- Installed new infant swing seat.

7/23- Assisted with mowing.

Service Projects

7/12- **Berkeley Heating & Air**- AC was not working properly in lobby unit #2. Technician inspected system.

7/14 -**Charleston Collaboration Co.** - Received quotes for block and concrete pad to support generator

7/23- **Blitch Plumbing**- Pulled stem from water outlet outside of men's bathroom hallway to identify part needed. Ordered 2 replacement kits with water keys.

7/23- **Hardy Services** trimmed tall palm trees on Recreation grounds.

8/26- **Advanced Door Systems** - Installed new window frames and panic bars on gym doors.

8/26 **Advanced Door Systems** -Repaired door frame and installed new door closure that was damaged earlier in the year.

8/27- **East Coast Pest Management**- Monthly spraying for pests.

8/27- **Flashpoint Plumbing**- Installed new toilet and hardware in Men's and ladies gym restrooms.




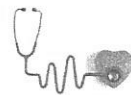
Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Programs, Athletics & Special Events

September 2021

S	MON	TUE	WED	THU	FRI	SAT
				Farmers Market 3rd Thursday of the Month June - October 4pm - 7pm 		
	Fall Activities.... Mark your Calendars Saturday, October 2 - IOP Connector Run Friday, October 15 - Ghostly Tide Tales Thursday, October 21 - Fall Market & Movie Saturday, October 30 - Halloween Golf Cart Parade & Carnival 		1) 8:00 Suspension Train 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Keenagers 12:30 Over 50 Yoga 4:00 Soccer Practice 6:30 TKD	2) 8:30 Core Strength 8:30 Adult Tennis 9:00 Meditation 9:30 Line Dancing 10:30 Line Dancing 10:30 Table Tennis 2:30 Over 50 Fitness 4:00 Soccer Practice	3) 8:00 Suspension Training 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows	4) 9:00 TKD 9:00 Fast Start Soccer 10:00 Yoga Open Gym: Adult Play: 7:30 - 9:30am Open Gym: 11am - 2pm
5)	6) Labor Day IOP City Offices & Recreation Center Closed	7) 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 12:00 Little Lotus Yoga 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:00 Soccer Practice 4:15 Gymnastics (5+) 5:00 Cheernastics 6:15 6v6 Soccer 6:30 Dog Obedience	8) 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 3:30 Tiny Tennis 4:00 Red Ball Tennis 4:00 Soccer Practice 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:30 TKD	9) 8:30 Core Strength 8:30 Adult Tennis 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 4:00 Soccer Practice 6:30 Dog Obedience	10) 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows	11) 9:00 TKD 9:00 Fast Start Soccer 10:00 Yoga Open Gym: Adult Play: 7:30am - 9:30am Open Gym: 11am - 2pm
12)	13) 8:00 Suspension Fit 9:00 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:30 Over 50 Yoga 4:00 Soccer Practice 6:30 TKD 6:30 Dog Obedience	14) 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 12:00 Little Lotus Yoga 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:00 Soccer Practice 4:15 Gymnastics (5+) 5:00 Cheernastics 6:15 6v6 Soccer 6:30 Dog Obedience 7:00 3on3 B-ball	15) 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 3:30 Tiny Tennis 4:00 Red Ball Tennis 4:00 Soccer Practice 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:30 TKD	16) 8:30 Core Strength 8:30 Adult Tennis 9:00 Meditation 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 4:00 Soccer Practice 4:00 Farmers Market 	17) 7:00 IOP Community Wellness Fair 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 	18) 9:00 TKD 9:00 Fast Start Soccer 9:30 Line Dancing Workshop 10:00 Yoga NO Adult Play Open Gym: 11am - 2pm
19)	20) 8:00 Suspension Fit 8:30 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:30 Over 50 Yoga 4:00 Soccer Practice 6:30 TKD 6:30 Dog Obedience	21) 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 12:00 Little Lotus Yoga 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:00 Soccer Practice 4:15 Gymnastics (5+) 5:00 Cheernastics 6:15 6v6 Soccer 6:30 Dog Obedience 7:00 3 on 3 B-ball	22) 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 3:30 Tiny Tennis 4:00 Red Ball Tennis 4:00 Soccer Practice 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:30 TKD	23) 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:30 Line Dancing 9:00 IOP Kids 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 4:00 Soccer Practice	24) 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows Recreation Center Closes at 2pm	25) 9:00 TKD 9:00 Fast Start Soccer 10:00 Yoga Open Gym: Adult Play: 7:30am - 9:30am Open Gym: 11am - 2pm
26)	27) 8:00 Suspension Fit 9:00 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:30 Over 50 Yoga 5:30 5-6 Soccer 6:30 9-12 Soccer 6:30 TKD 6:30 Dog Obedience	28) 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 12:00 Little Lotus Yoga 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:00 Soccer Practice 4:15 Gymnastics (5+) 5:00 Cheernastics 6:15 6v6 Soccer 6:30 Dog Obedience 7:00 3 on 3 B-ball	29) 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 3:30 Tiny Tennis 4:00 Red Ball Tennis 5:00 Orange Ball Tennis 5:30 7/8 Soccer 6:00 Green Ball Tennis 6:00 Theater Workshop 6:30 TKD	30) 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 9-12 Soccer 7:30 9-12 Soccer	Weekday Open Gym Schedule: Monday 10:30am - 5:00pm Tuesday 12pm - 5:00pm Wednesday 10:30am - 5:00pm Thursday 12pm - 5pm Friday 10:30am - 4:00pm <i>Times may change due to Recreation programming & athletics.</i>	