



Recreation Committee

8:00 a.m., Monday, October 4, 2021
1207 Palm Boulevard,
Isle of Palms, South Carolina

The public may view the meeting virtually by clicking here: <https://www.youtube.com/user/cityofisleofpalms>

Public Comment:

All citizens who wish to speak remotely via Zoom during the meeting must email their first and last name, address and topic to Nicole DeNeane, City Clerk, at nicoled@iop.net no later than **3:00 p.m. the business day before the meeting**. Citizens may also provide written public comment here: <https://www.iop.net/public-comment-form>

Agenda

1. **Call to order** and acknowledgment that the press and the public have been duly notified of the meeting in accordance with the Freedom of Information Act.
2. **Approval of previous meeting's minutes** – September 13, 2021
3. **Citizens' Comments**
4. **Departmental Report** – Director Page
5. **Old Business**
 - a. Update on COVID-19 related issues, procedures, and adjustments for fall events
 - b. Update on implementation of online registration program
 - c. Review of pilot program to allow surfing lessons on the beach and consideration for 2022
 - d. Discussion of suggestions for 2022 Recreation Committee
6. **New Business**

Discussion of staffing challenges
7. **Miscellaneous Business**

Next meeting date: 8:00 a.m., Monday, November 1, 2021
8. **Adjournment**



**Recreation Committee Meeting
8:00am, Monday, September 13, 2021
1207 Palm Boulevard, Isle of Palms, SC
and broadcasted live on YouTube: <https://www.youtube.com/user/cityofisleofpalms>**

MINUTES

1. Call to order

Present: Council members Buckhannon, Pounds, and Smith

Staff Present: Administrator Fragoso, Director Page

2. Approval of the previous meeting's minutes – July 12, 2021

MOTION: Council Member Pounds made a motion to approve, and Council Member Smith seconded the motion. The motion passed unanimously.

3. Citizens' Comments -- none

4. Departmental Reports – Director Page

Director Page said that adult athletics, including 3-on-3 basketball, 6v6 soccer, and table tennis, are in full swing. There is no softball league this season due to low registration and lack of staff to score the games. There may be a winter or spring league. Summer youth athletic camps went well.

Over 300 people participated in the IOP Beach Run. The Half Rubber Tournament also went well.

Classes in the Recreation Center are also active, including dog obedience, gymnastics, line dancing, Little Lotus yoga classes, meditation, and exercise classes. Director Page shared that the new yoga instructor may be interested in teaching yoga on the beach. Tennis lessons are also back after full tennis camps throughout the summer.

Upcoming events include the Farmer's Market this Thursday, the Wellness Fair on Friday, and Ghostly Tide Tales on October 15. The Halloween Parade and Carnival will be very similar to last year's event.

The IOP Connector Run is still set for October 2. Close to 500 people have pre-registered with about 900 expected. Participants will be encouraged to wear masks when picking up their packets.

COVID protocols remain in place in the Recreation Center and on the grounds.

Due to staffing shortages and in an attempt to make wise use of limited human resources, Director Page said the staff is discussing moving night classes to one night so that the building is not open every night. She noted that recreation departments everywhere are experiencing staff shortages. Pleas for help via social media and other avenues have yield no results. The Committee briefly discussed the issue of staffing shortages and what could be done.

5. **Old Business**

A. **Update on COVID-19 related issues, procedures, and adjustments for fall events**

Director Page said nothing has changed with regards to COVID-related protocols. The staff continues to clean as they have throughout the pandemic. Masks are not required indoors but are encouraged.

MOTION: Council Member Smith made a motion to move the discussion about the surfing lessons pilot program up in the agenda. Council Member Pounds seconded the motion. The motion passed unanimously.

6. **New Business**

A. **Review of pilot program to allow surfing lesson on the beach**

Administrator Fragoso reported that surfing lessons are set to continue through October 1. To date, one vendor of three has provided her with thorough feedback on the program. He said more than 80% of the participants in his program were island residents. He suggested increasing the class sizes to allow for families to participate together. He also suggested allowing for lessons year round.

Administrator Fragoso said she has asked Chief Cornett for his feedback regarding concerns with the program. She will reach out to residents who expressed some concerns about the locations of the classes. A full report will be available at the October meeting.

B. **Update on efforts to return Sunday Gym hours**

Due to staffing shortages, the Recreation Center is not ready at this time to return to Sunday Gym hours.

C. **Update on efforts to offer yoga classes on the beach**

Director Page said staff believes they have figured out the logistics of such a program offering. They are still speaking with the new yoga instructor to see if she is interested in teaching classes on the beach.

D. **Update on implementation of online registration program**

Director Page said the old and new online registration programs are working on data migration right now. She hopes to have the new program up and running by the end of the year.

6. **New Business**

B. **Discussion of suggestions for 2022 Recreation Committee**

Committee members discussed the need to consider possible Recreation Committee goals once the community is post-COVID in an attempt to provide continuity to the next Council and Recreation Committee. This item will remain on the agenda for further discussion next month.

7. **Miscellaneous Business**

The next meeting of the Recreation Committee will be on Monday, October 4, 2021 at 8am.

8. **Adjournment**

Council Member Pounds made a motion to adjourn, and Council Member Buckhannon seconded the motion. The meeting was adjourned at 8:44am.

Respectfully submitted,

Nicole DeNeane
City Clerk



RECREATION DEPARTMENT

MONTHLY REPORT

September

2021

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Aaron Sweet, Recreation Supervisor (athletics)
Cody Buckhannon, Parks & Grounds Supervisor
Vacant, Community Specialist
Joshua Key, Parks & Facilities Specialist
Jenea Taylor, Recreation Supervisor (special events)

ATHLETICS

Adult Fall 3 on 3 Basketball

The league started on Tuesday, September 14. There are a total of 6 teams, (36 players total) playing in the fall league.

Adult Fall 6 vs. 6 Soccer

The league started on Tuesday, September 7. There are a total of 4 teams, (48 players total) playing in the fall league.

Adult Fall Table Tennis Singles League

The league started on Tuesday, September 7. A total of 7 players are playing in the fall league.

Youth Athletics

Fall 2021 Youth Soccer

Youth soccer games will start for all age groups during the week of September 27. A total of 160 children playing fall soccer for the IOP Recreation Department with ages ranging from 3-12 years old. At the conclusion of the season all participants will receive participation medals.

Winter 2021 Youth Basketball

Youth basketball registration will begin on October 5 for IOP/SI residents and Non-Residents can register beginning on October 12th. Registration for youth basketball will conclude on November 5th. IOP residents registration fees are \$30 per child and non-residents fees are \$55 per child.

Misc.

Assisted with Front Desk duties as needed.

Assisted with Wellness Fair set-up and clean up.

Supervised the Recreation Center at night and on weekends until additional personnel are secured.

Attended SCRPA Leadership Development class in September in Florence, South Carolina.

Participated in the virtual National Recreation and Parks Association Annual Conference September 21 – 23.

PROGRAMS AND CLASSES

Acting Camp

“*Shuddersome*” Theater Workshop for children as 13 – 15 years old will perform a vivid and theatrical adaptation of three of Edgar Allen Poe’s best known works. Class is scheduled for Mondays starting October 4 at 5:30 p.m. The performance will be held on Monday, November 8 at 7:00 p.m. Currently nine (9) participants are enrolled.

“*A Christmas Carol*” Theater workshop for children 8 – 13 years old, will perform a delightful rendition of Charles Dickens classic a holiday novel. Class will be held on Thursdays starting September 30. Performance will be held on December 16. Currently, eleven (11) people are registered. Instructor, Jean Schubert

Suspension Training: Class is held on Mondays, Wednesdays & Fridays at 8:00 a.m. Participants are required to make reservations before attending classes. Class is held under the picnic shelter but has utilized the gymnasium on rainy days. Instructor, Pat Boyd

Core Strength: Classes are held Mondays, Tuesdays & Thursdays at 8:30 a.m. Monday class is live and in person class only. The Tuesday and Thursday classes have the zoom option for participants. Angela Reinhardt, Instructor.

Barre: Class is held on Fridays at 8:30 a.m. Barre is \$10 per class, \$32 for the month. Instructor, Angela Reinhardt

Dog Obedience

The next session of puppy classes are scheduled for Monday, October 4 and Tuesday, October 5. Currently the new session of Dog classes are full. Instructors, Susan Marett and Jennifer Parks

Gymnastics

Gymnastics class resumed Tuesday, September 7. The 3 & 4 year old class held at 3:30 p.m. is full with ten (10) students. The 5 year & older group is held at 4:15 p.m. and is full with twelve (12) students.

Cheernastics

A class for ages 4 and up and is held at 5:00 p.m. The Cheer class is full with ten (10) students. The next session of classes is schedule to start Tuesday, October 19. Instructor, Kaylie Penninger

Line Dancing

Classes are held on Thursdays with Intermediate classes at 9:30 a.m. and beginner class at 10:30 a.m. A line dancing workshop was held on Saturday, September 18 from 9:30 a.m. – 2:00 p.m. seven (7) participants attended and enjoyed learning new dances. Instructor, Patricia Leonard.

Little Lotus Yoga

Youth yoga resumed Tuesday, September 7 at 12:00 p.m. Currently no one is registered for the class, the next session of yoga is scheduled for Tuesday, October 4 at 12: 00 p.m. Class is \$40 for the month. Instructor, Jennifer Rogers.

Meditation Group – Free

Free Meditation class is held on Thursdays at 9:00 a.m. Approximately six (6) people have been participating in the class. Class is conducted under the trees on multipurpose field. Instructor, Stacy Jessen

Over 50 Fitness

Class is held on Tuesdays & Thursdays from 2:30 p.m. – 3:30 p.m. Instructor, Judy Fischer.

Saturday Yoga

The Saturday yoga class is schedule at 10:00 a.m. in the Magnolia/Palmetto Room. The class is a slow flow class and participants work on balance, strength and flexibility. The class is 75 minutes and \$12 drop in fee to attend. Instructor, Kathy Berry.

Tae Kwon Do

Youth and family classes meet on Mondays at 6:30 p.m. Adult open belt classes meet Wednesday evenings and Saturday mornings. Ten (10) students are enrolled in the youth and family class and sixteen (16) adults have been participating Wednesdays and Saturdays.

Tae Kwon Do Black Belt Testing

Testing will be held on Saturday, October 9 from 8:30 a.m. – 5:00 p.m.

The group will have a morning and afternoon workout along with student belt testing.
Instructor, Jack Emmel

Tennis Lessons, Youth

Group tennis lessons resumed on Tuesday, September 7 and Wednesday, September 8.

Tiny Tennis is held at 3:30 p.m. with six (6) students enrolled.

Red Ball at 4:00 p.m. with eight (8) participants.

Orange Ball at 5:00 p.m. with eight (8) participants enrolled.

Orange Ball Intermediate is held on Wednesdays at 6:00 p.m. with four (4) participants enrolled. This group will be moved up to Green Ball next session. The next session of tennis is schedule for Tuesday, October 12 and Wednesday, October 13. All sessions are full. Instructor, Corinne Enright.

Tennis Lessons, Adult

Adult lessons are held on Tuesdays and Thursdays at 8:30 – 9:30 a.m. Instructor Corinne Enright

Over 50 Yoga

Class is held on Mondays and Wednesdays at 12:30 p.m. Instructor, Judy Fischer.

Pickleball Lessons

Pickleball is back, the session was scheduled to start Tuesday, September 21, but was changed to Tuesday, September 28. Currently one (1) person is signed up. The next session is scheduled to start Tuesday, October 12. Instructor, Geri D'Italia.

FitBody in 50

Class is held Wednesdays and Fridays at 10:30 a.m., class space is limited and advanced reservations are required. Instructor, Geri D'Italia

Gather & Knit

A group of ladies meet in the Lobby on Mondays to knit and socialize. Three (3) – four (4) ladies have been attending. The group meets on Mondays at 10:30 a.m. – 12:00 p.m. Free social group.

Writing Your Memories

Class is to help with writing exercise to help discover and uncover memories, organize ideas and make your stories interesting. Class is scheduled to start on Tuesday, November 2 at 10:00 a.m. Instructor, Holly Vories

Special Interest Classes

Farmers Market

The September Market was a success with over 25 vendors in attendance and a good showing from the community. The Recreation Department has added one more market to the schedule, the last market of the season will be a Fall Market & Outdoor Movie held on Thursday, October 21. The market will run from 4 p.m. – 7 p.m. and the Halloween Movie “Hocus Pocus” will start at sunset 6:45ish. Market vendors are welcome to stay set up through the movie, food vendors will be on site for refreshments during the movie. The Blue Planation Band will be onsite for live music during the market. Susan Fedor Designs will provide free face painting from 4 p.m.–7 p.m. Empanada Cuisine, Mike’s Chicken Salad and Sweet T’s Island Kitchen will provide food during the market and movie.

Rec Trac upgrade

The upgrade to the online registration software has begun. The department is working behind the scenes to update and migrate the new software. The new system will be migrated over for employees to start training and practicing. Vermont Systems and VC3 have been in contact for a seamless transfer to this point. The projected live date for the software is the first week of November. There will be a three-day online training with Vermont systems before the live date.

Once live, Recreation participants will be able to register for all classes online. The software will also be hosted and backed up by Vermont Systems.

SPECIAL EVENTS

Keenagers

Twenty-two (22) people attended the Keenagers senior social group lunch meeting on Wednesday, September 1 at 12:00 p.m. The Recreation Department provided a catered lunch. After lunch, the group played Bingo with assistance from the Isle of Palms Police Department. The next meeting is Wednesday, October 6.

Upcoming Events

Isle of Palms Connector Run and Walk for the Child

The Annual Isle of Palms Connector Run will be held Saturday, October 2 at 8:00 a.m. The Connector closes at 7:00 a.m. and the IOP Exchange Club members will station the traffic cones, mile markers and water stations throughout the course. The event is a 5K Run and Walk and a 10K run. Over \$80,000 has been secured in sponsor donations. These funds will be distributed through organizations within the Charleston area that promote the prevention of Child Abuse. The 2021 course is new. The starting line is on Ocean Boulevard close to the intersection of Pavilion Drive and the Finish line is located in the center of Ocean Boulevard close to the area where the Christmas Tree is located every December. Over 500 have pre-registered for the 2021 event. Packet pick up will be held Friday at the IOP Exchange Club Building. Race Day, packet pick up and registration will take place in the big Municipal lot on Pavilion Drive Saturday morning beginning at 6:00 a.m.

Ghostly Tide Tales

The Ghostly Tide Tales will be held on Friday, October 15 from 6:00 p.m. – 7:00 p.m. The beach access path beside Sea Cabins will be lit with tiki torches. Fire barrels will be located on the beach to provide atmosphere and warmth. This event is not theatrical and is not designed to scare children or adults. Stories told are child friendly.

Halloween Parade and Carnival

The Annual Halloween Carnival is scheduled for Saturday, October 30 from 4:00 p.m. – 7:00 p.m. The Golf Cart parade will begin promptly at 4:00 p.m. followed by a drive through haunted house. A face painter, balloon artist, and jump castles will all be present as well as food vendors from our local businesses. Free bags of candy and prizes will be handed out to all the children. The Golf Cart Parade will be judged and the top three (3) will be awarded prizes. The haunted house is for golf cart drive through only. Just Beachy has donated carts so the Recreation staff can provide tours through the haunted house for those that may not have a golf cart. The event is free but food must be purchased from vendors.

Holiday Street Festival

The Annual Holiday Street Festival will be held Saturday, December 4 from 2:00 p.m. – 7:00 p.m. on Front Beach. Entertainment will include carnival rides, jump castles, balloon artist, face painter, live music, Santa Claus, and lighting of the tree. Food and craft vendors are being contacted and scheduled for the event.

OTHER WORK PERFORMED

Notified the City employees of the Internal Pumpkin Carving Challenge.
Assisted with the Community Wellness Fair.
Attended the Employee Appreciation Event
Shopping and organizing for October Halloween decorations at the Recreation Dept.
Supervised the Front desk and signed participants up for classes/programs offered by the Recreation Dept.
Worked evenings and weekends as needed while understaffed.
Assisted with set-up and clean-up for classes/programs.
Attended staff meetings.

Parks & Facilities

Housekeeping

Continued to disinfect the facility thoroughly to prevent the spread of Covid-19
Performed routine housekeeping duties.
Completed monthly safety inspections.
Cleaned and serviced housekeeping maintenance equipment.
Replaced and refilled air fresheners and other sanitary devices.
Flush floor drains as needed.
Disinfected exercise equipment and rooms.

Facility Preparations

Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.
9/1- Setup for Keenagers in the gym.
9/16- Prepared grounds for Farmer's Market.
9/16- Setup for Wellness Fair, teardown on Friday **9/17**.
9/24- Setup/teardown for Employee Appreciation at IOP Exchange Club.

Interior Maintenance

9/8- Replaced light in gym
9/14- Adjusted bolts that was rubbing against the back board crossbar
9/14- Assembled fan for Magnolia room.
9/15- Installed paper towel holder in work room kitchen.
9/16- Replaced water filters in refrigerators of the work room and in the kitchen.
9/21- Replaced lightbulbs in main hallway, Hi Tide room and family restroom.
9/21- Cleaned all air returns.

Exterior Maintenance

Inspected equipment, collected lost & found items and removed debris around the playground.
Removed trash and debris from around the building.
Sprayed for wasps.
Assisted with field layouts.
Assisted with mowing and weed-wacking.
9/2, 9/3- Assisted with lining fields for soccer.
9/10- Assisted with lining fields for soccer.

9/16- Assisted with painting lines for soccer fields.

9/23, 9/24- Assisted with field layout and painting.

Service Projects

9/22- Blitch Plumbing- Installed new kit for outdoor water faucet, outside of family restroom hallway. Ordering another kit for outside of Minnow room and 2 additional water keys.

Other

Assisted with Front Desk duties as needed.

Supervising facility at night and on weekends until additional personnel are secured.

Grounds and Maintenance

Equipment

Mulching mower- Changed oil, oil filter, fuel filter, air filter and changed blades

Grooming mower- changed oil, oil filter and air filters.

John Deer Tractor- replaced battery and terminal connectors.

Will address leaking hydraulic cylinders.

Toro Ballfield Groomer - Replaced Toro lift frame including bolts and nuts

Reattached ball field groomer to the Toro and started to groom infields

Weed trimmers- Replaced entire broken head on one and replaced spring and bump feeder on the other.

Field sprayer – Calibrated for proper coverage with assistance from Possums representative.

Golf Cart – Replaced burned out headlight and clean battery terminal.

Soccer & Multipurpose fields

Sprayed the soccer field with recommended treatment from Possums

Applied fertilizer recommended by Possums (with walk behind spreader)

Applied a Pre-emergent that was not applied in July when there was no Grounds and maintenance supervisor (will delay overseeing of soccer field by 6 weeks)

Measured and painted all six (6) soccer fields for practices and upcoming games. Will be required every week through soccer season.

There is a paint shortage so it requires tracking down paint from across USA. Worked with several companies to obtain some field paint.

Weekly duties include

Place garbage bins by the road and return them after being picked up

Place recycling by the road and rerun after being picked up

Move soccer goals back to original spots

Daily check on the grounds to pick up litter and look for items needing attention

Takes more time on Mondays due to weekend use

Mow all the grounds

Occasional help by the Parks and facilities specialist to mow certain areas

Trim the grounds with the weed trimmer
Blow trimmings off walkways with the backpack blower
Rake mulch under swings and slides on the playground
Help with soccer set up and moving of goals and bleachers
Treat for fire ants
Clean and wash lawn mowers and Toro field groomer

Monthly Duties include

Edge sidewalks, drive way, tennis and basketball courts
Trim shrubs in front of building and around tennis courts.
Trim and mow ditches around property and batting cages.
Trim low hanging branches around property.
Trim and pull weeds in playground.
Haul all yard debris and limbs to the cul-de-sac on 28th.

Other

Assisted with preparations for Farmers Market, Keenagers and the Wellness Fair
Met with a couple contractors for estimates to replace leaking garage roof
Repaired drinking fountain by tennis court
Met with Hardy landscape on a few occasions regarding irrigation pump on Softball field.




Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Programs, Athletics & Special Events

October 2021

S	MON	TUE	WED	THU	FRI	SAT
	<p>Weekday Open Gym Schedule: Monday 10:30am - 5:00pm Tuesday 12pm - 5:00pm Wednesday 10:30am - 5:00pm Thursday 12pm - 5pm Friday 10:30am - 4:00pm <i>Times may change due to Recreation programming & athletics.</i></p>				<p>1 8:00 Suspension Training 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows</p>	<p>2 9:00 TKD 10:00 Yoga Open Gym: Adult Play: 7:30 - 9:30am Open Gym: 11am - 2pm IOP Connector Run</p>
	<p>4 8:00 Suspension Fit 9:00 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:30 Over 50 Yoga 5:30 5-6 Soccer 5:30 Acting 6:30 9-12 Soccer 6:30 TKD 6:30 Dog Obedience</p>	<p>5 National Night Out 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 12:00 Little Lotus Yoga 2:30 Over 50 Fitness 3:30 Tennis 3:30 Gymnastics (3-5) 4:15 Gymnastics (5+) 5:00 Cheernastics 5:00 Soccer Pictures 6:30 6v6 Soccer 6:30 Dog Obedience 7:00 3on3 B-ball</p>	<p>6 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:00 Keenagers 12:30 Over 50 Yoga 3:30 Tiny Tennis 4:00 Red Ball Tennis 5:00 Orange Ball Tennis 5:30 7/8 Soccer 6:00 Green Ball Tennis 6:30 TKD</p>	<p>7 8:30 Core Strength 8:30 Adult Tennis 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 9-12 Soccer 7:30 9-12 Soccer</p>	<p>8 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows</p>	<p>9 9:00 TKD Black Belt Testing & Workshop 9:00 Fast Start Soccer 10:00 Yoga NO OPEN GYM</p>
	<p>11 8:00 Suspension Fit 9:00 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:30 Over 50 Yoga 5:30 5-6 Soccer 5:30 Acting 6:30 9-12 Soccer 6:30 TKD 6:30 Dog Obedience</p>	<p>12 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 12:00 Little Lotus Yoga 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:00 Soccer Practice 4:15 Gymnastics (5+) 5:00 Cheernastics 6:30 6v6 Soccer 6:30 Dog Obedience 7:00 3on3 B-ball</p>	<p>13 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 3:30 Tiny Tennis 4:00 Red Ball Tennis 4:00 Soccer Practice 5:00 Orange Ball Tennis 5:30 7/8 Soccer 6:00 Green Ball Tennis 6:30 TKD</p>	<p>14 8:30 Core Strength 8:30 Adult Tennis 9:00 Meditation 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 9-12 Soccer 7:30 9-12 Soccer</p>	<p>15 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 6pm Ghostly Tide Tales Front Beach Isle of Palms FREE</p> 	<p>16 9:00 TKD 9:00 Fast Start Soccer 9:30 Line Dancing Workshop 10:00 Yoga Open Gym: Adult Play: 7:30am - 9:30am Open Gym: 11am - 2pm</p>
	<p>18 8:00 Suspension Fit 8:30 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:30 Over 50 Yoga 5:30 5-6 Soccer 5:30 Acting 6:30 9-12 Soccer 6:30 TKD 6:30 Dog Obedience</p>	<p>19 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 12:00 Little Lotus Yoga 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:00 Soccer Practice 4:15 Gymnastics (5+) 5:00 Cheernastics 6:30 6v6 Soccer 6:30 Dog Obedience 7:00 3 on 3 B-ball</p>	<p>20 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 3:30 Tiny Tennis 4:00 Red Ball Tennis 4:00 Soccer Practice 5:00 Orange Ball Tennis 5:30 7/8 Soccer 6:00 Green Ball Tennis 6:30 TKD</p>	<p>21 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:30 Line Dancing 9:00 IOP Kids 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 4:00 Farmers Market & Movie</p>  	<p>22 8:00 Suspension Fitness 8:30 Barre 9:15 Yoga 10:30 Fitbody in 50</p>	<p>23 9:00 TKD 9:00 Fast Start Soccer TBA 10:00 Yoga Open Gym: Adult Play: 7:30am - 9:30am Open Gym: 11am - 2pm</p>
	<p>25 8:00 Suspension Fit 9:00 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:30 Over 50 Yoga 5:30 5-6 Soccer 5:30 Acting 6:30 9-12 Soccer 6:30 TKD 6:30 Dog Obedience</p>	<p>26 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 12:00 Little Lotus Yoga 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:00 Soccer Practice 4:15 Gymnastics (5+) 5:00 Cheernastics 6:30 6v6 Soccer 6:30 Dog Obedience 7:00 3 on 3 B-ball</p>	<p>27 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:30 Over 50 Yoga 3:30 Tiny Tennis 4:00 Red Ball Tennis 5:00 Orange Ball Tennis 5:30 7/8 Soccer 6:00 Green Ball Tennis 6:30 TKD</p>	<p>28 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 9-12 Soccer 7:30 9-12 Soccer</p>	<p>29 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows</p>	<p>30 9:00 TKD 10:00 Yoga NO OPEN GYM Halloween Parade & Carnival 4pm - 7pm</p> 