



Recreation Committee

12:30 p.m., Monday, March 7, 2022
1207 Palm Boulevard,
Isle of Palms, South Carolina

The public may view the meeting virtually by clicking
here: <https://www.youtube.com/user/cityofisleofpalms>

Public Comment:

All citizens who wish to speak during the meeting must email their first and last name, address and topic to Nicole DeNeane, City Clerk, at nicoled@iop.net no later than **3:00 p.m. the business day before the meeting**. Citizens may also provide written public comment here: <https://www.iop.net/public-comment-form>

Agenda

1. **Call to order** and acknowledgment that the press and the public have been duly notified of the meeting in accordance with the Freedom of Information Act.
2. **Approval of previous meeting's minutes** – February 7, 2022
3. **Citizens' Comments**
4. **Departmental Report** – Director Page
5. **Old Business**
Discussion of Sunday hours
6. **New Business**
Discussion of FY23 proposed 10-year Operational budget for Recreation Department
[Strategic Plan Priority 3, Goal b.]
7. **Miscellaneous Business**
Next meeting date: 12:30 p.m., Monday, April 4, 2022
8. **Adjournment**



**Recreation Committee Meeting
12:30pm, Monday, February 7, 2022
1207 Palm Boulevard, Isle of Palms, SC and
broadcasted live on YouTube: <https://www.youtube.com/user/cityofisleofpalms>**

MINUTES

1. Call to order

Present: Council members Miars, Popson, and Ward

Staff Present: Administrator Fragoso, Director Page

2. Approval of the previous meeting's minutes – January 10, 2022

MOTION: Council Member Ward made a motion to approve and Council Member Miars seconded the motion. The motion passed unanimously.

3. Citizens' Comments – none

4. Departmental Reports – Director Page

Director Page gave highlights of the activities in the Recreation Department including the popularity of Pickleball and Tabata classes. She said that the acting class for this session has been postponed due to low registration, but there are already 8 signed up for the next session. Beach Boot Camp has also been postponed until March due to the weather. Upcoming activities include Doggie Day on February 12, the community Yard Sale, Easter Bunny Brunch, and Music in the Park.

She reported that RecTrack for online registration should go live today. The installation of a paver walkway at the Recreation Center is now complete. Staff is discussing how to sell engraved pavers as a means to raise funds for building maintenance.

5. Old Business -- none

6. New Business

Discussion of the 10-Year Capital Plan for the Recreation Department

Director Page reviewed the capital requests from the Recreation Department for FY23 including funds to replace playground equipment and scoreboards as they fail; replacing the groomer for the grounds; replacing water fountains; replacement of the HVAC only in the case of failure; a Z-track mower; the addition of LED lights to two rooms, which is a deferred request from FY22; the elevation and servicing of the generator; the elevation, resurfacing & regrading of the

basketball courts; the creation of two pickleball courts at the concrete pad; flooring in two rooms, and 1% to the building maintenance fund.

Council Member Ward suggested upgrading the electrical system in two of the rooms, and Director Page said she would look into the costs.

Administrator Fragoso said these were all planned expenses except for the basketball and pickleball courts. Should both of those expenses make it into the FY23 budget, the plan is to have them done simultaneously to save money. She also noted that many of the items in FY23's requests are deferred from FY22.

7. Miscellaneous Business

The next meeting of the Recreation Committee will be on Monday, March 7, 2022 at 12:30pm.

8. Adjournment

Council Member Miars made a motion to adjourn, and Council Member Ward seconded the motion. The meeting was adjourned at 12:52pm.

Respectfully submitted,

Nicole DeNeane
City Clerk



RECREATION DEPARTMENT MONTHLY REPORT February 2022

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Aaron Sweet, Recreation Supervisor (athletics)
Cody Buckhannon, Parks & Grounds Supervisor
Jenea Taylor, Recreation Supervisor (special events)
Kelsey Marsh, Community Specialist
Joshua Key, Parks & Facilities Specialist

ATHLETICS

Adult Athletics

Adult Spring 3 on 3 Basketball

The registration fee was \$60 per team. Games will be played on Tuesday evening and are scheduled to begin March 8. A total of six teams (36 participants) have registered.

Adult Spring 6 vs. 6 Soccer

The registration fee was \$250 per team. Games will be played on Tuesday evening and are scheduled to begin March 8. A total of six teams (72 participants) have registered.

Adult Spring Softball

There was not enough interest to form a competitive league this season.

Adult Spring Table Tennis Singles League

The registration fee was \$10 per player. Games will be played on Tuesday afternoon and the season will begin March 1. A total of eight players have registered.

Youth Sports

Youth Baseball (Ages 3-12)

Registration for baseball ended on February 11. Fast Start Baseball fees were \$20 for residents and \$45 for non-residents. Youth baseball fees for ages 5-12 were \$30 residents/\$55 for non-residents. All participants will receive a medal, jersey and a hat. The coaches meetings and skill evaluation for 9-12yr old league will be held on March 1. Practices for ages 5-12yr will begin the week of March 7.

Youth Baseball Registration (as of February 28, 2022)

Fast Start Baseball	Total: 39	IOP Resident: 26	Non-resident: 13
5/6 T-Ball	Total: 40	IOP Resident: 27	Non-resident: 13
7/8 Machine Pitch	Total: 53	IOP Resident: 44	Non-resident: 9
9-12 Youth Baseball	Total: 38	IOP Resident: 27	Non-resident: 11

Spring Break Soccer Camp

Partnering with Soccer Shots of Charleston the Isle of Palms Recreation Department will be offering a youth soccer camp during Charleston County School Districts spring break for children ages 4 – 12yrs old. Campers must provide their own snacks and water bottle.

April 11– April 15 from 9 a.m. – Noon

\$150 per child IOP Residents/\$155 per child Non-Residents

Spring Break Baseball Camp

Partnering with Trifecta Athletics the Isle of Palms Recreation Department will be offering a youth baseball camp during Charleston County School Districts spring break for children ages 7 – 12yrs old. Campers must provide their own snacks and water bottle.

April 11– April 14 from 12p.m. – 3 p.m. (Monday – Thursday)

\$170 per child IOP Residents/\$175 per child Non-Residents

Miscellaneous

In response to an email received by the Director, staff collaborated on the development of a Men's 40 and over Pick Up Basketball to be held on Saturday mornings at 7:30 a.m. The program would consist of six week sessions starting on March 19. Participants would be required to register online or in person by Wednesday of each session. IOP Residents are free / Non-Residents are \$25 per session. Session 1: March 19 – April 20/ Session 2: May 7 – June 11. Information was placed on the City's website, flyers and rules were developed and the program was set up in RecTrac. Saturday, February 26 staff met with the Saturday morning basketball participants and they were not in favor of this program and asked if we could revisit this request and hold off on this program at this time.

PROGRAMS AND CLASSES

Acting Classes

"Cyrano De Bergerac" Currently, eight (8) participants are enrolled in the class. Class will be held on Thursdays from 4:00 p.m. – 5:30 p.m. the session is scheduled for March 3 – May 12. The performance is scheduled for Thursday, May 12. Instructor, Jean Schubert.

Suspension Training: Class is held on Mondays, Wednesdays & Fridays at 8:00 a.m. Participants are required to make reservations before attending classes. Class is held under the picnic shelter but has utilized the gymnasium on rainy and cold days. Instructor, Pat Boyd

Core Strength: Classes are held Mondays, Tuesdays & Thursdays at 8:30 a.m. in the High Tide/Low Tide room. Angela Reinhardt, Instructor.

Barre: Class is held on Fridays at 8:30 a.m. Barre is \$10 per class, \$32 for the month. Instructor, Angela Reinhardt

Dog Obedience

New sessions began Monday, February 28.

Kinderpuppy – Mondays at 6:30 p.m.

Kinderpuppy – Mondays at 7:30 p.m.

Just the Basics – Tuesdays at 6:30 p.m.

Canine Good Citizenship – Tuesdays at 7:30 p.m.

Instructors, Susan Marett and Jennifer Parks

Gymnastics

New session began Tuesday, February 22.

Gymnastics – 3 & 4 year olds is held at 3:30 p.m. and is full with twelve (12) students.

Gymnastics – 5 years and older is held at 4:15 p.m. and is full with fifteen (15) students.

Cheer and Tumbling – 4 years and older is held at 5:00 p.m. and is full with fifteen (15) students.

Instructor, Kaylie Penninger

IOP Kids

The IOP Kids program has ten (10) students enrolled Monday – Friday and meets 9:00 a.m. – Noon. The children learn through play and adapt to a routine that will prepare them for school. 2022-2023 School year registration began on Monday, January 24, currently nine (9) students are enrolled for the next school year. Registration will remain open until the program is full.

Instructor, Cathy Adams

Line Dancing

Intermediate Classes – Thursdays at 9:30 a.m.

Beginner Classes – Thursdays at 10:30 a.m.

Instructor, Patricia Leonard.

Little Lotus Yoga

Little Lotus Yoga is held on Tuesdays at 12:00 p.m. Currently five (5) students are participating.

Instructor, Jennifer Rogers.

Meditation Group

Free Meditation class is held on Thursdays at 9:00 a.m. approximately six (6) people have been participating in the class. Class is conducted under the trees on multipurpose field. Instructor, Stacy Jessen.

Meditation Class

An evening meditation class was added due to interest from the participants. Class is held in the Tadpole Room on Thursdays at 6:30 p.m. Evening meditation is \$5 per participant. Instructor, Stacy Jessen

Mini Minnows

Mini Minnows is an afternoon play group for children ages 3 and 4. The class meets on Mondays, Wednesdays and Fridays from 12:00 p.m. – 3:00 p.m. The group learns to adapt to a classroom setting learning through indoor and outdoor play and art projects. Currently nine (9) students are enrolled in the program. Instructor, Cathy Adams.

Over 50 Fitness

Class is held on Tuesdays & Thursdays from 2:30 p.m. – 3:30 p.m. Instructor, Judy Fischer.

Senior Exercise

Class is held Monday & Wednesday from 3:00 p.m. – 4:00 p.m. Instructor, Judy Fischer.

Saturday Yoga

The Saturday yoga class is schedule at 10:00 a.m. in the Magnolia/Palmetto Room. The class is a slow flow class and participants work on balance, strength and flexibility. The class is 75 minutes and \$12 drop in fee to attend. Instructor, Kathy Berry.

Tae Kwon Do

Youth and family classes meet on Mondays at 6:30 p.m. Ten (10) students are enrolled. Adult open belt classes meet Wednesday evenings at 6:30 p.m. and Saturday mornings at 9:00 a.m. Sixteen (16) adults are enrolled. Dr. Jack Emmel, Instructor

Tennis Lessons, Youth

Tiny Tennis – Ages 4 & 5 years is held at 3:30 p.m.
Red Ball - Ages 6 -8 years is held at 4:00 p.m.,
Orange Ball – Ages 8-10 year is held at 5:00 p.m.
Green Ball – Ages 9 & older begins at 6:00 p.m.
All levels are full. Instructor, Corinne Enright.

Tennis Lessons, Adult

Adult lessons are held on Tuesdays and Thursdays at 8:30 – 9:30 a.m. Instructor Corinne Enright

Over 50 Yoga

Class is held on Mondays and Wednesdays at 1:45 p.m. Instructor, Judy Fischer.

Pickleball Lessons

Pickleball lessons began February 7 and are held on Mondays and Wednesdays at 9:00 a.m. – 10:30 a.m. Currently ten (10) people are enrolled in the class. Instructor, Nancy Markovich, PPR

FitBody in 50

Classes are held on Wednesday & Fridays at 10:30 a.m. Instructor, Eric Johnson

Gather & Knit

A group of ladies meet in the Lobby on Mondays to knit and socialize. Six (6) – eight (8) ladies have been attending. The group meets on Mondays at 10:30 a.m. – 12:00 p.m. Free social group.

Writing Your Memories

The writing class is held at 10:00 a.m. The class began in January and will run through May. There are six (6) participants enrolled in the class. The group is a creative writing group to help collect and organize ideas for telling their life story. Instructor, Holly Vories

Tabata Tuesdays

The HIIT/TABATA style workout class is held on Tuesdays at 6:00 p.m. Currently four (4) people are participating in the class. Instructor, Tammy Cox.

Beach Boot Camp

Class is an outdoor fitness class traveling from the Rec center to the beach for a traveling style fitness class. Class will use body weight and mother nature to make the class fun. Bad weather days, class will be held in the fitness room. Class is held on Saturdays, at 9:00 a.m. Instructor, Tammy Cox.

RecTrac/WebTrac Update:

Online registration is up and running nicely.

Everyone that has participated in any Recreation program is in the RecTrac system and they all have been assigned a username and password.

Most families are not aware of their number and need to contact the Recreation staff for assisting in getting set-up.

Once the family or individual has signed in with their username and password they simply click on the activity they are interested in, add to cart, choose the family member and answer registration question. They continue to the shopping cart and then "Proceed to Checkout" and complete the process of paying.

If someone has not participated at the Recreation they will need to stop by to enroll and show proof of residency.

SPECIAL EVENTS

Keenagers

The Keenagers senior social group lunch was held on February 2. Forty-two (42) people attended the meeting. The Recreation Department held a Valentine's Day themed event with Marci Shore, a local singer, as the entertainment. The next luncheon will be held March 2.

Doggie Day

The Annual Doggie Day at the IOP Rec was held on Saturday, February 12 from 9:00 a.m. – 12:00 p.m. Dr. Jose Biascoechea of Birds and Exotic Animals was onsite and administered rabies vaccinations for \$15.00 and microchips for \$30.00 from 9:00 a.m.- 11:30 a.m. The IOP Animal Control distributed IOP Dog Licenses from 9:00 a.m.-12:00 p.m. Free dog photos were offered from 9:00 a.m. – 12:00 p.m. A free dog show for the public to participate began at 10:00 a.m. Thirty-seven (37) contestants registered for the free dog show. Sponsors which contributed to prizes included: *Hairy Winston Pet Boutique*. Other participating vendors included: *STAR Therapy Dogs, Doody Calls, Lowcountry Dog Treats, Camp Bow Wow, Libby and Mace's Place Rescue, Tails Wagon, Carolina Poodle Rescue, and Pet Helpers*.

UPCOMING EVENTS

Front Beach Fest

Front Beach Fest will be held at Front Beach on Saturday, March 5 from 12:00 p.m. – 4:00 p.m. The festival will feature musical performances by *The Holiday Band* and *The Pink Slips*. Fifty (50) different arts, crafts, community service, entertainment and food vendors will be participating in the festival. Entertainment will include a bungee trampoline, jugglers, face painting, balloon artist, and spin art. The IOP Police and Fire Department will be assisting with this event.

Yard Sale

The annual IOP Yard Sale will be held on Saturday, March 26 from 8:00 a.m.-12:00 p.m. at the Recreation Department. Participants can purchase a 10'x10' space for five (5) dollars and may purchase a maximum of two (2) spaces. Vendors may only sell used or "like new" items. Goodwill has agreed to come on site and collect donated items that are not sold. Registration is now open and filling up quickly,

Easter Bunny Brunch

The annual Isle of Palms Easter Egg Hunt for 2022 will now be called the Easter Bunny Brunch. This event is held for Isle of Palms residents only. There are two sessions offered, 9:00 a.m. to 10:30 a.m. and 11:00 a.m. to 12:30 p.m. each allowing 50 children to enroll. Free pictures with the Easter Bunny will be available as well as face painting. After eating and visiting the Bunny all participants that register will go outside for a Easter Egg Hunt which will take place in the softball field area. The Isle of Palms Police and Fire Department will assist with this event as well.

Music in the Park

Saturday, May 7 from 3:00 p.m. – 7:00 p.m. the annual Music in the Park will be held featuring some amazing Blue Grass bands, food vendor and other refreshments. Visitors are encouraged to bring their lawn chairs and enjoy an afternoon of free music and fun with family, neighbors and friends.

Sand Sculpting Competition

The Annual Sand Sculpting Competition is scheduled for Saturday, June 11 from 9:00 a.m.-12:00 p.m. on Front Beach. Sponsors are being secured for this event. Awards will be given to the top three (3) in the categories of: Adult (21 and older), Family (at least one adult & one young adult or child), Young Adult (ages 15-20), Children's (ages 14 and under), Best Architectural, Most Creative, and Best in Show – Overall. Over twenty (20) teams participated. Online Registration will begin in May.

Summer Camp

Registration will begin March 14 for Residents and March 28 for Non Residents. Children must be between the ages of 3 – 12 years old by September 1, 2022. Participants may register on line. Household must be active and set up prior to registration dates, in order to register online. Grandparents residing on the Isle of Palms may register their grandchildren only if they reside more than 50 miles from the Isle of Palms. Proof of residency may be required. Eight (8) weeks of camp will be offered and begins Monday June 6 and runs through Friday, July 29.

RECREATION SPECIALIST

Daily Responsibilities

- Completed evening procedures and reported damages to supervisor.
- Set up classrooms for next program when supervisors unavailable.
- Registered class participants, answered phones and welcomed visitors.
- Updated daily front desk information folders.
- Monitored security cameras.
- Monitored Cardio room throughout the day.
- Managed the sign-in sheets for gymnasium and cardio room.
- Answered questions regarding current and upcoming programs/events.
- Assisted the Director and other staff members on a regular basis.
- Showed first time visitors around Recreation Center and introduced them to the programs that are available.

Other Duties

- Participated in daily/weekly staff meetings.
- Developed monthly calendar.
- Maintained lost-and-found folder and bins.
- Registered and provided information to Community Yard Sale participants
- Update class schedules.
- Contacted Keenagers to remind them on monthly meeting.
- Updated media center as needed
- Completed housekeeping duties when supervisor was unavailable.

Parks & Facilities

Housekeeping

- Performed routine housekeeping duties.
- Completed monthly safety inspections.
- Cleaned and serviced housekeeping maintenance equipment.
- Replaced and refilled air fresheners and other sanitary devices.
- Flush floor drains as needed.
- Disinfected exercise equipment and rooms.
- Remove pests as needed.

Facility Preparations

- Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.
- Participated in weekly staff meetings and Safety Inspection committee meeting.
- 2/2- Setup for Keenagers.
- 2/8- Brought down items for Doggy Day.

Interior Maintenance

- Serviced, lubricated and cleaned Cardio room equipment.

Unclogged toilets and drains as needed.
Replaced light bulbs and ballasts as needed.
Machine-scrubbed the facility halls, class rooms and gym floor.
Dusted book shelves in Magnolia room.
Scrubbed tile and grout lines in the bathrooms and kitchen.
2/1- Reattached the strips between mirrors in Hi/Low Tide rooms.
2/1- Adjusted ceiling panels in hallway and lobby.
2/4- Replaced wipes in Hi/Low Tide room.
2/7, 2/8- Installed 4 brackets in the gym for TRX straps.
2/14- Replaced clock in Low Tide room.
2/15- Replaced wipes in Cardio room.
2/17- Repaired cardio room door, touched up paint.
2/17- Painted door in Men's gym bathroom.
2/18- Painted door in Women's gym bathroom, touched up paint throughout gym.
2/24- Installed brackets in the gym for TRX straps.
2/24- Adjusted closing speed (slowed it down) on gym restroom door.
2/25- Repaired push bar on lower water fountain in gym.
2/25- Adjusted doorknob on interior gym bathroom door.
2/25- Replaced lightbulbs in kitchen and Tadpole room.
2/25- Replaced batteries in thermostat remote upstairs.

Exterior Maintenance

Inspected equipment, collected lost & found items and removed debris around the playground.
Removed trash and debris from around the building.
2/1- Replaced 8 lightbulbs in softball scoreboard.
2/3- Replaced exterior lightbulb behind the gym.
2/4- Replaced GFCI and cover on soccer field.
2/8- Replaced 4 lightbulbs on outside of the shed.
2/23- Assisted with repairing broken pipe outside of shed.

Service Projects

2/23- **Flying Locksmiths**- Installed new lock on exterior of Gym restrooms.

Parks and Grounds Maintenance

Multipurpose, baseball, softball and soccer fields

Treated with products recommended by Possums
Mowed fields as needed
Cleaned irrigations heads on soccer field
Replaced bulbs in softball field scoreboard

Baseball and Softball infields every other day

Treated for weeds and spreading grass

Groomed fields due to heavy use and improper use from golf carts and bikes

Added sand/clay mix to baseball field

Continue to work on and cut back some of the lip on the softball field

Base plugs are frequently stolen and must be replaced.

Grounds

Replaced broken/malfunctioning GFCI outlets and covers

Picked up a lot of dog poop all over the property

Collected garbage and trash all over the ground

Repair bracket on picnic table

Repaired broken waterline at shed

Added dirt on exposed tree roots behind gymnasium

Repaired "destruction" and vandalism that is occurring more frequently

The soccer irrigation control panel was unplugged on two (2) separate occasions causing the system to reset. (It has been zipped tied)

The foam padding was ripped off of a basketball backboard on the outside courts which seems to be a monthly occurrence.

Someone pried open the dog poop bag dispenser and took all the bags

Someone stole all the plugs for the bases on the baseball and softball field

Someone is golfing on the property, leaving golf balls behind (mowing hazard)

Cleaned up used fireworks in the dugout on 27th Avenue side of property.

Graffiti is constantly being painted on the inside of the porta-john

Images/words written in the baseball infield

Broken glass bottles and excessive garbage left by the basketball courts daily

Frequently picking up dog poop on soccer field

Serviced Golf Cart:

Cleaned mud and dirt from suspension and underbody

Cleaned all connections and electrical contacts

Added some water to the batteries

Mowers and Tractor

Attached 3-point quick hitch to tractor

Checked and added some oil

Washed after each to eliminate sand and salt

Sprayed exposed metal areas with a rust inhibitor

Added grease to the Zerk fittings

R-1 Ford Explorer

Cleaned battery connections

Tested battery output

Tested alternator output

Took car to Gerald's for service

Building

Installed hooks in gymnasium for fitness classes
Helped measure for acoustical panels quotes for gymnasium
Assisted with maintenance on drinking fountain
Secured locksmith for new hardware for gymnasium restroom door

Other

Secured pricing for Fiscal 2023 Budget
Moved gymnastics equipment
Helped move bleachers in gymnasium
Cleaned and painted cart for pickleball
Repair items and assisted with set up for Doggie Day
Assisted with setup and clean up for Keenagers

Weekly duties include:

- Wash and perform preventative maintenance on all equipment
- Place garbage bins by the road and return them after being picked up
- Place recycling by the road and rerun after being picked up
- Mulch the leaves on the ground
- Daily check on the grounds to pick up litter and look for items needing attention
- Mow grounds
- Trim the grounds with the weed trimmer in some areas
- Blow trimmings and debris off walkways and courts with the backpack blower
- Rake mulch under swings and slides on the playground

Monthly Duties include:

- Edge sidewalks and driveway
- Run gas powered tools to make sure they all work correctly
- Edge basketball courts
- Haul all debris to the cul-de-sac on 28th
- Blow off cul-de-sac
- Blow off parking lot

Additional Comments

- a. Part time grounds position has been hired and is starting on February 28th
- b. Products and repair items are still challenging to find, and it takes a lot of time to track them down and often requires trips to multiple stores to locate products.
- c. Prices of items and products fluctuate daily making it hard to get accurate estimates
- d. Many of the field products have more than double in cost

Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

March 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 10:00 Writing Class 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 3:30 Tiny Tennis 4:00 Red Ball Tennis 4:15 Gymnastics (5+) 5:00 Cheernastics 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:00 Tabata Tuesday	2 8:00 Suspension Fitness 9:00 IOP Kids 9:00 Pickleball 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:00 Keenagers 1:45 Over 50 Yoga 3:00 Senior Fitness 3:30 Tiny Tennis 4:00 Red Ball Tennis 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:30 TKD	3 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 Meditation	4 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:00 Game Room	5 9:00 Beach Boot Camp 9:00 TKD 10:00 Yoga Open Gym: Adult Play: 7:30am - 9:30am Open Gym : 12pm - 3pm Front Beach Fest 12pm - 4pm
	7 8:00 Suspension Fit 8:30 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:00 Mini Minnows 1:45 Over 50 Yoga 3:00 Senior Fitness 6:30 TKD 6:30 Dog Obedience 7:30 Dog Obedience <i>Baseball Practice Starts Monday - Thursday 4pm</i>	8 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 10:00 Writing Class 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 3:30 Tiny Tennis 4:00 Red Ball Tennis 4:15 Gymnastics (5+) 5:00 Cheernastics 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:00 Tabata Tuesday 6:30 6 v 6 Soccer 7-9 3on3 Basketball	9 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 1:45 Over 50 Yoga 3:00 Senior Fitness 3:30 Tiny Tennis 4:00 Red Ball Tennis 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:30 TKD	10 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 Meditation	11 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:00 Game Room	12 9:00 Beach Boot Camp 9:00 TKD 10:00 Yoga Basketball Games 7:30 - 9:20am Open Gym : 12pm - 3pm Fast Start Baseball 9am
	14 IOP Summer Camp Registration Opens 8am 8:00 Suspension Fit 9:00 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:00 Mini Minnows 12:30 Over 50 Yoga 6:30 TKD 6:30 Dog Obedience 7:30 Dog Obedience	15 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 10:00 Writing Class 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 3:30 Tiny Tennis 4:00 Red Ball Tennis 4:15 Gymnastics (5+) 5:00 Cheernastics 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:00 Tabata Tuesday 6:30 6v6 Soccer 7-9 3on3 Basketball	16 8:00 Suspension Fitness 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 1:00 City Council Budget Workshop 1:45 Over 50 Yoga 3:00 Senior Fitness 3:30 Tiny Tennis 4:00 Red Ball Tennis 5:00 Orange Ball Tennis 6:00 Green Ball Tennis 6:30 TKD	17 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 Meditation	18 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:00 Game Room	19 9:00 Beach Boot Camp 9:00 TKD 10:00 Yoga Basketball Games 7:30—9:20am Open Gym : 12pm - 3pm Fast Start Baseball 9am
	21 8:00 Suspension Fit 8:30 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:00 Mini Minnows 12:30 Over 50 Yoga 3:00 Senior Fitness 6:30 TKD 6:30 Dog Obedience 7:30 Dog Obedience	22 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 10:00 Writing Class 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:15 Gymnastics (5+) 5:00 Cheernastics 6:00 Tabata Tuesday 6:30 6 v 6 Soccer 7-9 3on3 Basketball	23 8:00 Suspension Fitness 9:15 Yoga 10:30 Fitbody in 50 12:30 Over 50 Yoga 3:00 Senior Fitness 6:30 TKD	24 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 Meditation	25 8:00 Suspension Fitness 8:30 Barre 9:00 IOP Kids 9:15 Yoga 10:30 Fitbody in 50 12:00 Mini Minnows 12:00 Game Room	26 9:00 Beach Boot Camp 9:00 TKD 10:00 Yoga Open Gym: Basketball Games 7:30am - 9:20am Open Gym : 12pm - 3pm IOP Community Yard Sale
	28 8:00 Suspension Fit 9:00 Core Strength 9:00 IOP Kids 9:15 Yoga 10:00 Gather and Knit 12:00 MahJong 12:00 Mini Minnows 12:30 Over 50 Yoga 6:30 TKD 6:30 Dog Obedience 7:30 Dog Obedience	29 8:30 Core Strength 8:30 Adult Tennis 9:00 IOP Kids 10:00 Table Tennis 10:00 Writing Class 2:30 Over 50 Fitness 3:30 Gymnastics (3-5) 4:15 Gymnastics (5+) 5:00 Cheernastics 6:00 Tabata Tuesday 6:30 6 v 6 Soccer 7-9 3on3 Basketball	30 8:00 Suspension Fitness 9:15 Yoga 10:30 Fitbody in 50 12:30 Over 50 Yoga 3:00 Senior Fitness 6:30 TKD	31 8:30 Adult Tennis 8:30 Core Strength 9:00 Meditation 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 10:30 Line Dancing 2:30 Over 50 Fitness 6:30 Meditation	Weekday Open Gym Schedule: Monday 8:00am - 6:00pm Tuesday 12pm - 6:00pm Wednesday 8:00am - 6:00pm Thursday 12pm - 5:00pm Friday 8:00am - 4:00pm <i>Times may change due to Recreation programming & athletics.</i> Baseball Practice: soccer, baseball & softball fields Monday—Thursday 4:00pm	