

#### **Recreation Committee**

5:00 p.m., Monday, January 13, 2020 City Hall Conference Room 1207 Palm Boulevard Isle of Palms, South Carolina

#### <u>Agenda</u>

- 1. **Call to order** and acknowledgment that the press and the public have been duly notified of the meeting in accordance with the Freedom of Information Act.
- 2. Election of Chair and Vice Chair
- 3. Approval of previous meeting's minutes November 4, 2019
- 4. Citizens' Comments Comments shall be limited to 3 minutes
- 5. **Departmental Report –** Assistant Director Ferrell
- 6. Old Business
  - a. Discussion of surfing lessons franchise agreement for summer 2020
  - b. Discussion about adding a community swimming pool at the Recreation Center and timeline for an advisory referendum in November 2020

#### 7. New Business

Review of the Recreation Department's 10-year Capital Plan and discussion of new initiatives and projects for consideration

#### 8. Miscellaneous Business

Next meeting date: 5:00 p.m., Monday, February 3, 2020

9. Adjournment

### RECREATION COMMITTEE 5:00pm, Monday, November 4, 2019 City Hall Council Chambers

### 1207 Palm Boulevard, Isle of Palms, SC

#### **MINUTES**

#### 1. Call to order

Present: Council Member Smith (chair), Council members Buckhannon and Moye

Staff Present: Administrator Fragoso, Asst. City Administrator Hanna, Director Page

#### 2. Approval of Previous Meeting's Minutes

Council Member Buckhannon made a motion to approve the minutes of the August 5, 2019 meeting, and Council Member Moye seconded the motion. Council Member Smith asked that the minutes reflect the correct spelling of Susan Stabine's last name. The amended minutes passed unanimously.

#### 3. Citizen's Comments

Jamie Zazella, 104 Forest Trail, spoke to the Committee about the many benefits of swimming and of her full support for a community pool. She suggested sources of revenue could include lessons and classes for all age groups, memberships, and concessions. She noted the limited swim team pool space in the Charleston area. She also mentioned the LAPS program which provides swimming lessons to underprivileged children. Council Member Smith asked if it would be possible to suspend the rules of order to allow discussion with Ms. Zazella

MOTION: Council Member Buckhannon to reorder the agenda and move the discussion of the pool to before the Departmental Report. Council Member Moye seconded the motion. The motion passed unanimously.

#### 4. Old Business

#### A. Discussion about adding a pool at the Recreation Center

Council Member Buckhannon said he is very encouraged about the conversation around the possibility of a community pool. Council Member Moye spoke about the importance of having a referendum on the 2020 ballot. He also said the effort to discover the needs and desires of the community regarding a pool is the perfect issue for a Citizen Committee to engage in to create a transparent and informative process.

Administrator Fragoso reported she recently reached out to the program coordinator at the new aquatic center in North Charleston. She is awaiting further information from her on operational costs. She noted that any referendum question would need to be ready by August to appear on the 2020 ballot. She spoke about the difference between a non-binding and advisory referendum.

She distributed proposed survey questions about a community pool to Committee members and asked for their feedback.

Council Member Moye stated the Citizen Committee needs a clear directive. Council Member Buckhannon agreed the Citizen Committee could be helpful in taking some of the work of engaging the citizens off the staff. Administrator Fragoso suggested engaging an architect to determine what is feasible for the space, which, in turn, will help define the directive given to the Citizen Committee. Council Member Buckhannon said David Burt from LS3P still has the plans from the previous pool discussion. Director Page reviewed older schematic designs of the recreation center, including a proposed pool area. Council Member Smith said for the record, "The Dog Park will continue to exist." She supports the idea of engaging an architect to see who much space is available for future growth. She also suggested looking at the previous referendum when crafting the new one. Council Member Moye requested from City Staff a detailed timeline of milestones that need to be reached in order to successfully get the referendum on November's ballot.

#### 5. **Departmental Report** – Director Page

Director Page reviewed current and future activities happening in the Recreation Center. Discussion ensued about the Saturday morning basketball time in the gym. Administrator Fragoso said staff is still debating on how best to be responsive and fair to all the requests for use of the Recreation Center.

Administrator Fragoso reported the addition of a Pearl Harbor remembrance at the Holiday Street Festival on December 7. She said she has reached out to the VFW regarding the event, and Council Member Buckhannon suggested contacting the Citadel as well.

Director Page said the gym will be closed the week of November 18 while the gym floor is being replaced.

#### 6. **Old Business**

#### B. Update on surfing lessons franchise RFP for summer 2020

Administrator Fragoso reported that the two bids received for the franchise were opened on Friday, November 1. This matter will be discussed further in Executive Session.

#### 7. **New Business**

# Discussion of the IOP Exchange Club facilities and partnership opportunities with the City

Administrator Fragoso shared details of the Turtle Hatching Scavenger Hunt effort proposed by the Turtle Hatching Team and the Exchange Club. She said the groups requested funding assistance from the ATAX Board, which was unanimously approved, and the initiative will be presented to the Ways & Means Committee on November 15.

When asked if there are other opportunities for the Exchange Club and the Recreation Department to work together, Administrator Fragoso said at this time the Recreation Center is not in need of extra space to accommodate its classes. However, there had been some brief discussion about their access to the water for public kayaking. Council Member Moye asked about the vision for the scavenger hunt – what is the purpose, educational goals, how is it being promoted – and expressed concern that people not be led into the dunes with this activity.

#### 8. **Miscellaneous Business**

The next meeting of the Recreation Committee will be Monday, January 13, 2020 at 5:00pm.

#### 9. **Executive Session**

MOTION: Council Member Smith made a motion to move into Executive Session, according to §30-4-70(a)(2) related to a discussion of negotiations incident to proposed contractual arrangements related to a beachfront franchise agreement. Council Member Buckhannon seconded the motion. The motion passed unanimously.

Committee members moved into Executive Session at approximately 6:13pm.

Upon return from Executive Session, Council Member Smith reported that no decisions were made, and the Committee will continue to evaluate the proposals received for the beachfront franchise agreement.

#### 10. **Adjournment**

The meeting was adjourned at 6:22pm.

Respectfully submitted,

Nicole DeNeane City Clerk



# RECREATION DEPARTMENT MONTHLY REPORT

# November – December 2019

STAFF: Norma Jean Page, Recreation Director

Karrie Ferrell, Assistant Director (programs)

Aaron Sweet, Recreation Supervisor (athletics)

Christopher Bako, Parks & Grounds Supervisor

Andrea Harrison, Recreation Supervisor (special events)

Holly Norton, Community Specialist

Joshua Key, Parks & Facilities Specialist

#### PROGRAMS AND CLASSES

#### **Acting Performance Workshop**

Approximately forty (40) people were in attendance for the performance of *Macbeth*. The play was held Thursday, November 21 at 5:30 p.m. Eleven (11) actors and actresses performed a short rendition of the play. The next Acting Workshop will be *Romeo and Juliet*, it is scheduled to begin on January 23. The Summer Acting Camp is scheduled for August 3 – August 7, 2020 registration for both activities are open. Jean Schubert, Instructor.

#### Ballet

Ballet is scheduled to resume Monday, January 13 at 10:30 a.m. The class time was moved earlier in the day to hopefully spark new interest in the class. Class is for children 2-5 years old. Kim Chesley-Breland, Instructor.

#### Barre & More

Nine (9) people have been participating in the Barre class. Class is held on Mondays and Wednesdays at 9:15 a.m. in the Palmetto Room. Class time will move to 9:00 a.m. starting in January. Class is a part of the Fitness Pass Membership. Angela Reinhardt, Instructor.

#### **Boot Camp**

Four (4) people have been participating in the Boot Camp class held on Monday/Wednesday/Friday mornings at 7:00 a.m. Class is a part of the Fitness Pass Membership. Class is held in the High Tide/Low Tide Room. Pat Boyd, Instructor.

#### Cardio & Strength

Four (4) people have been participating in the new fitness class. Class is held on Mondays at 5:30 p.m. New for January, Class will be held on Mondays and Wednesdays at 5:30 p.m. Class is a part of the monthly Fitness Membership. Elizabeth Hudson, Instructor.

#### Core & More

Six (6) people have been participating in the Core & More class scheduled on Monday and Thursday mornings at 10:30 a.m. Class is part of the Fitness Membership. Class is held in the High Tide/Low Tide Room. Jeromy Miller and Angela Reinhardt, Instructors.

#### Dog Obedience

<u>Kinderpuppy</u> is scheduled to start Monday, January 6 at 6:30pm. Class is full with six (6) participants. The next session is scheduled for Monday, March 2.

<u>Just the Basics</u> is scheduled to start Monday, January 6 at 7:30pm. Class is full with six (6) participants. <u>Canine Good Citizenship</u> is scheduled to start Tuesday, January 7 at 6:30pm. There are four (4) participants preregistered at this time.

<u>Canine Acting & Tricks</u> is scheduled to start Tuesday, January 7 at 7:30pm. There is one (1) participant preregistered at this time. Susan Marett, Instructor.

#### FitBody in 50

Ten (10) people have been participating in the FitBody class offered Tuesdays and Thursdays. Currently seven (7) people have been participating in the 9:30 a.m. class and three (3) people in the 5:30 p.m. class. CClass is held in the High Tide/Low Tide Room. Geri D'Italia, Instructor.

#### **Fitness Membership**

A new fitness opportunity started in September for our fitness enthusiast. 10 classes for \$75 allows participants to customize their fitness experience at the Rec. Classes include Total Body Challenge, Boot Camp, Barre, FitBody in 50, Core & More, Yoga and Cardio & Strength classes.

#### **Game Room**

Card games, dominoes, scrabble. A time to sit, socialize and enjoy games with friends. Starting January game time will move to Tuesdays 1:00 p.m. – 3:00 p.m. in the Tadpole Room.

#### Gather Knit & Stitch

Eight (8) ladies have been meeting in the lobby to socialize and knit. The group is free and self-led. Participants are more than happy to assist in technique and share patterns and knowledge. Gather Knit & Stich is held on Monday mornings from 10:00 a.m. – 12:00 p.m. in the Recreation Lobby.

#### **Gymnastics**

Twenty-two (22) children are registered for Gymnastics. The next session of gymnastics is scheduled to start Tuesday, January 7<sup>th</sup> at 3:30 p.m. Tricha Tapio, Instructor.

#### IOP Kids: 3-year old Pre-K Program

The IOP Kids program is full with ten (10) participants enrolled Monday/Wednesday/Friday and nine (9) enrolled on Tuesday/Thursday. IOP Kids is a structured play group that gives children the opportunity to socialize and cooperate with peers in a classroom setting. Class follows the Charleston County School Calendar and the City of Isle of Palms Holiday schedule. Cathy Adams, Instructor.

#### Little Lotus Yoga

The next session of yoga is scheduled for Wednesday, January 8 at 8:15 a.m. Kim Markin, Instructor

#### **Line Dancing**

Nine (9) men and woman have been participating in the Line Dancing class. Class is held on Thursdays from 9:30 a.m. - 10:30 a.m. in the Magnolia/Palmetto Room. Tricha Leonard, Instructor.

#### Mah Jongg

Twelve (12) ladies have been participating in the mah jongg social group. The ladies are happy to give tutorials and help beginners learn the game. Group meets in the Tadpole Room on Mondays from 12:00 p.m. – 3:00 p.m.

#### **Mini Minnows**

Ten (10) children are participating in the program. Class is held on Mondays/Wednesdays and Fridays from 12:00 p.m. - 3:00 p.m. Cathy Adams, Instructor.

#### Mommy /Daddy & Me

Parent/Tot play group meet and socialize on Friday mornings from 9:30 a.m. -11:00 a.m. The program is free and meets in the Tadpole Room.

#### Over 50 Fitness

Twelve (12) seniors have been participating in the senior fitness class held on Tuesdays and Thursdays at 3:00 p.m. Judy Fischer, Instructor.

#### Pickle Ball Lessons:

Three (3) people are registered and have been participating in Pickle Ball. Geri D'Italia, Instructor.

#### Science with Sam

Class will resume Thursday, January 9 at 12:00 p.m. Samantha Barrineau, Instructor.

#### Senior Exercise: Enhance Fitness

Enhance Fitness is a county wide grant program administered through Roper Saint Francis Hospital. Currently fifty-eight people (58) are enrolled in the class approximately forty (40) attend class on a regular basis. Class is held on Mondays and Wednesdays at 3:00 p.m. in the High Tide/Low Tide Room. Class is currently on a waiting list. Judy Fischer, Instructor.

#### Spanish: Conversational Class

Spanish I and Spanish II were cancelled due to low participation. Class will resume February, 12. Seth Mason, Instructor.

#### **Summer Camp**

2020 Summer Camp Lottery will be held March 2 through March 13. Island Residents and Grandparents residing on the Isle of Palms when grandchildren reside at least 50 miles from 29451 zip code will be able to register at any time during the process. The Recreation Department is working with City Administration to format an online form and the opportunity for residents to pay for camp online. The Lottery will run on March 16, participants will be notified at that time of enrollment or waitlist. into the camp program. If spaces remain non-residents will be able to register on Monday, March 30.

#### Youth Tae Kwon Do

Four (4) children have been participating in the Youth Tae Kwon Do class. Class is held on Saturday mornings at 9:00 a.m. Jack Emmel, Instructor.

#### Adult Tae Kwon Do

Fifteen (15) adults have been participating in the Tae Kwon Do class. Class is held Monday evenings, Wednesday evenings and Saturday mornings. Class is held in the gymnasium.

The Tae Kwon Do Seminar is scheduled for Friday, January 3 and Saturday, January 4. The seminar is an intensive work out for brown and black belts. Jack Emmel, Instructor.

#### Tai Chi/Qigong

Five (5) people have been participating in the Tai Chi class held on Tuesdays at 10:45 a.m. in the High Tide/Low Tide Room. Connie Cossetti, Instructor.

#### **Adult Tennis**

Twelve (12) participants have been meeting for Beginner and Intermediate tennis lessons. Intermediate Tennis meets at 8:30 a.m. and the beginner group meets at 9:30 a.m. Corinne Enright, Instructor.

#### **Tennis Youth Programs**

All sessions continue to fill in the first week of registration. Some changes were made to the program in hopes to create a few more spaces. The Tiny Tennis group is for children ages 4-8 years, the Beginner class is for children 7-11 years and the Intermediate is for 11 years and older. All classes are based on skill level, the instructor will evaluate and place children in the correct class if needed.

<u>Tiny Tennis (4-8yrs):</u> Will play on a 36 foot court with red ball (low compression). The 4 and 5 year old group will play for 30 minutes and the 6-8 year old group will play for 1 hour.

Currently both Tuesday and Thursday classes are full for the next session set to start January 7.

<u>Beginner Tennis:</u> Will play on a 60 foot court with orange ball. Both Tuesday and Thursday classes are full for January. A maximum of 8 children are participating in the class.

<u>Intermediate Tennis:</u> Will play full court. There are currently 5 participants who have been playing consistently. The group meets on Thursdays at 6:00pm.

#### **Total Body Challenge**

Thirty-nine (39) people have been participating in the morning fitness class. Class is scheduled Monday – Friday at 8:00 a.m. – 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd teaches Monday/Wednesday/Fridays and Angela Reinhardt teaches Tuesdays/Thursdays.

#### Volleyball League Play

The next session of volleyball is scheduled to start Thursday, May 7. League Play is for students in 4 & 5 grades, middle school students and an advance play middle school. Laura & Kreg Togami, Instructors/Coach

#### **Wood Carving**

Seven (7) gentleman have been meeting on Wednesdays from 10:00 a.m. – 12:00 p.m. to socialize and whittle. Class is free and meets in the Tadpole Room.

#### **Evening Yoga**

Nine (9) people have been participating in the evening yoga class held on Wednesdays at 5:30 p.m. class is held in the Palmetto Room. Jen DeGoyler, Instructor

#### **Morning Yoga**

Twenty –Two (22) people have been participating in the morning yoga class held on Monday/Wednesday/Friday mornings from 9:15 a.m. – 10:15 a.m. Class is held in the High Tide/ Low Tide Room. Pat Boyd, Instructor.

#### Saturday Yoga

Eighteen (18) people have been participating in the Saturday yoga class. Class is held at 10:00 a.m. in the Palmetto Room. Jen DeGoyler, Instructor.

#### Handling Social Media with Confidence and Grace

Class is scheduled for Thursdays starting in March. Class is for girl's ages 11 years & up. Topics include the staying power of social media, stranger danger, cyber bullying and so much more. Social media is not encouraged and there is no screen time in class. All informational topics, what to know and parents are there to help. Instructed by Kensington Enrichment, Dette Elgin.

#### Farm to Table

A fun hands on program that addresses the relationship between students, communities and the environment. Local foods, where do they come from, health and nutrition, gardening and more. Class is for children ages 5- 10 years old and is scheduled to begin Thursday, January 30 at 4:00 p.m. Instructed by Kensington Enrichment, Dette Elgin.

#### Capital Kid\$

Capital Kids is a new class to the recreation department, helping children develop life skills in the area of financial literacy and entrepreneurship. Activities include coloring sheets, number rhymes, storytelling and counting songs. Biz Kids projects include "The Envelope Please" which will introduce the concept of Save, spend and give. Two sessions of this class will be taught; Ages 3-5 year olds will be held on Wednesday, January 29 at 4:00 p.m. The next session is for children ages 6-10 and will be held on Wednesday, March 18 at 4:00 p.m.

Instructed by Kensington Enrichment, Dette Elgin.

#### **Writing Your Memoirs**

Eleven (11) writers participated in a public reading on Thursday, November 7. Writers shared their works with friends and family to end the writing memoires session. The next session is scheduled to start Tuesday, February 4 at 10:00 a.m. The group will welcome a new instructor and one of their friends, Holly Vories.

#### **Adult Athletics**

#### **Adult Fall Softball**

A total of 4 teams, (80 players total) played in the fall league. The league concluded in December with a double elimination tournament. Seaworthy won the regular season and the tournament.

#### Adult Fall 6 vs. 6 Soccer

A total of 8 teams, (96 players total) played in the fall league. The league concluded in late November with a single elimination tournament. Harbor Contracting won the regular season and the Revelry Brewing Company team won the tournament.

#### Adult Fall Table Tennis Singles League

A total of 14 players played in the fall league. The league concluded in December with a double elimination tournament won by Steve Gonda. All participants received a league t-shirt.

#### **Youth Athletics**

#### Fall 2019 - 2020 Youth Basketball

A total of 145 children have registered for the 2019-2020 youth basketball program. Practices are ongoing until the end of the season for 9/10yr and 11-14yr old teams, practices end once games begin for the younger age groups. Games will begin January 8, 2020. At the conclusion of each league all youth participants will receive a player participation medal.

#### Youth Basketball Registration

5/	6 Basketball	Total: 36	IOP Resident: 30	Non-resident: 4	S.I. 2
7/	8 Basketball	Total: 38	IOP Resident: 28	Non-resident: 4	S.I. 6
9/	10 Basketball	Total: 37	IOP Resident: 27	Non-resident: 3	S.I. 7
11	1-14 Basketball	Total: 34	IOP Resident: 24	Non-resident: 6	S.I. 4

#### SPECIAL EVENTS

#### **Keenagers Social Group**

Keenagers gathered for covered dish luncheons in November and December. Several Keenagers brought entrees and desserts to share. Entertainment included viola soloist in November and December the group was entertained with Christmas music. After lunch, the group enjoyed holiday carols and participated in a Christmas carol sing-along.

#### **Community Environmental Program**

Wednesday, November 20, 2019, the Recreation Department hosted an environmental program featuring the local agricultural tech company, Vertical Roots. Brian Wheat spoke to a small and enthusiastic group explaining alternate modern farming methodologies and the technology used by these new generation farmers. A generous amount of gourmet non-chemical lettuces were given to attendees of this event. There was no cost for community members to attend.

#### **Holiday Craft Workshop**

The Recreation Department hosted the community youth (age 14 & under) for a craft workshop on November 19. Attendees decorated several holiday ornaments and all supplies were included. This event met maximum capacity and was enjoyed by all.

#### **Holiday Street Festival**

The Annual Holiday Street Festival was held on Saturday, December 7, 2019 at Front Beach, Isle of Palms and included the annual Tree Lighting Ceremony as a part of the program. Since the event coincided with the National Day of Remembrance for Pearl Harbor, the event opened with a Presentation of Colors and the National Anthem. A representative for the Isle of Palms VFW Post 3137 recognized several community World War II heroes in commemoration of the 1941 tragedy. Children were thrilled for the opportunity to visit with Santa Claus and get their family Christmas photos with him. The attendees enjoyed live music throughout the event and had ample opportunity to shop in the vendor village for gifts and holiday decor. Other family entertainment on this sunny day included carnival amusements, a balloon artist, and face painting. Event admission was free to the public with the opportunity to purchase food and drink from participating island restaurants and a variety of food truck businesses.

#### Santa's Cookie Workshop

Thursday December 12, 2019, children of all ages attended Santa's Cookie Workshop where they decorated freshly baked sugar cookies with an assortment of colorful confections. Christmas music and the variety of material needed for this free event were provided by the Recreation Department.

#### **Upcoming Events**

#### Movie & Dodgeball

Over the 2019/2020 holiday break, local youth (age 5-12) were invited to sign up by December 21 for a family friendly/age appropriate movie and Dodgeball game. This event was cancelled due to lack of participation.

#### Doggie Day at the Rec

The 14<sup>th</sup> Annual Doggie Day at the Rec will be held on February 8, 2020 from 9 a.m. until noon. This event is for canine enthusiasts and is designed to promote the health and well-being of the dogs in our community. The Recreation Department will serve as a convenient venue for vaccinations and microchipping at a discounted price as well as Isle of Palms dog licenses for residents. This community awareness day will also advocate for local adoption/rescue agencies and provide education for current and potential pet owners. Proud dog owners will be given the spotlight to show off their beloved pets in the Dog Show Contest which will feature an assortment of prizes for category winners, and a Good Citizenship testing will be administered to promote the benefit and joy of training well-adjusted canine companions.

#### **Front Beach Fest**

March 7, 2020 a portion of Ocean Blvd will be closed to kick off the 2020 beach season with Front Beach Fest from 12:00 p.m. – 4:00 p.m. This festival will feature live music by the *Surfin Woodys*' and back by popular demand *The Tams*. This family friendly street fair layout includes street performers and plenty of activities for children. A spring time vendor village will showcase local art and crafts that will be available for purchase, and the event will feature a rally of local restaurants and food trucks to offer a variety of menu items for sale to hungry festival goers.

#### Parks & Facilities

#### Housekeeping

Performed routine housekeeping duties.

Completed monthly safety inspections.

Machine-scrubbed the facility halls, class rooms and gym floor

Sprayed toys and equipment with electrostatic gun to disinfect

#### **Facility Preparations**

Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

11/4- Setup for Elections

11/6- Setup for Keenagers

12/4- Worked Keenagers

#### **Interior Maintenance**

Performed normal maintenance issues.

Unclogged toilets and drains as needed.

Replaced light bulbs and ballasts as needed.

11/8- Replaced water filter in fridge in office

- 11/8- Repaired both water fountains in the gym
- 11/8- Repaired first stall door in women's restroom in gym
- 12/3- Replaced 4 bulbs in Hi/Low Tide room, 1 bulb in Tadpole room and 1 in lobby

#### **Exterior Maintenance**

Inspected equipment, collected lost & found items and removed debris around the playground. Removed wasp nests.

- 11/18- Helped remove tree limbs and clean up outside front entrance.
- 11/19, 11/20- Put up Christmas tree at Front Beach.
- 11/22- Helped take down backing cage netting and move 4 soccer goals into storage.
- 11/25- Replaced bulbs in bollard lights.
- 11/26- Assisted with Installation of Christmas tree at Recreation center.
- 11/27- Attached red bows to street signs.
- 12/4- Adjusted gate to small dog park.
- 12/13- Replaced 7 bulbs in bollards outside. Replaced 8 bulbs out front of main entrance.

#### **Service Projects**

- 11/7- Met with Gary Keisler from NetZero to give quote to upgrade gymnasium lights to LEDs
- 11/8- Charleston Electric- replaced 5 ballasts in Magnolia/Palmetto rooms.
- 11/8- Termite inspection- no signs of any termites.
- 11/13- Berkeley- rewired thermostat and reset to commercial use as the heat was not working.
- 11/15- Flying Locksmiths- Replaced door lever entering into office.
- 12/4- Charleston Electric- Fixed flickering light, replaced 1 ballast, replaced emergency ballast.
- 12/13- Charleston Electric rewired and repaired light that was not working.
- 12/6- Met with Gary from Netzero to go over proposal to install LED lights in gym.
- 12/10- Berkeley- Performed PM. Unit #1 needs to be replaced. Unit #3 was low on Freon, advised leak search test. Unit #8 has a bad contactor and needs replaced.
- 12/17- Low Country Vacuum and Sew- Took old vacuum in for repairs and it was going to be too expensive to replace so we bought a new vacuum.
- 12/18- Autozone- Purchased new battery for the lift.
- **12/19-** Met with Gary from **Netzero** to go over proposal to retrofit lights in Magnolia/Palmetto rooms to LEDs.
- 12/26 Berkeley repaired contact in #8 A/C unit.
- 12/27-12/29- Snapsports- Replaced gymnasium floor (main playing area with proper tiles and repainted the court lines.

#### PARKS & GROUNDS MAINTENANCE

#### **Recreation Building and Activities**

Completed monthly reports Attended staff meetings

#### **Recreation Grounds**

Cleaned trash and debris from grounds
Trimmed trees, bushes and walkways around the complex
Pulled/sprayed weeds from beds around building, as needed
Applied fire ant spray as needed on fields, walkways and picnic shelter

#### Playground

Removed trash/recycling weekly
Re-leveled playground weekly
Weekly inspection and safety check of playground
Sprayed herbicide to control weeds in mulch

#### **Basketball and Tennis Courts**

Cleaning of courts daily
Sprayed for fire ants and weeds, as needed.
Re-attached basketball nets and adjusted tennis nets for proper tension and height.

#### Baseball (Scalise) Field

Groomed and edged infield
Sprayed for weed killer and for fire ants as needed
Mowed field weekly
Applied insect control to turf

#### Softball (Clarkin) Field

Applied herbicide on field and dugouts
Sprayed for fire ants and applied insect control as needed
Mowed, groomed and edged infields, as needed.
Prepared field for games

#### Soccer Field

Cleaned drain box

Set up and lined fields for soccer leagues
Applied insect control
Moved and installed all soccer goals according to league play
Over seeded with annual ryegrass for upcoming cooler weather
Adjusted irrigation due to seasonal changes/over seeding of turf

Removed/disassembled and stored all soccer goals for the season

#### Bark Park

Filled holes and scoopers as needed
Applied ant control
Adjusted dog park fence and gate
Re-activated pump to drain park after heavy rain

#### Multi-purpose Field

Picked up debris and maintained area as needed Sprayed for fire ants and broadleaf weeds, as needed. Adjusted irrigation timer

#### **Equipment**

Replaced blades on Toro Z-master(s)
Cleaned Toro Workman and golf cart
Performed oil/air filter changes on mowers

#### **OTHER**

Installed Christmas Trees at Front Beach and Recreation Department.

Design and distribute necessary posters throughout the island.

Completed Social Media blasts on Facebook.

Updated Website with Winter Activity Guide, January - May 2020

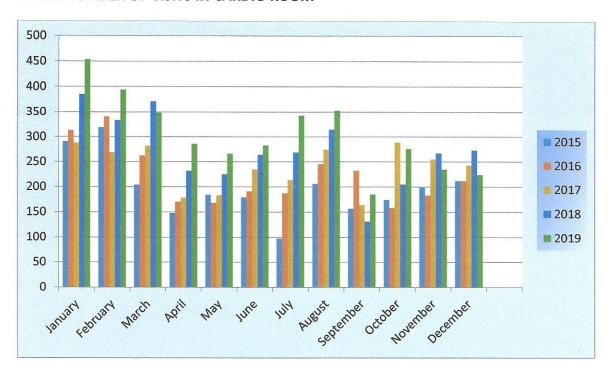
Met with Campdoc and Active.Net for online summer camp options.

Purchased and installed pavers for afterhours restroom access trail

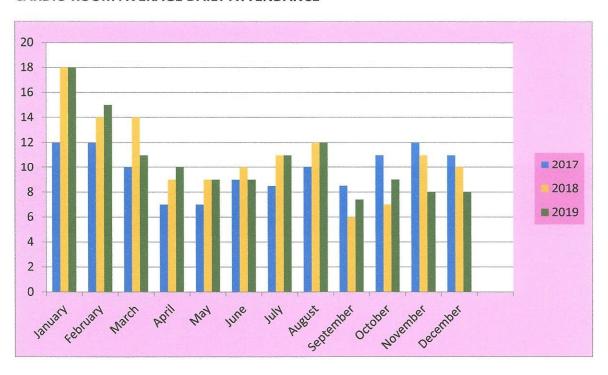
Receiving estimates and designs for walkway/courtyard pavers at front of facility

Met with David Quick regarding tree planting around playground area

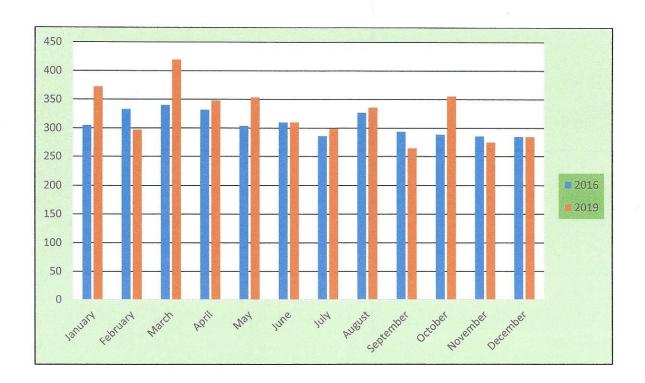
#### **TOTAL NUMBER OF VISITS IN CARDIO ROOM**



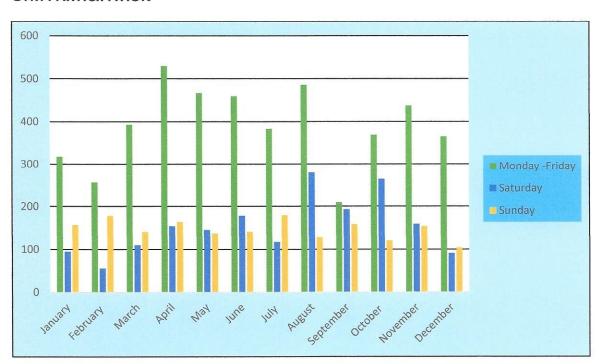
#### **CARDIO ROOM AVERAGE DAILY ATTENDANCE**



**RECREATION BUILDING HOURS - Total hours Supervision is present** 



#### **GYM PARTICIPATION**



# Gymnasium & Cardio Schedule January 2020

## **Isle of Palms Recreation Department**

#24 28th Avenue Isle of Palms, SC 29451 (843) 886-8294 www.iop.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat
M Tu W Th Fr Sa	ardio Room onday: 7:00am - 6 lesday: 7:00am - 6 lednesday: 7:00am - 7 lursday: 7:00am - 6 liday: 7:00am - 5 liturday: 8:00am - 5 lunday: 1:00pm - 5	5:30pm 7:00pm 6:30pm 5:00pm 5:00pm	CITY HOLIDAY RECREATION CENTER CLOSED	2 Open Gym 7:00am - 3:45pm Table Tennis (1/2court) 10am - 12:30pm Basketball Practice 4:00pm - 6:30pm	3 Open Gym 7:00am - 11:00am  Movie & Dodgeball 12:00pm - 3:00pm Basketball Practice 4:00pm - 4:45pm TKD Seminar 5:00pm - 7:00pm	4 GYMNASIUM CLOSED TKD SEMINAR
5 Adult Play 1pm-3pm Family Play 3pm-5pm	6 Open Gym 7:00am - 3:45pm  Basketball Practice 4:00pm - 6:15pm Dog Obedience 6:30pm - 8:30pm	7 Open Gym 7:00am - 3:45pm  Table Tennis (1/2court) 10am - 12:30pm Basketball Practice 4:00pm - 6:30pm Dog Obedience 6:30pm - 8:30pm	8 Open Gym 7:00am - 4:30pm Basketball Games 5:15pm - 6:45pm TKD 7:00pm - 8:30pm	9 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm Basketball Games 5:15pm - 8:45pm	10 Open Gym 7:00am - 3:45pm Basketball Practice 4:00pm - 4:45pm	11 Open Gym 8:00am-9:45am TKD 10am - 12:30pm Basketball Games 1:00pm - 5:00pm
12 Adult Play 1pm-3pm Family Play 3pm-5pm	13 Open Gym 7:00am - 3:45pm Basketball Practice 4:00pm - 6:15pm Dog Obedience 6:30pm - 8:30pm	14 Open Gym 7:00am - 3:45pm  Table Tennis (1/2court) 10am - 12:30pm Basketball Practice 4:00pm - 6:30pm Dog Obedience 6:30pm - 8:30pm	15 Open Gym 7:00am - 4:30pm Basketball Games 5:15pm - 6:45pm TKD 7:00pm - 8:30pm	16 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm Basketball Games 5:15pm - 8:45pm	17 Open Gym 7:00am - 3:45pm Basketball Practice 4:00pm - 4:45pm	18 Open Gym 8:00am-9:45am TKD 10am - 12:30pm Basketball Games 1:00pm - 5:00pm
19 Adult Play 1pm-3pm Family Play 3pm-5pm	20  CITY HOLIDAY RECREATION CENTER CLOSED	21 Open Gym 7:00am - 3:45pm  Table Tennis (1/2court) 10am - 12:30pm Basketball Practice 4:00pm - 6:30pm Dog Obedience 6:30pm - 8:30pm	22 Open Gym 7:00am - 4:30pm Basketball Games 5:15pm - 6:45pm TKD 7:00pm - 8:30pm	23 Open Gym 7:00am - 4:30pm  Table Tennis (1/2court) 10am - 12:30pm Basketball Games 5:15pm - 8:45pm	24 Open Gym 7:00am - 3:45pm Basketball Practice 4:00pm - 4:45pm	25 Open Gym 8:00am-9:45am TKD 10am - 12:30pm Basketball Games 1:00pm - 5:00pm
26 Adult Play 1pm-3pm Family Play 3pm-5pm	27 Open Gym 7:00am - 3:45pm  Basketball Practice 4:00pm - 6:15pm Dog Obedience 6:30pm - 8:30pm	28 Open Gym 7:00am - 3:45pm  Table Tennis (1/2court) 10am - 12:30pm Basketball Practice 4:00pm - 6:30pm Dog Obedience 6:30pm - 8:30pm	29 Open Gym 7:00am - 4:30pm Basketball Games 5:15pm - 6:45pm TKD 7:00pm - 8:30pm	30 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm Basketball Games 5:15pm - 8:45pm	31 Open Gym 7:00am - 3:45pm Basketball Practice 4:00pm - 4:45pm	

<sup>\*</sup>Recreation activities have first priority, schedule subject to change\*

## **Isle of Palms Recreation Department**

#24 28th Avenue Isle of Palms, SC 29451 (843) 886-8294 www.iop.net Programs, Athletics & Special Events

# January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Rabies Licer	P DOGG Saturday, Feb 9am - No Vaccination Clinic, nse, Local Adoption Dog Contest, Prize	Annual IOP Dog	CITY HOLIDAY RECREATION CENTER CLOSED  HAPPY NEW YEAR	2 8:00 TBC 9:30 Line Dancing 4:00 Basketball Practice	3 7am Boot Camp 8:00 TBC 9:15 Yoga 12:00 Movie & Dodgeball 4:00 Basketball Practice 7:00 TKD Seminar	4 Gymnasium Closed 9am TKD Youth 10am Yoga 10am TKD Seminar
Open Gym  1pm - 3pm  Adult Play  3pm - 5pm  Family Play	6 7am Boot Camp 8am TBC 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Basketball Practice 5:30 Cardio & Strength 6:30 TKD 6:30 Dog Obedience	7 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Basketball Practice 4:15 Cheernastics 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 Dog Obedience	8 7am Boot Camp 8am TBC 8:15 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Wood Carving 12:00 KEENAGERS 12:00 Mini Minnows 3:00 Sr. Exercise 5:15 Basketball Games 5:30 Evening Yoga 5:30 Cardio & Strength 7:00 TKD	9 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Tiny Tennis 5:00 Beginner Tennis 5:30 Fit Body in 50 5:30 Basketball Games 6:00 Inter. Tennis	10 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 1:00 Game Room 4:00 Basketball Practice	9am TKD Youth 10am Yoga 10am Adult TKD 1:00 Basketball Games Open Gym 8:00am - 9:45am
12 Open Gym 1pm - 3pm Adult Play 3pm - 5pm Family Play	13 Tennis February Reg. 7am Boot Camp 8am TBC 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Knit & Stitch 10:30 Core & More 10:30 Ballet 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Basketball Practice 5:30 Cardio & Strength 6:30 TKD 6:30 Dog Obedience	14 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:45 Tai Chi/Qigong 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:15 Cheernastics 5:00 Basketball Pictures 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 Dog Obedience	15 7am Boot Camp 8am TBC 8:15 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 5:15 Basketball Games 5:30 Evening Yoga 5:30 Cardio & Strength 7:00 TKD	16 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Tiny Tennis 5:00 Beginner Tennis 5:30 Fit Body in 50 5:30 Basketball Games 6:00 Inter. Tennis	17 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 1:00 Game Room 4:00 Basketball Practice	18 9am TKD Youth 10am Yoga 10am Adult TKD 1:00 Basketball Games Open Gym 8:00am - 9:45am
19 Open Gym 1pm - 3pm Adult Play 3pm - 5pm Family Play	20 MLK Day  CITY HOLIDAY  RECREATION CENTER  CLOSED	21 IOP/SI Baseball Reg. 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:45 Tai Chi/Qigong 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Basketball Practice 4:15 Cheernastics 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 Dog Obedience	22 7am Boot Camp 8am TBC 8:15 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 5:15 Basketball Games 5:30 Evening Yoga 5:30 Cardio & Strength 7:00 TKD	23 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Tiny Tennis 4:00 Romeo & Juliet 5:00 Beginner Tennis 5:30 Fit Body in 50 5:30 Basketball Games 6:00 Inter. Tennis	24 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 1:00 Game Room 4:00 Basketball Practice	25 9am TKD Youth 10am Yoga 10am Adult TKD 1:00 Basketball Games <u>Open Gym</u> 8:00am - 9:45am
26 Open Gym 1pm - 3pm Adult Play 3pm - 5pm Family Play	Non-res Baseball Reg. 7am Boot Camp 8am TBC 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Knit & Stitch 10:30 Core & More 10:30 Ballet 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Basketball Practice 5:30 Cardio & Strength 6:30 TKD 6:30 Dog Obedience	28 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Bridge 10:45 Tai Chi/Qigong 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Basketball Practice 4:15 Cheernastics 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 Dog Obedience	29 7am Boot Camp 8am TBC 8:15 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Capital Kid\$ 5:15 Basketball Games 5:30 Evening Yoga 5:30 Cardio & Strength 6:00 American Sign Language 7:00 TKD	30 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Tiny Tennis 4:00 Romeo & Juliet 4:00 Farm to Table 5:00 Beginner Tennis 5:30 Fit Body in 50 5:30 Basketball Games 6:00 Inter. Tennis	31 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 1:00 Game Room 4:00 Basketball Practice	IOP KIDS 2020 - 2021 School Year Registration  IOP/SI Residents: January 27 - Until Fu  Non-Residents: February 3 - Until Fu  \$80 Deposit Due at Registration (non-refundable)



## Isle of Palms Recreation Center #24 28th Avenue Isle of Palms, SC 29451 (843)886-8294



#### JANUARY CLASS SCHEDULE AND SPECIAL EVENTS

Mond	<u>lay:</u>
BOOT	

7:00am-8:00am

\$10 per class

TOTAL BODY CHALLENGE

8:00am-9:00am

\$8 per class

BARRE & MORE

9:00am-10:00am \$10 per class

YOGA

9:15am-10:15am

\$10 per class

**CORE & MORE** 

10:30am - 11:30am \$12 per Class

CARDIO & STRENGTH

5:30pm-6:30pm

\$10 per class

\* Cardio Room: 7:00am-6:30pm

Tuesday:

**TOTAL BODY CHALLENGE** 

8:00am-9:00am \$8 per class

FITBODY IN 50

5:30pm-6:30pm \$12 per class

TAI CHI/QIGONG

10:45am-12:00pm \$10 per class

**OVER 50 FITNESS** 

3:00pm-4:00pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

Wednesday:

**BOOT CAMP** 

7:00am-8:00am \$10 per class

**TOTAL BODY CHALLENGE** 

\$8 per class 8:00am-9:00am

**BARRE & MORE** 

9:00am-10:00am \$10 per class

VOGA

9:15am-10:15am \$10 per class

YOGA

5:30pm-6:30pm \$10 per class

**CARDIO & STRENGTH** 

5:30pm-6:30pm \$10 per class

\*Cardio Room: 7:00am - 7:00pm

#### Thursday:

**TOTAL BODY CHALLENGE** 

8:00am-9:00am

\$8 per class

FITBODY IN 50

\$12 per class 5:30pm-6:30pm

**CORE & MORE** 

10:30am - 11:30am \$12 per class

**OVER 50 FITNESS** 

3:00pm-4:00pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

#### Friday:

**BOOT CAMP** 

7:00am-8:00am \$10 per class

TOTAL BODY CHALLENGE

8:00am-9:00am \$8 per class

YOGA

9:15am-10:15am \$10 per class

\* Cardio Room: 7:00am-5:00pm

#### Saturdays:

YOGA

10:00am-11:15am \$12 per class

OPEN GYM:

8:00am - 9:45am

\*Cardio Room: 8:00pm -5:00pm

#### Sundays:

Registration:

IOP/SI Residents:

Non-Residents:

OPEN GYM 1:00pm - 5:00pm

1:00pm - 3:00pm Adult Gym

3:00pm - 5:00pm Family Gym

\*Cardio Room: 1:00pm - 5:00pm

**FAST START & YOUTH** BASEBALL

#### Cardio & Strength

Mondays & Wednesdays 5:30pm - 6:30pm January 6 - January 29

(No Class January 20)

4 Classes: \$32 res./\$37 non-res. 8 Classes: \$64 res./\$65 non-res.

Cardio conditioning is the best way to burn calories and maintain lean muscles. A total body workout to keep your body challenged.

# January 27 - February 14



January 21 - February 14



Fast start ages 3 - 4yrs \$20 resident/\$45 non-resident Youth Baseball ages 5 - 12 \$30 resident/\$55 non-resident

# **Fitness Class Pass**

10 classes for \$75 Classes Include:

Total Body Challenge **Boot Camp** Yoga FitBody Core & More Cardio & Strength

Monthly Pass, Customize your Fitness Schedule!