



RECREATION DEPARTMENT MONTHLY REPORT JULY 2012

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Ben Hull, Recreation Supervisor (athletics)
Christina Willson, Community Specialist
Miklos "Nick" Bako, Parks & Grounds Supervisor
Will McElheny, Recreation Supervisor (special events)
Shelia Redmon, Parks & Facilities Specialist

ATHLETICS

Ben Hull

Adult Summer Table Tennis

Eight (8) adults are competing in the 2012 Summer Season; games began on Tuesday, June 12th and were scheduled every Tuesday evening at 4:20 p.m. The regular season was won by Michael Carroll recording just one (1) loss on the season. The regular season champion and post-season champion will receive a shirt. A double elimination tournament took place on Tuesday, July 31 where Michael Carroll was the winner with Donnie Pitts coming in a strong second. Games and scores were kept and recorded by the players and Recreation staff.

Adult Fall Softball

Registration for Spring Softball is being held July 30th – August 24th. The registration fee is \$425 per team, and the league is limited to twelve (12) teams. The captains' meeting will be held on Tuesday, August 28th at 5:30 p.m.; games will be played on Monday and Wednesday evenings. The regular season will be followed by a double elimination post-season tournament. Regular season champions will receive a trophy and t-shirts; regular season runners-up will receive a trophy; and the tournament champions and runners-up will receive a plaque. Lowcountry Officials will umpire games with a Recreation staff member on-site to keep score.

Adult Fall 3-on-3 Basketball

Registration for the 3-on-3 basketball league is being held July 30th – August 24th. The registration fee is \$60 per team, and the league is limited to twelve (12) teams. The captains' meeting will be held on Tuesday, August 28th at 5:00 p.m., and games will be played on Tuesday evenings. Regular season and post-season champions will receive t-shirts. Games are officiated by the players, while a Recreation staff member is on-site to keep score.

Adult Fall 6 vs 6 Soccer

Registration for the 6 vs 6 Soccer league is being held July 30th – August 24th. The registration fee is \$250 per team, and the league is limited to eight (8) teams. The captains' meeting will be held on Tuesday, August 28th at 6:00 p.m. Games will be played on Tuesday evenings at 7:00 p.m. or 8:00 p.m. Regular season and post-season champions will receive t-shirts. Games will be officiated by Mike Dahlman and Jay Frye, while a Recreation staff member will be on-site to record the outcome of the match.

Adult Fall Table Tennis Singles Morning League

Registration for the Singles Table Tennis League is being held July 30th – August 24th. The registration fee is \$5 a player; the league is limited to sixteen (16) participants, ages 18 and up. The captains' meeting will be held on Tuesday, August 28th at 10:00 a.m.; games will be scheduled Tuesdays from 10:00 a.m. – 1:00 p.m. The regular season and post-season champions will receive a shirt. A double elimination tournament will take place following the regular season. Games and scores are kept and recorded by the players and Recreation staff.

Adult Fall Table Tennis Singles Afternoon League

Registration for the Singles Table Tennis League is being held July 30th – August 24th. The registration fee is \$5 per player. The league is limited to sixteen (16) participants, ages 18 and up. The captains' meeting will be held on Tuesday, August 28th at 4:30 p.m. Games will be scheduled Tuesdays from 4:00 p.m. – 6:00 p.m. The regular season champion and post-season champion will receive a shirt. A double elimination tournament will take place following the regular season. Games and scores are kept and recorded by the players and Recreation staff.

Adult Fall Table Tennis Doubles League

Registration for the Doubles Table Tennis League is being held July 30th – August 24th. The registration fee is \$5 per player. The league is limited to eight (8) participants, ages 18 and up. The captains' meeting will be held on Tuesday, August 28th at 10:30 a.m.; games will be scheduled Thursdays from 10:00 a.m. – 1:00 p.m. The regular season and post-season champions will receive a shirt. A double-elimination tournament will take place following the regular season. Games and scores are kept and recorded by the players and Recreation staff.

Youth Sports

Fast Start Soccer

Registration is running July 30th – August 24th for Isle of Palms residents. Open registration begins August 6th – August 24th. The registration fee is \$20 for Isle of Palms residents and \$25 for non-residents. The Parent/Player Meeting for Fast Start will be held Thursday, August 30th at 5:15 p.m. Game/activity days will be held on Saturdays. Recreation staff will be on-site to bring out equipment and supervise the activity.

5/6yr old Soccer

Registration is running July 30th – August 24th for Isle of Palms residents. Open registration begins August 6th – August 24th. The registration fee is \$30 for residents and \$35 for non-residents. The coaches' meeting will be held on Tuesday, August 28th at 6:20 p.m. The Parent/Player Meeting will be held Thursday, August 30th at 6:00 p.m.

7/8 yr old Soccer

Registration is running July 30th – August 24th for Isle of Palms residents. Open registration begins August 6th – August 24th; the registration fee is \$30 for residents and \$35 for non-residents. The coaches' meeting will be held on Tuesday, August 28th at 6:40 p.m. The Parent/Player Meeting will be held Thursday, August 30th at 6:00 p.m.

9-12 yr old Soccer

Registration is running July 30th – August 24th for Isle of Palms residents; open registration begins August 6th – August 24th. The registration fee is \$30 for residents and \$35 for non-residents. The skill evaluation/coaches' meeting will be held on Monday, August 27th at 5:00 p.m. The Parent/Player Meeting will be held Thursday, August 30th at 6:00 p.m.

Soccer Registration

Fast Start 3/4yr Soccer	Total: 17	Isle of Palms:	Non Residents:
5/6yr Micro Soccer	Total: 9	Isle of Palms:	Non Residents:
7/8yr Micro Soccer	Total: 5	Isle of Palms:	Non Residents:
9/12yr Youth Soccer	Total: 3	Isle of Palms:	Non Residents:

Friday Night Hoops

Friday Night Hoops is an opportunity for youth ages 7–12 years to participate in a basketball clinic where Joey Frazier and Recreation staff supervise, instruct and play basketball from 6:00 p.m. – 8:00 p.m. The final session of 2012 will be held on August 17th. There is a \$10 registration fee per athlete; all participants receive a shirt, towel, magnet or duffle bag during each session.

Friday Night Hoops Participation:

March 2 nd	Session Total: 9	Isle of Palms: 7	Non-Residents: 2
March 23 rd	Session Total: 0		
April 13 th	Session Total: 0		
May 18 th	Session Total: Cancelled		
June 22 nd	Session Total: 0		
July 6 th	Session total: Cancelled – sick instructor		

Spike Nights

Spike Nights is an opportunity for youth ages 5–16 years to participate in a volleyball clinic where, on Thursday nights, Laura Togami will instruct and play from 6:00 p.m. – 8:00 p.m. Registrants sign up for 4 sessions. The fee is \$40 for IOP residents and \$45 for non-residents. The next session will be held July 12 – August 2nd.

Spike Nights Participants:

May 10 th – May 31 st	6pm Session Total: 5	Isle of Palms: 4	Non Residents: 1
May 10 th – May 31 st	7pm Session Total: 9	Isle of Palms: 5	Non Residents: 4
June 7 th – June 28 th	6pm Session Total: 4	Isle of Palms: 0	Non Residents: 4
June 7 th – June 28 th	7pm Session Total: 8	Isle of Palms: 5	Non Residents: 3
July 12 th – August 2 nd	6pm Session Total: 0	Isle of Palms: 0	Non Residents: 0
July 12 th – August 2 nd	7pm Session Total: 9	Isle of Palms: 5	Non Residents: 4

Athletic Special Events

Isle of Palms Beach Run

The Isle of Palms Beach Run was held Saturday, July 28th. The Beach Run consisted of 5K/10K Runs beginning at 8:00 a.m. and Youth Fun Runs beginning at 9:30 a.m. The registration fee was \$25 for the 10K Run, \$20 for the 5K Run/Walk, and \$5 for the Youth Fun Runs. Packet pick-up was held on Friday, July 27th from 4:30-6:30 p.m. at the Windjammer. Three hundred ninety-two (392) registrants signed up for the races; sixty (60) registrants participated in the Fun Runs. The 10K and 5K Run/Walk winners received medals, and all Youth Fun Run participants received participation ribbons and Carvel Ice Cream coupons.

14th Annual Half Rubber Tournament

The 14th Annual Half Rubber Tournament is scheduled for Saturday, August 18th and Sunday, August 19th, if needed. The captains' meeting/check-in will begin at 7:30 a.m., and games will begin at 8:00 a.m. The registration fee is \$20 per person. Teams may consist of 3 or 4 players; information concerning the tournament can be found on the City's website. Sponsors have been finalized.

Athletic Camps

Challenger Soccer Camp (7-12 year olds)

The Isle of Palms' Challenger Soccer Camp was instructed by Challenger Sports, based in Atlanta, Georgia; Challenger Sports flew in two (2) European players to instruct the camp – one (1) from England and one (1) from Scotland. The camp was held June 11th-15th. The IOP resident's registration fee for a week of camp was \$125; non-residents paid \$130 for a week. Twenty-two (22) children took part in camp; all campers received a camp t-shirt, soccer ball, poster and evaluation.

Rising Stars Basketball Camp (5-13 year olds)

The Isle of Palms' Rising Stars Basketball Camp was coached by Rising Stars staff; Andrew Tulowitzky, assistant coach for Oglethorpe University, instructed the camp. Half-day camp ran from 9:00 a.m. - 12:00 p.m. with full-day camp running from 9:00 a.m. - 4:00 p.m. Camp was for children ages 5-13 years old. The registration fee for a half-day was \$125 and \$180 for a full-day; non-residents paid an additional \$5. Twenty six (26) children participated in the full-day session, and twelve (12) children participated in the half-day camp. Campers received a camp shirt and basketball.

Girls Volleyball Clinic (10-15 year olds)

The Isle of Palms' Volleyball Clinic was instructed by Wando High School Volleyball Coach Alexis Glover. The clinic was held July 9th - 13th from 9:00 a.m. - 12:00 p.m. The registration fee was \$125 and was open to girls, ages 10-15 years old. Registration began March 26th for IOP residents, and open registration began on April 9th. Thirty-seven (37) girls participated in camp. Campers received a camp shirt.

Boys Lacrosse Camp (7-18 year olds)

The Isle of Palms' Lacrosse Camp was instructed by Lowcountry Lacrosse. The boys' lacrosse camp was held July 16th - 20th from 9:00 a.m. - 12:00 p.m. The registration fee was \$125 for residents and \$130 for non-residents. The camp was open to boys, ages 7-18 years old. Eighty-two (82) children participated in camp, and campers received a reversible pinny.

Girls Lacrosse Camp (7-18 year olds)

The Isle of Palms' Girls Lacrosse Camp was instructed by Lowcountry Lacrosse. The registration fee was \$125 for residents and \$130 for non-residents. The camp was open to girls, ages 7-18 years old. Thirty-three (33) children participated in the girls' session. Campers received a reversible pinny.

Suarez Soccer Camp (5-13 year olds)

The Isle of Palms' Soccer Camp was instructed by Suarez Soccer School. The registration fee was \$125 for residents and \$130 for non-residents. The camp was held July 30th - August 3rd. Eleven (11) children were registered for a full-day of camp and nineteen (19) for a half-day. Campers received a camp t-shirt.

Get Your Spike On (10-16 year olds)

The Get Your Spike On Camp is instructed by Laura Togami. The clinic is scheduled for August 6th - 9th. The registration fee is \$75 and is open to children ages 10-16 years old. Registration began March 26th for IOP residents; open registration began on April 9th. Currently, nine (9) children are enrolled in camp; the camp is limited to 30 participants.

Additional Work Completed

- Completed registration and cancellations for summer camp programs.
- Assisted in preparations for Activity Guide (fall/winter programs).
- Attended weekly staff meetings.
- Worked with City's Wellness Program.
- Worked the July 4th fireworks show.
- Participated in City's Wellness Program.
- Attended Department Manager's safety meeting.
- Assisted grounds maintenance staff with field set-up for athletic camps.
- Assisted with "white line" fever (white lines on Palm Boulevard) when needed.
- Updated information boards at Connector and Breach Inlet.

PROGRAMS AND CLASSES

Karrie Ferrell

Babysitting Course

The next babysitting class is scheduled for Saturday, September 15th from 9:00 a.m. – 4:00 p.m. Instructed by the American Red Cross.

Ballet

The new session of Ballet will start Monday, September 10th. Classes will be held on Mondays from 12:30 p.m. – 1:00 p.m. in the High Tide/Low Tide Room. Kim Chesley-Breland, Instructor.

Boater Education

The next class is scheduled for Saturday, September 15th. Participants must register through SCDNR. Instructed by Department of Natural Resources.

Coffee Corner

Participating in Coffee Corner are gather and knit, Mah Jongg, camp parents and participants of senior exercise class.

Dog Obedience

Kinderpuppy: July 9th

Sixteen (16) people are participating in the current session of Kinderpuppy. Due to the number of participants, the class was divided into 6:30 p.m. and 7:30 p.m. classes. The next session of Kinderpuppy is scheduled to begin Monday, September 10th. Currently three (3) people have signed up for the September session.

Just the Basics: September 10th

The next session of Just the Basics is scheduled for Monday, September 10th; one (1) person is currently registered for class. Susan Maret, Instructor.

Gather Knit & Stitch

July: Eleven (11) women have been attending the Gather Knit & Stitch program, which is held on Mondays from 10:00 a.m. - 11:30 a.m. in the Lobby.

Guitar Lessons

July: One (1) person participated in the July session of guitar lessons. The next session is scheduled for Tuesday, August 7th. One (1) person is pre-registered for class. Lee Archer, Instructor.

Gymnastics/Tumbling

The gymnastics program is scheduled to start Tuesday, September 4th. Classes will be held on Tuesdays at 3:30 p.m. in the Palmetto Room. Tricha Tapio, Instructor.

Hunter Education

The next class is scheduled for Friday, October 26th. Participants must register through SCDNR. Instructed by Department of Natural Resources.

Jump Start

Open House is scheduled for Tuesday, August 21st at 9:00 a.m. Parents and children will get to meet teachers and class participants; the first day of class is scheduled for Wednesday, August 22nd. Jump Start coincides with the CCSD calendar. Robin Lee, Instructor.

Keenagers

Keenagers will have a planning meeting on Wednesday, August 22nd at 2:00pm. Members will discuss speakers, trips and lunch outings for the upcoming year. The first meeting is scheduled for Wednesday, September 5th.

Kid's Night Out

The next activity is scheduled for Friday, August 10th from 6:00 p.m. – 9:00p.m. Children will watch a movie and play games; snacks will be provided. Two (2) people are currently registered. The activity is supervised by Recreation staff.

Little Dragons Karate

Classes are scheduled to start Wednesday, September 5th from 12:00 p.m. – 12:30 p.m. Little Dragons is a karate class for children ages 3-5 years old; participants will learn martial art skills, team work and good manners. Debbie Garelli, Instructor.

Middle School Dance

The Middle School Dance is scheduled for Friday, September 28th from 7:00 p.m. – 9:30 p.m. The dance will have a beach party theme; luau props will be handed out at the door to the first 100 participants. The DJ will be provided by Other Brother Entertainment; jump castles will be provided by Charleston Jump Castles and concessions will be available. Admission to the dance is \$5 at the door.

Mah Jongg

Ten (10) people played Mah Jongg in July. Mah Jongg is scheduled on Mondays from 12:30 p.m. - 3:00 p.m. Participants supply materials for this activity.

Mexican Train

No one participated in July. Mexican Trains is a strategic game of dominoes. Activity is open to everyone and meets on the second Friday of the month.

Mommy & Me/ Daddy & Me

Mommy & Me/Daddy & Me will resume in the Fall. The activity will take place on the 2nd Wednesday of the month from 9:30 a.m. – 11:00 a.m.

School's Out Activities/Spring Break

Activities are scheduled on teachers' work days and school holidays. Dates and activities include: Friday, October 26th for pumpkin painting and wiffleball/kickball; Monday, November 19th for basketball and relays; November 20th for dodge-ball; Friday, December 21st for dodge-ball/snowball fight; December 27th for basketball and Friday, December 28th for relays & tag. Activities will be held from 1:00 p.m. - 3:00 p.m. and are supervised by Recreation staff.

Semi-Personal Training

July 3rd – July 31st: Four (4) people participated in the 9:30 a.m. session of Personal Training. Both the 10:30 a.m. and 5:30 p.m. classes had seven (7) people enrolled; classes were held on Tuesdays and Thursdays at 9:30 a.m., 10:30 a.m. and 5:30 p.m. Geri D'Italia, Instructor.

Senior Aerobics

July: Nineteen (19) seniors attended aerobics; five (5) seniors paid for the month, and all others paid by the class. Classes were open to all levels of exercise and were offered at the nominal fee of \$5 per class, or \$30 for a month. Classes were held on Tuesdays and Thursdays from 3:00 p.m. – 4:00 p.m. Judy Fischer, Instructor.

Senior Exercise

Fifty (50) seniors are participating in the Senior Exercise Class. Classes continue to have a waiting list. Classes are held on Mondays, Wednesdays & Fridays at 3:00 p.m. in the High Tide/Low Tide Rooms. Judy Fischer, Instructor.

Tae Kwon Do

Youth Participation: July: Ten (10) participants signed up for the classes that were held on Saturdays in the gym at 9:00 a.m. New participants can join the youth class in January, June and September.

Adult Participation: June: Thirty-seven (37) adults were participating in the classes that were offered in the gym of Saturdays from 11:00 a.m. to 12:00 noon, Wednesdays from 7:00 p.m. to 9:45 p.m., and Mondays in the Magnolia Room from 6:30 p.m. to 7:30pm. Adults can join classes anytime.

Tennis

Youth Tennis: July 2nd – July 25th: Six (6) youth participated in the youth tennis session, which met on Wednesdays at 5:00 p.m. The next session of tennis will start September 5th; classes will be held on Mondays and Wednesdays at 4:00 p.m. - 5:00 p.m. for ages 6-9 years old.

Youth Tennis: Intermediate: An intermediate tennis class will be held in the fall for ages 10 – 14 years. Participants can be placed in class based on skill level and instructor decision. Class is scheduled to start September 5th and will be held on Mondays and Wednesday at 5:00 p.m. – 6:00 p.m.

Adult Tennis: July 3rd – July 31st: Four (4) people participated in the adult tennis program that met on Tuesdays and Thursdays at 8:00-9:00 a.m. The next session of tennis is scheduled for September 4th; classes will be held on Tuesdays and Thursdays from 9:00 a.m. – 10:00 a.m. Corinne Enright, Instructor.

Tiny Tots

Open House is scheduled for Tuesday, August 21st at 9:00 a.m. Parents and children will get to meet teachers and class participants; the first day of class is scheduled for Wednesday, August 22nd. Tiny Tots coincides with the CCSD calendar. Cathy Adams, Instructor.

Total Body Challenge (TBC)

July: Seventeen (17) people participated in morning aerobics; classes were held Monday – Friday at 8:00 a.m. to 9:00 a.m. in the High Tide/ Low Tide Rooms. Pat Boyd and Angela Reinhardt, Instructors.

Yoga - Afternoon

July: Eight (8) people participated in the class that was held on Tuesdays and Thursdays in the High Tide/Low Tide Rooms from 12:30 p.m. – 2:00 p.m. Pat Boyd, Instructor.

Yoga -Evening

Evening yoga is scheduled for Mondays and Wednesdays at 5:30p.m. – 6:30 p.m. starting in September. Mary Moore and Jen Schoolfield, Instructors.

Yoga – Morning

July: Sixteen (16) people participated; three (3) people paid for the session, and all others paid by the class. Classes were held on Mondays and Wednesdays at 9:15 a.m. in the High Tide/Low Tide Room. Pat Boyd, Instructor.

Yoga – Saturday

July: Ten (10) people participated in the class which was held on Saturday mornings from 10:00 a.m. - 11:15 a.m. in the High Tide/Low Tide Rooms. Jen Schoolfield, Instructor.

Zumba

July: Sixty-three (63) people participated; fifteen (15) paid for the month, and all others paid by the class. Participants can attend four (4) classes for \$25 or eight (8) classes for \$50; participants also have the option of paying \$8 per class. Classes were held Mondays and Wednesdays at 6:45 p.m. in the High Tide/Low Tide Room. Dale Ellison, Instructor.

Writing from Memory

Writing from Memory is scheduled to start Tuesday, September 18 at 9:00 a.m. – 10:00 a.m. Sara Thomason, Instructor.

Holiday Happenings

Holiday Happenings is for children ages 3 – 5 years old. Children will bring a lunch and enjoy holiday-themed projects. Activities are held on Wednesdays from 12:00 p.m. – 2:00 p.m. and dates include Halloween on October 24th, Thanksgiving on November 14th and Christmas on December 12th. The activity fee is \$20 for residents and \$25 non-residents. Participants must pre-register for these activities. Cathy Adams, Instructor.

Photography Contest

Winning photos will be used in the Activity Guide and on the Website. This contest is for Isle of Palms residents. Four (4) entries can be submitted in the following categories: (1) IOP Lifestyle (cityscape, people, activities); (2) IOP Natural (landscapes, plants); (3) IOP Wild (animals, pets) and (4) IOP Rec (grounds, sports, activities and events). All photos will become property of the city. Entry Forms and Model Release Forms can be found on www.iop.net, and pictures need to be emailed to Karrie Ferrell before Friday, November 9th.

Youth Yoga Camp

Six (6) people are registered for yoga camp. Yoga camp will be held August 6th – August 10th from 9:00 a.m. – 12:00 p.m. and is for children ages 5 – 10 years old. Campers will be guided on a developmentally age-appropriate journey through yoga. Each day will begin with a different yoga adventure theme, followed by related art projects, creative writing experiences and healthy nutritious snacks; parents/guardians will be invited to the last class for a demonstration. Registration for camp began March 26th for Isle of Palms residents and April 9th for non-residents. Instructors will be provided by Yoga Mama Studio.

BOSU Training

July 4th – 27th: Wednesday/Friday 10:30 a.m. – 11:30 a.m.

Nine (9) people participated in the morning class; all participants paid by the class.

July 2nd – 30th: Monday/Wednesday 5:30 p.m. – 6:30 p.m.

Seven (7) people participated in the evening session of BOSU; all evening participants paid by the class.

Classes were \$64 for Isle of Palms residents, \$69 non-residents or a \$10 walk-in fee. Jeremy Miller, Instructor.

Personal Training

One-on-one or small group training is available. Participants need to call the Recreation department to set up an appointment with the instructor. One (1) person is currently participating in personal training. Jeremy Miller, Instructor.

New Classes for Fall

Engineers in Training

Learn how machines make work easier and working with levers, pulleys, motors and gears. Children will have building challenges experimenting with motorized Legos while learning science, technology, engineering and math. Classes are for children ages 5 -8 years old and will be held on Tuesdays at 3:30 p.m. in the Magnolia Room.

Little Builders

Lego building for children ages 3 – 5 years old. Classes will explore animals, transportation, space and inventions through story time, songs and games. Children will then bring characters to life by building a Lego model. Classes will be held on Tuesdays starting September 4th at 12:30 p.m. Instructors provided by *Brick by Brick*.

IOP TV Production Crew

A TV reporter is a unique combination of journalism, entertainment and storytelling. This class will teach how to be on a video production team. Participants will learn all aspects of film, camera work, lighting and sound. The final class project will be to video the Halloween Carnival for the Recreation Departments' newest endeavor - IOP TV. Video will be placed on www.iop.net, the city's you-tube channel and channel 60. Garia and Doug Wilmer, Instructors.

Kid's Yoga

Children are guided on an age-appropriate yoga journey. This curriculum-based program will use games and yoga poses to help nourish a happy mind. Classes are for children ages 5-10 years old and will begin Wednesday, September 5th at 3:30 p.m. in the Palmetto Room. Mary Moore, Instructor.

Story Time Yoga

Parents and children enjoy story time while moving through yoga poses based on the theme of the book. Parents must bring a yoga mat. Classes are held once a month starting September 18, followed by October 16 and November 20. Classes will be held in the Palmetto Room from 10:00 a.m. -10:30 a.m. Mary Moore, Instructor.

Tween/ Teen Yoga

As great foundation for building a healthy, fit lifestyle, this class will help build strength and flexibility and promote self-confidence and awareness. Classes begin Wednesday, September 5th at 4:45 p.m. in the Palmetto Room.

Tiny Tennis

A new class scheduled for the fall for children ages 3-5 years old. This tennis class will offer a beginner course with shorter courts, smaller racquets and softer tennis balls. Classes are scheduled for September 5th and will be held on Mondays and Wednesdays at 3:30 p.m. – 4:00 p.m. Corinne Enright, Instructor.

Paws & Pose Doga

Yoga for you and your dog – classes will begin with a 15-minute warm-up walk followed by 35-40 minutes of doga. All fitness levels are welcome, but a limit of one (1) dog per person. Bring mat and water for your dog. Classes are scheduled for the first Thursday of the month. Dates include September 6th, October 4th, November 1st and December 6th; classes will be held from 6:00 p.m. -7:00 p.m. Classes will meet in the Magnolia Room. Shannon Goertzen, Instructor.

Matter of Balance

Concerned about falling? Don't let that worry keep you down. Feel stronger and improve balance with this award-winning program. Classes will be held on Fridays starting October 12 from 12:30 p.m. – 2:00 p.m. in the High Tide/ Low Tide Room. Instructor provided by Lowcountry Senior Center.

Living Well

This is an innovative workshop for people with chronic illness. Health conditions can include diabetes, arthritis, asthma, back problems or ongoing health issues. Learn to live healthy with chronic conditions. Classes will be held on Thursdays starting September 20th at 10:00 a.m. Instructor provided by Lowcountry Senior Center.

Miscellaneous Work:

- Created employee schedules.
- Processed time-cards for employees and instructors.
- Met with staff and part-time employees.
- Conducted daily employee shift change meetings.
- Made weekly deposits for Recreation Department.
- Sent *The Island Eye News* Recreation pictures and information, when requested.
- Assisted with front desk duties and class check-ins.
- Performed Rec Trac system upgrades, maintenance work and updated information.
- Set up classrooms for programs and special events.
- Interviewed and hired new employee/instructors for fall programming.
- Trained of part-time staff with evening desk duties.
- Planned new activity guide September - December 2012.
- Assisted with bulletin boards and Information Center.
- Substituted Total Body Challenge class on July 2nd.
- Worked fireworks show July 4th.
- Attended Ways & Means on July 17th.
- Attended Special Council Meeting on July 17th.
- Assisted with Beach Run on July 28th.
- Participated in City's Wellness Program.

SPECIAL EVENTS

Will McElheny

Camp Summershine

Camp Summershine and Wee Camp are coming to an end. The campers had a lot going on in July with *Hawaiian Heaven*, *Dodge This*, *Sweet Treat*, *Survivor* and *Island Idol*. During *Hawaiian Heaven* week the campers got to cool off with a trip to Splash Zone and finished the week off with a tiki party and games. After a fun week of *Hawaiian Heaven*, the campers got to let out some stress with *Dodge This* week; during *Dodge This* week campers got to experience dodge-ball in different ways, from your traditional dodge-ball to water dodge-ball. The campers had a nice little break from dodge-ball when they visited Patriots Point. *Sweet Treat* week had to be one of the best weeks for the campers since the whole week they enjoyed their favorite treats; campers made candy houses and played on a slip-n-slide filled with pudding. After the campers got their fill of sweets, they teamed up against other campers in *Survivor Week*. *Island Idol* week is the last week of camp, and campers enjoyed a nice cool day at the Ice Palace, followed by the traditional *Island Idol* performance at the end of the week.

Camp Participation:

Wee Camp	Resident 87	Non-Resident 1	Total 88
Summershine Camp 5-7	Resident 188	Non-Resident 6	Total 194
Camp 8-12	Resident 173	Non-Resident 18	Total 191

Community Wellness Fair

The 2012 Community Wellness Fair is scheduled for Thursday, September 13th. The City has teamed up with *East Cooper Medical Center* to provide blood work for the City employees and local residents that will include a metabolic panel [glucose, electrolytes, bun/creatinine, proteins/enzymes and lipid profiles (cholesterol, HDL, LDL, triglycerides)]; the cost will be only \$25.00 for those interested. City employees will once again have complete blood work panels, flu shots and vital signs checked by local health professionals; employees interested in blood work will be given an appointment two weeks prior to the event. Exhibitors from last year are being contacted and will have the opportunity to participate again this year. All healthcare professionals, businesses and organizations taking part will be confirmed in August. The health care professionals will be available to both residents and employees; they consist of chiropractors, dermatologists, family practice, geriatrics, gastroenterologists, OB/GYN, optometrists, audiologists, nutritionists, podiatrists, dentists and weight management and research clinics. *East Cooper Medical Center* will provide a variety of free screenings. Information will be distributed to the employees and Island residents through the E-newsletter, City water billing, Recreation Activities Guide, *The Moultrie News* and the East Cooper section of *The Post and Courier*.

Employee Wellness

The employee fitness miles collection is still going strong with over twenty-three (23) participants in July. The "Biggest Loser" in July was Matt Maloney.

Ghostly Tide Tales

This fall, the Isle of Palms Rec Department is bringing back the "Ghostly Tide Tales" on Friday, October 19th from 7:00 p.m. to 8:00 p.m. Residents will get a chance to listen to different tales along the bonfire lit beach. This is an event for all ages.

Additional Work Completed

- Completed registration and cancellations for Camp Summershine.
- Assisted in preparations for Activity Guide (fall/winter programs).
- Attended weekly staff meetings.
- Worked with City Wellness Program and attended committee meetings.
- Developed Wellness Newsletter and mileage updates.
- Worked the July 4th fireworks show.
- Assisted with the 2012 Beach Run event.
- Participated in City's Wellness Program.
- Assisted with updating information boards at Connector and Breach Inlet.

COMMUNITY SPECIALIST
Christina Willson

Daily Responsibilities

- Completed opening procedures and reported damages to supervisor.
- Set-up classrooms for next program when supervisors unavailable.
- Updated Department's media center as needed.
- Registered class participants, answered phones and welcomed visitors.
- Updated daily front desk information folders.
- Monitored security cameras.
- Managed the sign-in sheets for gymnasium and Cardio Room.
- Answered questions regarding current and upcoming programs/events.
- Assisted the Director and other staff members on a regular basis.
- Prepared purchase orders for staff.
- Participated in daily/weekly staff meetings.
- Continued to post and update events and activities onto community calendars and media outlets event sites/contacts.
- Worked in Microsoft Publisher to complete following month's main and room calendars that display daily programs and activities being held.
- Showed first-time visitors around Recreation Center and introduced them to all of our accommodations and programs.
- Updated and maintained Recreation portion of City's website.
- Monitored coffee station for refills and cleaned up as needed.

Other Duties

- Matched invoices to purchase orders and then filed.
- Located and entered special events/newspaper articles into binder.
- Maintained lost-and-found folder and bins.
- Completed and sent out weekly PSA's.
- Provided Resort Quest/Wild Dunes/Dunes Properties with upcoming month's activities and programs for distribution to their clients/renters.
- Contacted vending machine operators to report problems or refill request.
- Completed housekeeping duties when supervisor was unavailable.
- Participated in Employee Wellness.
- Created blue banner advertising Beach Run event.
- Updated Gymnasium/Cardio Room bulletin boards with upcoming classes/event flyers.
- Advertised upcoming events on various event websites at no cost to city.
- Helped in editing of the Fall Activity Guide.
- Helped complete housekeeping duties when supervisor was unavailable.
- Completed job duties at the 4th of July fireworks celebration.
- Completed job duties at the Beach Run Event.
- Assisted in Youth Soccer registration for residents.

Most Frequently Asked Questions

“Do you have a pool?”

“Do you have a weight room or any free weights?”

“What is the fee to use your facility?”

“Is the facility open to the public?”

Most Frequent Unsolicited Comments

“Having the free coffee available is such a treat!”

“This is a beautiful building”

“You seem to offer a little bit of something for everyone here”

“We love the new Bark Park equipment you added”

July Front Desk Summary: Monday – Friday

Closed July 4th

Cardio Room Usage: 447

Phone Calls: 523

Walk-Ins: 1,036

Open Gym Participants.

Residents: 152

Non-Residents: 317

PARKS & FACILITIES

Shelia Redmon

Housekeeping

- Performed routine housekeeping duties.
- Completed monthly safety inspections.
- Cleaned and serviced maintenance equipment.
- Replaced and refilled air fresheners and other sanitary devices.
- Sanitized ice machines.
- Supervised monthly inside pest control service.

Facility Preparations

- Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

Interior Maintenance

- Serviced and cleaned Cardio Room equipment.
- Unclogged toilets and drains as needed.
- Replaced light bulbs and ballasts as needed.
- Tightened and adjusted restroom hardware nuts and bolts.
- Tightened lobby/gym door.
- Contacted GE appliance repair to have kitchen dishwasher repaired.
- Mopped and polished Gym floor with assistance of Rec staff.
- Reset float switch in drain pan in Low Tide HVAC.
- Reset thermostats and clocks after power outage.
- Adjusted pantry door.

Exterior Maintenance

- Inspected playground equipment.
- Removed trash and debris from around the building.
- Performed outside seasonal washing of exterior building and rocking chairs.

Miscellaneous

- Attended staff meetings.
- Placed phone calls to and met with supply sales representatives.
- Ordered and received maintenance supplies.
- Updated the maintenance records.
- Assisted with Palm Boulevard marking for designated parking.
- Assisted with the City's July 4th fireworks event.
- Assisted with IOP Beach Run event.
- Received new floor scrubbing machine.

PARKS & GROUNDS MAINTENANCE

Nick Bako

Recreation Building and Activities

- Attended weekly meetings.
- Completed monthly reports and inspections.
- Assisted in preparations for programs, classes and camps to include volleyball, lacrosse and the IOP Beach Run.
- Assisted with crowd control for the July 4th fireworks display.
- Prepared nets and goals for upcoming Half Rubber Tournament in August.
- Lined Palm Boulevard for parking control on seven (7) occasions in July.
- Cleaned and groomed property around the Windjammer for the IOP Beach Run.

Recreation Grounds

- Cleaned trash receptacle tops at front entrance.
- Trimmed shrubs at front and both sides of main building, also in back of the Gym.
- Trimmed all oaks at the backside of the gym.
- Replaced the post for the mailbox at the cul-de-sac.
- Trimmed all trees along 29th Ave as needed.

Playground

- Leveled play area when needed.
- Weeded inside play area as needed.
- Sprayed for fire ants at the play area as needed.
- Leveled play area as needed throughout the month.

Basketball and Tennis Courts

- Reinstalled two (2) windscreens with wire ties after stormy weather.
- Replaced fence ties as needed.
- Trimmed shrubs outside the fence at the tennis court.
- Edged the cement pads of the Basketball courts.

Baseball (Scalise) Field

- Groomed field as needed.
- Installed 4'x5' cement pad, plumbed for water, dug and piped for French drain for the new aggregate style fountain behind the dugout

Softball (Clarkin) Field

- Applied Ambush for fire ant control as needed for Lacrosse Camp.
- Groomed field, as needed, after rain storms.

Soccer Field

- Fertilized field with 18-0-8 with Allectus insecticide.
- Checked sprinkler heads and cleared for proper watering.
- Filled field, as needed, with topsoil and sand mixture.
- Repaired netting and set up goals for upcoming soccer camp.

Bark Park

- Filled holes, as needed, and replenish Doggie Scoops.
- Installed 3'x2' cement pad, plumbed for French drain and for water supply, then installed the new aggregate style doggie fountain.
- Installed two (2) types of agility course units in the park, one (1) barrel and one (1) ramp style.

Multi-purpose Field

- Picked up debris and maintained, as needed.
- Filled holes, as needed, on the field.
- Lined for volleyball and lacrosse on several fields, as needed.
- Sprayed for fire ants.

Equipment

- Washed truck and golf cart.
- Helped assemble four (4) new goal units for soccer.

Operations

School's Out Activities: There were no School's Out Activities in May and June.

Youth Dodge-ball Pick-Up Games

Games are scheduled once a month on Wednesdays from 4:00 - 5:00 p.m. This is geared for children 7-12 years old and is free to participate. Children can sign up in advance or just show up to play; games take place in the Recreation Center gymnasium. The next session will be held on August 8th. Two (2) Recreation staff members are on-site to supervise games.

Dodge-ball Pick Up Games Participation:

April 25th Session Total: 15

May 16th Session Total: 20

June 13th Session Total: 12

July 11th Session Total: 17

OVERTIME: 2 Hours Summershine, soccer, volleyball, lacrosse camps and IOP Beach Run
Recreation Building was open 343 hours (closed July 4th)