

ACTIVITY GUIDE

January - May 2026



ISLE OF PALMS



Recreation Dept.

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Join Our Team

Recreation
Assistant/Scorekeeper
Group Fitness Instructor

The Isle of Palms
Recreation Department is
hiring! For more information
call 843-886-8294 or visit
[www.iop.net/employment-
opportunities](http://www.iop.net/employment-opportunities).



Announcements & Updates

Visit www.iop.net for the latest information updates and for a digital copy of the Activity Guide.

For daily news, updates and happenings, follow the REC CENTER on Facebook and Instagram.

Rainout Information & Updates - Follow Isle of Palms Recreation Departments social media accounts for the latest information.

Sponsorship Opportunities - Support a youth athletic team or special event and advertise your business!

For more information about sponsorships call 843-886-8294 or contact:

- Aaron Sweet, Athletics, asweet@iop.net
- Kelsey Marsh, Special Events, kmarsh@iop.net

Volunteer Opportunities - Volunteers are needed in youth sports, library, special events, and other areas. For more information call 843-886-8294.



Instagram



Facebook

Facilities & Amenities

Bark Park

- 29th Avenue behind the Recreation Center
- Hours - Sunrise to Sunset

Scalise Baseball Field

- 27th Avenue
- Lights are provided for recreation activities only.
- Golfing, dogs, and motorized vehicles are not permitted.
- Fields may not be reserved.
- Hours - Sunrise to Sunset

Basketball Courts

- Hartnett Blvd & 28th Avenue
- Play is first come, first serve.
- Courts may not be reserved.
- Hours - Sunrise to 10PM

Library

- Open building hours.
- No memberships.
- Books are loaned on an honor system.

Cardio Room

- Equipment - treadmills, recumbent bikes, ellipticals
- Hours
 - Monday 8AM-6:30PM
 - Tuesday 8AM-5PM
 - Wednesday 8AM-6:30PM
 - Thursday 8AM-5PM
 - Friday 8AM-4PM
 - Saturday 8AM-2PM

Pickleball Courts

- 27th Avenue & Harnett Blvd.
- First come, first serve.
- Courts have lights
- When someone is waiting, limit play time to one (1) hour.
- Open Play times are advertised on the court. Paddle Rotation Rules.
 - 8-11AM Tuesday, Thursday, & Friday
 - 4-6PM Wednesdays
- Times may vary based on the program schedule.

Gymnasium

- Recreation activities have first priority over gym usage.
- Hours
 - Monday-Friday, time varies due to programming.
 - Saturdays
 - Adult Play 7-9AM
 - Open Gym 11AM-2PM

Fitness Court

- Outdoor bodyweight circuit training system designed for adults of all ages and fitness levels.
- Hours - Sunrise to Sunset

Playground

- 28th Avenue
- The playground is designed for children of all ages.

Picnic Shelter 20X40

- Located next to playground.
- First come, first serve.
- Shelter may not be reserved. Recreation programs have priority.

Clarkin Softball Field

- 27th Avenue Lights are provided for recreation activities only.
- Golfing, dogs, and motorized vehicles are not permitted.
- Field may not be reserved.

Tennis Courts

- Harnett Blvd. & 28th Ave.
- Courts have lights.
- Court 1 - Tennis ONLY
- Court 2 - Multi-purpose court with Tennis priority.
- Courts are first come, first serve.
- When someone is waiting, singles should limit play time to one (1) hour.
- Doubles, limit play to two (2) hours.
- Hours - Sunrise to 10PM

Registration & Policies

Walk-in Registration

- Register in person at the Isle of Palms Recreation Department, 24 28th Ave, Isle of Palms, SC 29451.
- Hours
 - Monday-Thursday 8AM-5PM
 - Friday 8AM-4PM
- Payments - cash, checks, and credit card.
- Credit Card use charges will be applied to each transaction.
- No part of the fee is retained by the City of Isle of Palms.

Online Registration

1. Click on "Login" Sign in with your username and password.
2. Search for the activity of your choice by clicking on the activity category.
3. Find your activity and click "Add to Cart".
4. Choose the family member to register and answer any registration questions.
5. Continue to the shopping cart and choose "Proceed to Checkout".
6. Complete the process by paying via credit card.

Already registered and forgot account password? Click FORGOT PASSWORD and follow directions. Issues - contact the REC Center, 843.886.8294.

All NEW USERS must walk-in and/or call to have a new account set up.

- NEW USERS are required to provide an original or certified copy of a passport or birth certificate and proof of residency when registering a youth for the first time.
- We recommend that you establish an account prior to registration opening per activity.

FAQs

Cancellations: The Isle of Palms Recreation Department reserves the right to cancel any program that does not receive the minimum number of participants.

Refunds: A full refund/credit will be given for a cancellation of a class or activity by the Isle of Palms Recreation Department.

Refunds requested by participants less than one week before the start date will be given minus a \$10 processing fee.

No refunds will be granted after the start of a program. Refund processing may take up to two weeks.

Engraved Brick Program

- Activity # 111700
- Front of the Building
 - Small
 - 4'X8' Brick, \$75, 3 lines up to 36 characters
 - Medium
 - 6'X6' Brick, \$100, 3 or 4 lines up to 45 characters
 - Large
 - 6'X8' Brick, \$125, 3 or 4 lines up to 52 characters
- Description - Shout-out to your family, friends, partners, associates, beach lifestyle, Isle of Palms, and MORE!

Photography/Videography: We reserve the right to use photos and videos taken during events, programs, and classes of participants and spectators for creative and promotional purposes.



Events

KIDS JAM AGES 5-12

Monday, January 5, 9AM-2PM

- Games and activities
- Supervised by Recreation Staff
- Kids must be 5 by September 1, 2025.
- Register by Friday, December 20.
- \$30 residents/ \$35 non-resident
- Minimum: 12 participants

PIECIN' IT TOGETHER GROUP PUZZLE COMPETITION

Friday, January 16, 10AM

- Teams of 4
 - Maximum of 20 teams
 - \$5 per team
 - Pre-registration required
- 500-piece puzzles
- First three teams to finish win
- No skills required
- No age limit

FREE SPEAKER SERIES

- **Saturday, January 10, 10:30AM** - Ladies Fishing & Coastal Skills
 - Barrier Island Eco Tours
- **Monday, January 12, 5PM** - Prostate Cancer FAQ: Diagnosis, Prognosis, Treatments, & Support
 - Dr. Denny Kubinski, Urologist & Longevity Specialist
- **LUNCH PROVIDED Wednesday, January 21, NOON** - Financial Health & Planning
 - Dimi Matouchev, CFP, CPWA, AAMS, Financial Advisor & Andrew S. Ross, Jr. (Drew), Financial Advisor
- **Monday, January 26, 5PM** - Charleston Barrier Islands
 - Barrier Island Eco Tours
- **Monday, February 2, 5PM** - Healthspan vs. Lifespan: Longevity & Aging
 - Dr. Denny Kubinski, Urologist & Longevity Specialist
- **Tuesday, February 10, 5:30PM** - Estate Planning & Living Trusts
 - Jimmy Foti, Foti Law Firm
- **Wednesday, February 25, 10:30AM** - SC Birds
 - Charles Donnelly, Holy City Birding
- **Tuesday, March 3, 10:30AM** - Facts about Arthritis
 - Dr. Carolyn Anderson
- **Thursday, March 12, 5PM** - Artificial Intelligence: The Good, The Bad, The Curiosity of It All
 - Sherry Dwelle
- **Monday, March 23, 9:45AM** - Asian Longhorned Beetle Infestation,
 - Jacob Beach, Asian Longhorned Beetle Program Manager, Department of Plant Industry, Clemson University
- **Wednesday, April 1, 11AM** - Herpetology
 - Barrier Island Eco Tours
- **LUNCH PROVIDED Thursday, April 9, NOON** - Estate Planning & Probate
 - Jenson Bonanno, Attorney, Schwartz Legacy Planning
- **Thursday, April 9, 5PM** - Cyber Security
 - Sherry Dwelle
- **Monday, April 13, 9:45AM** - Osteoporosis & Bone Health, Katy Connor, MS, MSPAS, PA-C
- **Wednesday, May 6, 11AM** - Sea Turtles
 - Barrier Island Eco Tours



Visit IOP.net for an updated list that includes the new speakers that are added throughout the season.

Events

FRONT BEACH FEST

Saturday, March 7, 12-4PM

- Live entertainment
- Local arts and craft vendors
- IOP restaurants
- Children's activities
- More!
- Ocean Blvd. Front Beach, Isle of Palms

COMMUNITY YARD SALE

Saturday, March 21, 8-11AM

- 50 vendors selling used or 'like new' items along Hartnett Blvd at the IOP REC Center
- 10'x10' vendor spaces
 - \$5 each
 - limit 2 per person

EASTER EGG HUNT

Saturday, April 4 10am-Noon

- IOP REC Center
- Egg Hunt Age Groups
 - AGES <3
 - AGES 4-6
 - AGES 7-8
 - AGES 9-12
- Easter Bunny, jump castles, candy, and more!
- Free Admission!

TAE KWON DO SPECIAL TECHNIQUES FOR ADVANCED BELTS SEMINAR AGES 12+

- Activity # 111120
- Friday, April 10, 6:30-9PM & Saturday, April 11, 9AM-4PM
- \$105 residents; \$110 non-resident Friday & Saturday
- \$75 residents; \$80 non-resident Saturday Only

CARS IN THE PARK

Saturday, April 25, 10AM-1PM

- Antiques, Hot Rods, Collectibles, Special Interests, Cars, Trucks, & Motorcycles.
 - Live Music
 - Food Trucks
 - Specialty Vendors

HURRICANE & RESILIENCE EXPO

Thursday, May 7, 4-7PM

- Hurricane Planning Tips
- Evacuation Route Details
- Details on How to Protect Your Home
- Food Trucks
- Specialty Vendors
- City Services Displays & Information
- Family-friendly Activities
- More!

FREE SEA STROLL & LEARN

7:30AM, 2ND Thursday of every month

- **May 14** - Birds!
 - Charles Donnelly, Holy City Birding
- **June 11** - Life Under the Water
 - Mike Frees, Barrier Island Eco Tours
- **July 9** - Sea Turtles
 - Mary Pringle, Island Turtle Team
- **August 13** - Sea Foam, Algae, Fleas & Other Curiosities
 - Barrier Island Eco Tours
- **September 10** - Stingrays
 - Barrier Island Eco Tours
- **October 8** - Surf Fishing from the Sand
 - Barrier Island Eco Tours
- **November 12** - Whales
 - Barrier Island Eco Tours



Events

ISLE OF PAWS

Thursday, May 21, 4-7PM

- IOP REC Center
- Live Music
- Pet-related Vendors
- Arts & Crafts Vendor
- Pet Microchips & Vaccinations
- Food trucks
- Dog Show: 5:30PM
 - Pre-register or Day-of registration
 - Day of registration closes at 4:30PM
 - Categories
 - Cutest Puppy UNDER 1
 - Best Looking OVER 1
 - Best Female Rescue
 - Best Male Rescue
- FREE for all participants

PICCOLO SPOLETO SAND SCULPTING COMPETITION

Saturday, May 30, 9AM

- Event Details
 - Front Beach, Isle of Palms
 - FREE to participate.
 - Individual & Team entries are permitted.
 - Teams are limited to 4 people.
 - T-shirts will be given to the first 200 registered participants.
 - Sizes subject to availability.
 - Register day of event starting at 8:30AM
- Categories
 - Adult AGES 21>
 - Family (1 adult & 1 child/young adult)
 - Young Adult AGES 15-20
 - Children's AGES 14 & under
- Prizes will be awarded to 1st, 2nd, & 3rd place winners in each age division along with
 - Best Architectural
 - Most Creative
 - Overall Best In Show

FARMER'S MARKET & FOOD TRUCK JAM

4-7PM, 3rd Thursday of every month

June-October

- June 18
- July 16
- August 20
- September 17
- October 15
- Details
 - Food Trucks
 - Specialty Foods & Vendors
 - Artisans
 - Music
 - Family-friendly Activities



Summer Camps

CAMP SUMMERSHINE & WEE CAMP INFO

- Registration:
 - March 18 IOP resident
 - March 25 - non-resident (if space available)
- Children must be between the ages of 3-12 years old by September 1, 2025.
- Registration - Household must be active & set-up prior to registration dates in order to register online.
- Grandparents - Grandchildren must live 50 miles away or more in order to register.
- Proof of residency may be required

CAMP SUMMERSHINE AGES 5-12

- Ages 5-7 Activity #120037
- Ages 8-12 Activity #120038
- Monday-Friday from 9AM-3PM
 - Supervision from 8:30AM-3:30PM
- \$100 resident/ \$125; non-resident
- **NON-REFUNDABLE**

WEEK 1: JUNE 8-12 SPORTS & SKILLS OLYMPICS

- Engage in friendly competition through sports, fitness, crafts, and more!

WEEK 2: JUNE 15-19 SPACE VOYAGERS

- Campers will enjoy a week of adventure and imagination.

WEEK 3: JUNE 22-26 DODGEBALL

- Engage in friendly competition, learn the values of sportsmanship, teamwork, and dodging!

WEEK 4: JUNE 29-JULY 3 PIRATES BY THE SEA

- Engage in a week of activities and learning about all creatures and the history of the Isle of Palms

WEEK 5: JULY 6-10 HOLIDAY WEEK

- Join us as we celebrate everyone's favorite holidays during the summer!

WEEK 6: JULY 13-17 SCIENTIFIC NOTIONS & POTIONS

- Explore the wonderful world of science through experiments and fun!

WEEK 7: JULY 20-24 OUTDOOR EXPLORERS

- Explore nature, learn outdoor skills, and tackle fun discovery challenges that build confidence and teamwork.

WEEK 8: JULY 27-JULY 31 END OF SUMMER BASH

- Spend the week enjoying all your favorite activities.

WEE CAMP

- Ages 3-4 Activity #120035
 - **Must be Potty-trained**, no exceptions.
- Monday-Friday from 9:00am-3:00pm
 - Supervision from 8:30am-3:30 pm
- \$100 resident/ \$125 non-resident

WEEK 1: JUNE 8-12 SURFS UP

- Life on the seashore; above, on and under the sand!

WEEK 2: JUNE 15-19 LIVING ON A LAKE

- Campers learn freshwater life.

WEEK 3: JUNE 22-26 JUNGLE SAFARI

- Campers go on a jungle safari.

WEEK 4: JUNE 29- JULY 3 FOREST FRIENDS

- Discover wildlife in the forest.

WEEK 5: JULY 6-10 SUMMER NIGHTS

- What happens on those warm summer nights?

WEEK 6: JULY 13-17 COMMUNITY HEROES

- People who help us in our community

WEEK 7: JULY 20- 24 UNDER THE SEA

- Life under the sea

Week 8: JULY 27- JULY 31 STEM WEEK

- Enjoy fun and learning and celebrate the end of summer

JUNIOR COUNSELOR PROGRAM AGES 13-15

- Activity #120031
- \$45 per week resident/non-resident
- Learn valuable teamwork and leadership skills
- Get a glimpse of what it's like to have a job
- work alongside experienced mentors who will guide and support them
- Make a positive impact by helping younger campers

YOUTH ART CAMP

- Activity #120034
- June 8-12
 - Blooming Artists AGES 4 1/2-6
 - 10:30AM-12PM
 - Description - Little touch of everything with a big splash of the glitter!
 - Stroke of Genius AGES 7-11
 - 2-3:30PM
 - Description - Incorporate new topics and supplies through multiple projects and a stimulating mix of age-appropriate art techniques.
- Group placement is based on instructor assessment not just age. Placement will be adjusted before the first day of camp.
- \$230 residents; \$235 non-residents
- Instructor - Allison Johnson

Youth Athletic Summer Camps

SPRING BREAK SOCCER CAMP AGES 4-12

- Activity # 321101
- 9AM-12PM
 - April 6-10
- \$150 resident; \$155 non-resident
- Minimum 6
- Registration Opens February 3
- Description - Camp is designed to develop fundamental soccer skills. Soccer Shots is an engaging children's soccer program that focuses on character development. They are a caring team that positively impacts children's lives on and off the field through best-in-class coaching, communication, and curriculum.
 - Campers must provide their own snacks and water bottle.
- Instructors - Soccer Shots Charleston Coaches

RISING STARS BASKETBALL CAMP AGES 10-14

- Activity # 322100
- 9AM-1PM
 - June 15-19
- \$150 resident; \$155 non-resident
- Registration Opens February 3
- Description - Half Day Camp is based around the Super Six Self Improvement Stations. Camp will be supervised by certified coaches and college players. Campers will receive a camp t-shirt and basketball.
 - Campers will need to provide lunch and/or snacks daily. **FRIDAY, JUNE 19, is the CAMP FINALE (Parents Attendance Encouraged). CAMP PICK UP AT NOON.**

RISING STARS BASKETBALL CAMP AGES 5-9

- Activity #322102
- 9AM-1PM
 - June 15-19
- \$150 resident; \$155 non-resident
- Registration Opens February 3
- Description - Half Day Camp is based around the Super Six Self Improvement Stations. Camp will be supervised by certified coaches and college players. Campers will receive a camp t-shirt and basketball.
 - Campers will need to provide lunch and/or snacks daily. **FRIDAY, JUNE 19, is the CAMP FINALE (Parents Attendance Encouraged). CAMP PICK UP AT NOON.**
- Instructors - Rising Stars Basketball Staff

SUMMER SOCCER CAMP AGES 4-12

- Activity # 321101
- 9AM-12PM
 - July 27-July 31
- \$150 resident; \$155 non-resident
- Minimum 6
- Registration Opens February 3
- Description - Camp is designed to develop the fundamental skills of soccer. Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum.
 - Campers must provide their own snacks and water bottle.
- Instructors - Soccer Shots Charleston Coaches

GIRLS VOLLEYBALL CAMP AGES 10-15

- Activity # 320100
- 9AM-11AM
 - June 22-26
- \$125 resident; \$130 non-resident
- Registration Opens February 3
- Description - Camp is designed to develop the fundamental skills of volleyball. Girls will receive a camp t-shirt. Space is limited to 25 participants.
 - Knee pads recommended
- Instructors - Laura and Kreg Togami

GET YOUR SPIKE ON VOLLEYBALL CAMP AGES 10-16

- Activity # 320103
- 9AM-11AM
 - August 3-6
- \$100 resident; \$105 non-resident
- Registration Opens February 3
- Description - Gear up for the indoor volleyball season with this four-day clinic that will surely improve your volleyball skills. Drills, scrimmages, intense workouts and a lot of fun playing the sport we love. Space is limited to 25 participants.
 - Knee pads recommended
- Instructors - Laura and Kreg Togami



Youth Athletics

GYMNASTICS CAMP AGES 4-8

- Activity # 120016
- Monday-Wednesday 10:30AM-12PM
 - August 3-5
- Minimum 8, Maximum 15
- \$100 resident; \$105 non-resident
- Instructor - Kaylie Jordan
- Description - Three-day camp for all skill levels.

GYMNASTICS

- Activity # 110016
- Tuesday
 - January 13-February 17
 - February 24-March 31
 - April 14-May 19
 - AGES 3-5 3:30-4:15PM
 - AGES 6 & up 4:15-5PM
- \$100 resident; \$105 non-resident
- Minimum 8; Maximum 15
- Instructor - Kaylie Penninger-Jordan
- Description - Basic to intermediate overall gymnastics skills and techniques - tumbling, bar, floor routine, and more.

PRETEEN YOGA AGES 9-12

- Activity # 110052
- Saturday, 10AM
- \$20 resident; \$25 non-resident
- Instructor - Margaret Geganto
- Description - General yoga principles adapted specifically to meet the needs of the age group.

SIBLINGS GYMNASIOTICS 3+

- Activity # 110055
- Tuesday 5-5:45PM
 - January 13-February 17
 - February 24-March 31
 - April 14-May 19
- \$100 resident; \$105 non-resident
- Minimum 8; Maximum 15
- Instructor - Kaylie Penninger-Jordan
- Description - Basic to intermediate overall gymnastics skills and techniques - tumbling, bar, floor routine, and more for kids in the same family.

TAE KWON DO YOUTH AND FAMILY

- Activity # 110020
- Monday 6:30-7:30PM
- Youth or Adult \$30 residents; \$35 non-residents
- Adults in the Youth & Family class who also attend the Adult Wednesday and/or Saturday class would pay the adult class rate - \$40 resident; \$45 non-residents
- Accepting new students in January and March.

YOUTH BASEBALL

- Player must be AGES 5-12 as of April 30, 2026 for AGES 5-12. **March 30 for Fast Start 3/4yr Baseball program.**
 - Age required by SCAP (SC Athletic Programs)
- Registration
 - IOP/SI Residents: January 6-February 13
 - Non-Residents: January 13-February 13
- Activity #
 - 313001 -01 AGES 3/4 Saturday Mornings
 - 313002 -02 AGES 5/6 Saturday Mornings
 - 313003 -03 AGES 7/8 Monday Evenings
 - 313004 -04 AGES 9-12 Monday & Thursday
- \$30 IOP Resident; \$55 Non-resident
- Mandatory Skill Evaluation
 - AGES 9-12
 - Tuesday, February 24, 6:30PM
- Coaches Meeting
 - Tuesday, February 24
 - AGES 3/4 5PM
 - AGES 5/6 5:30PM
 - AGES 7/8 6PM
 - AGES 9-12 immediately following the Skill Evaluation
- Practice begins the week of March 2, and the specific dates will be determined by the coaches. No practices for AGES 3/4 program.
 - Coaches will reach out to parents after coaches meeting to discuss season details and provide team assignments.
- Participants will receive a team jersey and hat.
- Special requests will not be honored.

YOUTH LACROSSE CLINIC SPRING 2026

Activity # 311011

- Saturdays
- May 2 - June 6
 - 8:30AM-9:30AM (AGES 5-7)
 - 9:30AM-10:30AM (AGES 8-10)
 - \$30 per player
 - Participants must supply their own equipment
 - Instructor - Jimmy Menacho

Youth Athletics

YOUTH TENNIS

- Activity # 116004
- Tuesday
- January 6-February 24
 - 4:30-5PM Tiny Tennis & RED BALL
 - AGES 4-5
 - \$85 resident; \$90 non-resident
 - 5-6PM RED BALL Tennis
 - AGES 5-7
 - Age 5 with previous tennis experience only
 - \$120 resident; \$125 non-resident
 - 6-7PM ORANGE BALL & GREEN BALL
 - AGES 7-11
 - \$120 resident; \$125 non-resident
 - Ages are a guideline - player will be moved into appropriate group based on ability
 - Registration required. No drop-ins.
 - Instructor - Corinne Enright

VOLLEYBALL LEAGUE PLAY

- Activity # 311011
- Thursdays
 - April 2 - April 23 ONLY
 - 2nd & 3rd Graders 4-5PM
 - 4th & 5th Graders 5-6PM
 - 6th-8th Middle School 6-7PM
- Teams will be established the first night of the program.
- The following weeks teams will play games and receive instruction from coaches in real game situations.
- If minimum is not met, the program will be cancelled or changed to skill-based clinic.
- Minimum 16; Maximum 32
- \$60 resident; \$65 non-resident
- Instructor - Laura & Kreg Togami



Youth Programs



AROUND LATIN AMERICA AGES 4-8

- Activity # 116024
- Friday 3-4PM
 - January 9-February 27
 - March 6-May 1
- \$150 residents; \$155 non-residents per session
- 4 minimum; 12 maximum
- Instructor - Susie Perez
- Description - Pack your bags for an unforgettable adventure! In this playful Spanish class, young explorers will virtually travel across Latin America. Discovering vibrant cultures, unique traditions, and Spanish along the way. Each week brings a new destination complete with colorful costumes, tasty international snacks, music, and storytelling. Children will collect passport stamps at every stop helping them build language skills and global curiosity through play and discovery. Ready to learn, laugh, and explore? ¡Vamos! Let's go!

THEATER GAMES WORKSHOP AGES 8-12

- Activity # 111060
- Thursday 4-5 PM
 - January 8-February 5
- \$75 resident; \$80 non-resident
- Minimum 6; Maximum 15
- Director - Jean Schubert, Tee Shirt Theater
- Description - Kids will play physical, mental, and imaginative exercises that incorporate movement, role-playing, observation, pantomime, characterization, and improvisation. They can play these games to build upon their acting skills or just for fun!

THEATER WORKSHOP AGES 8-14

- Activity # 111059
- OLIVER TWIST
- Thursday 4-5:30PM
 - March 12-May 21
 - No class April 9
 - Performance - May 21, 5:30 PM
- \$150 resident; \$155 non-resident
- Minimum 5; Maximum 15
- Director - Jean Schubert, Tee Shirt Theater
- Audition, rehearse and perform in a delightfully funny rendition of Dickens' classic novel about a poor orphan boy who escapes to London, only to encounter more melodramatic adventures with a gang of thieves! Build on the fundamentals of acting with theater games and perform for family and friends at the end of the session.

Youth Programs

YOUTH ART

- Activity # 110034
- Wednesday
 - SESSION 1
 - January 14-February 18
 - SESSION 2
 - March 4-April 15
 - SESSION 3
 - May 6-May 27
 - Blooming Artists AGES 5-6 1/2 3-4PM
 - Stroke of Genius AGES 7-11 4:20-5:20PM
- Thursday
 - SESSION 1
 - January 15-February 19
 - SESSION 2
 - March 5-April 16
 - SESSION 3
 - May 7-May 28
 - Little Art AGES 3 1/2-5 3-4PM
 - Stroke of Genius AGES 7-11 4:20-5:20PM
- Group placement is based on instructor assessment not just age. Placement will be adjusted before the first class.
- \$150 residents; \$155 non-residents per series.
- Instructor - Marie Johnson

PRIVATE TABLE TENNIS LESSONS AGES 18+

- Activity # 112056
- Tuesdays & Thursdays 9:30am-10am starting March 3 - May 12
 - Develop basic skills, rules of game, understanding strategies and shot selection.
- Registration - January 6-February 13
- Instructor - Ted Kinghorn

PICKLEBALL GROUP LESSONS

- Activity # 112280
- Monday & Wednesday 9-10:30AM
 - Intermediate January 26-February 4 (registration opens in December)
- \$80 per series
 - Prior approval required for drop-ins.
- Maximum 12; Minimum 4
- Pickleball Courts
- Instructor - Nancy Markovich

PICKLEBALL PRIVATE LESSONS

- \$60 per hour per individual
 - \$30 per person for 2 individuals per hour
- \$80 per 1.5 hours
 - Split between 3-4 people.
- By Appointment Only
- Instructor - Nancy Markovich

TAE KWON DO ADULTS

- Activity # 111019
- Wednesday 6:30-8PM & Saturday 9-10:30AM
 - Adult \$40 residents; \$45 non-residents
 - Adult Saturday ONLY \$30 residents; \$35 non-residents
 - Based on a skill assessment some youth may be invited to also attend the Wednesday and/or Saturday adult class in addition to the Monday Youth & Family Class would pay the adult class rate - \$40 residents; \$45 non-residents.
- \$5 discount for additional family members
- Instructor - Headmaster Jack Emmel, 8th DAN

Adult Athletics

ADULT 6V6 SOCCER SPRING 2026

- Activity # 316001
- Registration (by team ONLY)
- January 6-February 13
- \$300 per team
- Max. 9 Teams
- Rosters - 12 players per team
- Ages 18 & up
- Games - Tuesdays, starting March 3
- Schedules will be emailed to Captain's one week from season start date
- Location - 28th Avenue Soccer Field

TABLE TENNIS LEAGUE PLAY SPRING 2026

- Activity # 112054
- Tuesdays 10AM-NOON
 - Games start March 3
- Registration January 6-February 13
- \$10 per player
- Ages 18+
- Location - Gymnasium



Adult Athletics

ADULT 3 ON 3 BASKETBALL SPRING 2026

- Activity # 315001
- Registration (by team ONLY)
- January 6-February 13
- \$80 per team
- Max 12 teams
- Rosters - 6 players per team
- Ages 18 & up
- Game Days - Tuesdays, starting March 3
- Schedules will be emailed to Captain's one week from season start date
- Location - IOP Recreation Gymnasium

TENNIS LESSONS

- Intermediate to Advanced Clinic
 - 9-10:30AM
 - Tuesday USTA Rating 2.5 & above
 - Thursday USTA Rating 3.0 & above
 - \$20 per 1.5 hours; \$15/per 1 hour
- Intermediate Clinic USTA Rating 2.0-2.5
 - Monday & Wednesday 8:30-10AM
 - \$20 1.5 hour; \$15 1hour
- Beginner Clinic
 - Thursday, 10-11:30AM
 - September 4-October 9
 - \$120 6-weeks
- Registration required.
- No drop-ins.
- Times may vary due to weather.
 - Call to confirm.
- Instructor - Corinne Enright

TENNIS - PRIVATE LESSONS

- By appointment only.
- \$80 per hour
- Instructor - Corinne Enright

ADULT DROP IN VOLLEYBALL

- 18yrs and older
- \$5 per person per night
- All skill levels
- Tuesdays 8:00pm-9:30pm
- January 6-February 24

Group Fitness

ACTIVE SENIORS YOGA

- Activity # 112067
- Monday 2PM
- \$20 resident; \$25 non-resident
- \$7 drop-in per class
- Instructor - Darragh Simon
- Description - Traditional yoga at a slower pace focusing on balance, strength, and flexibility.

BEACH YOGA - FREE

- Activity # 161035
- Tuesday 7:30AM
- May-October
- 25th Avenue Beach Access
- Description - Easy flow adapted to all fitness levels.

BONE STRENGTHENING THROUGH MOVEMENT

- Activity # 116027
- Friday 10:30AM
 - 30-minute class
- \$10 resident; \$15 non-resident
- Instructor - Sue Breckheimer
- Description - Movement targeted to stimulate bones to build more tissue.

CORE & MORE

- Activity # 111062
- Tuesday 8:30AM
- \$20 resident; \$25 non-resident
- \$10 drop-in per class
- Instructor - Paige Hauff
- Description - Build core strength through dynamic movement.

DEEP STRETCH YOGA

- Activity # 111072
- Tuesday, 10:30AM
- \$30 resident; \$35 non-resident per month.
- \$10 drop-in per class
- Instructor - Kris Barnhardt
- Description - Gentle Yoga poses that open connective tissues and joints.

DRUMS ALIVE

- Activity # 111044
- Wednesday 12PM
- \$15 resident; \$20 non-resident
- \$5 drop-in per class
- Instructor - Darragh Simon
- Description - Fun, energetic, cardio dance workout with drumsticks and physio ball drums.

FOAM ROLLER CLASS

- Activity # 111070
- Tuesday, 8AM & Wednesday, 11:30AM
- 30 minutes
- \$10 per month for one per day
 - \$5 drop-in
- Instructor - Corinne Enright
- Description - Full body muscle release using foam rollers and pressure point balls.

Group Fitness

LINE DANCING

- Thursday
 - 9:45AM Intermediate/Advance
 - 10:45AM Beginner
- \$5 drop-in per class
- Instructor - Trisha Leonard
- Description - Kick, spin, shuffle, stomp, grapevine, and shimmy towards total mind and body wellness.

MORNING YOGA

- Activity # 111031
- Monday, Wednesday, & Friday 9:15AM
- \$64 per month/8 classes
- \$85 per month/12 classes
 - \$10 drop-in per class
- Outside under the shelter
- Instructor - Pat Boyd
- Description - Athletic power stretch that enhances total body strength, balance, and flexibility.

MOVE IT CARDIO & STRENGTH

- Activity # 111063
- Monday 8:30AM
- \$20 resident; \$25 non-resident per month
 - \$10 drop-in
- Instructor - Paige Hauff
- Description - Low impact cardio and strength.

OVER 60 GROUP TRAINING

- Activity # 112064
- Tuesday & Thursday 2PM
- \$40 per month
 - \$7 drop-in
- Instructor - Michelle Page
- Description - Low impact, total body workout with adaptive moves for most fitness levels.

PILATES FUSION

- Activity # 111045
- Thursday 8:30AM
- \$20 resident; \$25 non-resident per month
 - \$7 drop-in
- Instructor - Paige Hauff
- Description - Traditional Pilates fused with various equipment and methods.

REACTION TIME TRAINING & FALL PREVENTION

- Activity # 116026
- Wednesday 9AM
 - 30-minute class
- \$10 resident; \$15 non-resident
- Instructor - Sue Breckheimer
- Description - Reactive balance training to help improve your ability to quickly respond to a loss of balance.

RXFIT

- Activity # 110091
 - Circuit Tuesday & Thursday 8:30AM
 - \$40 resident; \$45 non-resident per month
 - \$15 drop-in per day
 - Open Gym/Circuit Saturdays 8:30AM
 - Saturdays published monthly per Coach Doug
 - \$20 per month
 - Personal Training
 - By appointment only.
 - \$80 resident; \$85 non-resident per 1 hour
 - AGES 65+ & <18 \$65 per 1 hour
- Instructor - Coach Douglas Gordon
- Description - Personalized circuit training. with a focus on functional fitness.

SENIOR FUNCTIONAL & MOBILITY TRAINING

- Activity # 111067
- Tuesday & Thursday 1-1:45PM
- \$40 per month
- \$7 drop-in
- Instructor - Michelle Page
- Description - Gentle, low impact movement with light weight training. Chairs provided for optional seated exercise and stability.

STRENGTH

- Activity # 110093
- Friday 8:30AM
- \$20 resident; \$25 non-resident per month
 - \$10 drop-in
- Instructor - Paige Hauff
- Description - Equipment and body weight workout to strengthen and tone.

STRENGTH & STABILITY

- Activity # 111017
- Monday & Wednesday 10:30AM
- \$40 resident; \$45 non-resident
 - \$7 drop-in
- Instructor - Corinne Enright
- Description - Low impact training that incorporates a variety of equipment and focuses on cardio, strength, balance, and flexibility.

STABILITY & STRENGTH

- Activity # 111071
- Friday 9:30AM
- \$20 resident; \$25 non-resident
 - \$7 drop-in
- Instructor - Sue Breckheimer
- Description - Low impact training that focuses on cardio, strength, balance, and flexibility.

SUSPENSION TRAINING

- Activity # 111041
- Monday, Wednesday, & Friday 8AM
- \$40 resident; \$45 non-resident/8 classes
- \$55 resident; \$60 non-resident/12 classes
 - \$10 drop-in
- Outside under the shelter
- Instructor - Pat Boyd
- Description - Low impact cardio that utilizes suspension bands to increase range of motion, strengthen the total body.

TABATA & BATTLE ROPE FITNESS

- Activity # 116018
- Wednesday 8AM
- \$20 resident; \$25 non-resident
- \$7 drop-in
- Instructor - Sue Breckheimer
- Description - Battle your way to a healthier, leaner you - CARDIO CLASS. Higher intensity level but can be modified for all fitness levels.

YIN YOGA

- Activity # 111033
- Wednesday 6PM
- \$40 resident; \$45 non-resident per month
 - \$12 drop-in
- Instructor - Kathy Berry
- Description - Gentle Yoga poses that open connective tissues and joints.

YOGA FOR HEALTHY AGING

- Activity # 111073
- Wednesday, 2PM
- \$30 resident; \$35 non-resident per month
 - \$10 drop-in
- Instructor - Kris Barnhardt
- Description - Traditional yoga at a slower pace focusing on balance, strength, and flexibility.

ZUMBA

- Activity # 111043
- Wednesday 9:30AM
- \$20 resident; \$25 non-resident per month
 - \$7 drop-in
- Instructor - Megan McDonald
- Description - High energy dance for all fitness levels.

Adult Programs

ACRYLIC PAINTING INSTRUCTION - BEGINNER

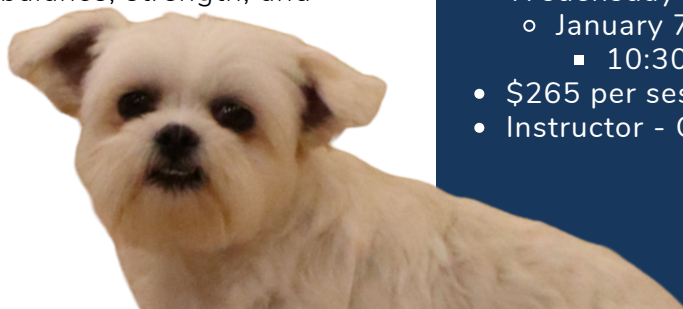
- Activity # 110011
- Wednesday 11AM-1PM
 - January 7-February 11
- \$285 per session
- All supplies included.
- All participants will work on a 16"x20" canvas.
- Instructor - Beth Melton-Seabrook
- Description - Foundation and basics of acrylic art.

ACRYLIC PAINTING INSTRUCTION - LEVEL 2

- Activity # 110011
- Wednesday 11AM-1PM
 - February 18-March 18
 - Registration opens in December
- \$285 per session
- All supplies included.
- All participants will work on a 16"x20" canvas.
- Instructor - Beth Melton-Seabrook
- Description - Tips, tricks, personal style development, and MORE!

DOG OBEDIENCE

- Activity # 111011
- Monday
 - January 5-February 23
 - 6:30PM Kinderpuppy (all breeds)
 - 7:30PM Tricks & Parkour
 - No class January 19 & February 16
 - March 16-April 20
 - 5:30PM Kinderpuppy (large breeds)
 - 6:30PM Kinderpuppy (small/medium breeds)
 - May 11-June 22
 - 5:30PM Kinderpuppy (all breeds)
 - 6:30PM Puppy Junior High
 - 7:30PM Just the Basics
 - No class May 25
- Wednesday
 - January 7-February 11
 - 10:30AM Kinderpuppy (all breeds)
- \$265 per session
- Instructor - Christine Vinciguerra



Adult Programs

FLOWER POWER

- Activity # 116022
- Monday 10AM
 - January 12 - Cacti and Succulents
 - February 9 - Plant Propagation
 - March 9 - Green Plant Pots
 - April 6 - Spring Flower Arrangements
- \$20 resident per date; \$25 non-resident per date
- Instructor - Elizabeth Newman
- Description - Learn how to use nature to decorate your home. No skills necessary.

MAH JONG LESSONS

- Activity # 116023
- Tuesday
 - Beginner NOON-1:30PM
 - Intermediate 1:30-3PM
- Maximum 8; Minimum 4 per level
- \$100 resident; \$105 non-resident per month/4 session per level
- Instructor - Barbara Lassiter
- Description - From beginner to advanced play, all are welcome to join in and learn how to play.

WATERCOLOR

- Activity # 112010
- Wednesday, February 4-March 11 & March 18-April 22
 - Beginner 10AM-1PM
 - Intermediate 1:30-4:30PM
- \$325 per series
 - \$60 drop-in
- Maximum 15; Minimum 3
- Instructor - Giselle Harrington

WRITE IT DOWN! CREATIVE WRITING - ADULTS

- Activity # 112059
- Tuesday 10-11:30AM
 - January 6-February 24
- \$40 resident; \$45 non-resident
- Instructor - Holly Voires
- Description - Read, talk, and learn to write clearly and to a specific audience.

Social Clubs - FREE

GATHER & KNIT

- Monday 10AM
- Socialize, knit, and crochet with friends.
- Share patterns or even learn a new hobby.
- Front Lobby

KEENAGERS LUNCHEON

- January-May
 - 1st Wednesday of every month (except June-August)
 - 11:30AM Social Hour
 - Noon Lunch & Entertainment
- Description - Bring a dish to share and enjoy good food, great company, and a variety of entertainment.

MAHJONG

- Monday NOON
- Wednesday 2PM
- Thursday 10AM
- Front Lobby or Minnow Room (when available)



Calendar of Events



JANUARY

- 1 New Year's Day - CLOSED
- 5 Kids Jam 9AM-2PM
- 7 Keenagers NOON
- 10 Speaker Series 10:30AM - Ladies Fishing & Coastal Skills, Barrier Island Eco Tours
- 12 Speaker Series 5PM- Prostate Cancer FAQ: Diagnosis, Prognosis, Treatments, & Support, Dr. Denny Kubinski, Urologist & Longevity Specialist
- 16 Piecin' It Together Group Puzzle Competition 10AM
- 19 Martin Luther King Day - CLOSED
- 21 Speaker Series NOON - FREE LUNCH Financial Health & Planning, Dimi Matouchev, CFP, CPWA, AAMS, Financial Advisor, & Adrew Ross, Jr., Financial Advisor, Edward Jones
- 26 Speaker Series 5PM - Charleston Barrier Islands, Barrier Island Eco Tours

FEBRUARY

- 2 Speaker Series 5PM - Healthspan vs. Lifespan: Longevity & Aging, Dr Denny Kubinski, Urologist & Longevity Specialist
- 4 Keenagers NOON
- 10 Speaker Series 5:30PM- Estate Planning & Living Trusts, Jimmy Foti, Foti Law Firm
- 16 Presidents Day - CLOSED
- 25 Speaker Series 10:30AM - SC Birds, Charles Donnelly, Holy City Birding

MARCH

- 3 Speaker Series 10:30AM - Facts About Arthritis, Dr. Carolyn Anderson
- 4 Keenagers NOON
- 7 Front Beach Fest NOON-4PM
- 12 Speaker Series 5PM - Artificial Intelligence: The Good, The Bad, the Curiosity of it All, Sherry Dwelle
- 21 Community Yard Sale 8-11AM
- 23 Speaker Series 9:45AM - Asian Longhorned Beetle Infestation, Jacob Beach, department of Plant Industry, Clemson University

APRIL

- 1 Speaker Series 11AM - Herpetology, Barrier Island Eco Tours
- 1 Keenagers NOON
- 4 Easter Egg Hunt 10AM-12PM
- 9 Speaker Series 5PM - Cyber Security, Sherry Dwelle
- 10-11 Tae Kwon Do Special Techniques for Advanced Belts Seminar
- 13 Speaker Series 9:45AM - Osteoporosis & Bone Health, Katy Connor, MS< MSPAS< PA-C
- 25 Cars in the Park 10AM-1PM

MAY

- 5 FREE Beach Yoga Begins MAY-OCTOBER 7:30AM
- 6 Speaker Series 11AM - Sea Turtles, Barrier Island Eco Tours
- 6 Keenagers NOON
- 7 Hurricane & Resilience Expo 4-7PM
- 14 Stroll & Learn 7:30AM- SC Birds, Charles Donnelly
- 21 Isle of Paws 4-7PM
- 25 Memorial Day - CLOSED

JUNE

- 8-12 Youth Art Camp
- 11 Stroll & Learn 7:30AM- Life Under the Water, Mike Frees, Barrier Island Eco Tours
- 18 Farmers Market & Food Truck Jam 4-7PM

JULY

- 4 Independence Day - CLOSED
- 9 Stroll & Learn 7:30AM - Sea Turtles, Mary Pringle, Island Turtle Team
- 16 Farmers Market & Food Truck Jam 4-7PM
- TBD IOP Beach Run

AUGUST

- 3-5 Gymnastics Camp 10:30AM-NOON
- 8 Half Rubber Tournament 8AM
- 13 Stroll & Learn 7:30AM - Sea Foam, Algae, Fleas & Other Curiosities, Barrier Island Eco Tours
- 20 Farmers Market & Food Truck Jam 4-7PM

SEPTEMBER

- TBD Art at the REC
- 3 Keenagers NOON
- 7 Labor Day - CLOSED
- 10 Sea Stroll & Learn 7:30AM - Stingrays, Barrier Island Eco Tours
- 15 Speaker Series 11AM - The Power of Positive Painting, Robert Maniscalco, Artist, Producer, & Writer
- 17 Farmer's Market & Food Truck Jam 4-7PM
- 23 Just for Fun Mahjong Tournament 10AM-2PM

OCTOBER

- 3 IOP Connector Run 8AM
- 7 Keenagers
- TBD Youth Basketball Registration Opens IOP/SI Residents
- TBD National Night Out 4:30-7PM
- 8 Stroll & Learn 7:30AM - Surf Fishing from the Sand, Barrier Island Eco Tours
- Ghostly Tide Tales 6PM
- Youth Basketball Registration Opens Non-residents
- 15 Farmer's Market & Food Truck Jam 4-7PM
- 31 Halloween Golf Cart Parade & Carnival 4-6PM

NOVEMBER

- 3 Election Day
- 4 Keenagers
- 7 Lowvelow Bike Ride
- 11 Veterans Day - CLOSED
- 12 Stroll & Learn 7:30AM - Whales, Barrier Island Eco Tours
- Coffee & Canines
- 25 Center Closes 5PM
- 26-28 Thanksgiving - CLOSED

DECEMBER

- 2 Keenagers
- 5 Holiday Street Festival
- Santa's Cookie Workshop
- 25-28 Christmas - CLOSED

LIGHTS OUT FOR TURTLES

Artificial lights affect the nesting and hatching sea turtles. Turtles nest at night in order to evade predators. Nesting females avoid brightly lit beaches. Tiny hatchlings emerge at night and are drawn to the reflected moonlight on the surface of the ocean and the white of the surf.

Instead of the safety of the nighttime sea, streetlights, headlights, interior lights, porch lights, landscape lighting and flashlights can disorient them and they can become lost and tangled in vegetation. If they fail to make it to the ocean, they may die in the morning sun from dehydration or be found by predators.



